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terryonitsway@aol. com



Photo by Fawn Newport



Is this the First Act . . .? Page 3



Inner Court Family Center Page 4



July Fourth **Activities Schedule Parade Information** 

## North lake School District 14 Bond Ballot Measure 19-34 Passes



David Kerr

ty, Throughout the recent bond campaign, we focused on telling the com-

munity "Why" this bond was needed. Many came to our meetings undecided or initially not supportive, but after listening to the facts most people left stating that "this makes sense." Ever changing state requirements and mandates made this bond necessary. Not only to we get an \$8 million upgrade now – but \$4 million of that total comes to us from a grant! Our communities ability to listen, evaluate and decide that this was a good business and educational decision was impressive.

Thank you to our bond visioning committee for three years of effort - Mike House,

Thank you Scott Duffner, Cassie Pierson, Darto all of the rel Krabill, Sonny Forman, Shelly North Lake Strong, Connie Ramage, Josiah Communi- Fritz, Chad Waldron, Gail Buermann and David Kerr. The work paid off!

> We will provide monthly up -dates on our school Facebook page on the steps and progress as we move forward. There will be months of financial planning and contracting before groundbreaking takes place!

> I am proud to be a part of a community that values their school and wants what's best for their children. Everyone associated with North Lake School thanks you for your support!

> > David Kerr

While voter turn-out was not particularly impressive in the May 21, 2019 election, it appears that many of the voters in North Lake School district 14 were attentive to the the needs of District.

There were 561 votes cast with 368 in favor of the measure and 193 opposing it - roughly a 60.30 split.



May and The Bees

Bee-cuzz You Asked





2019 Awards Banquet

Page 8



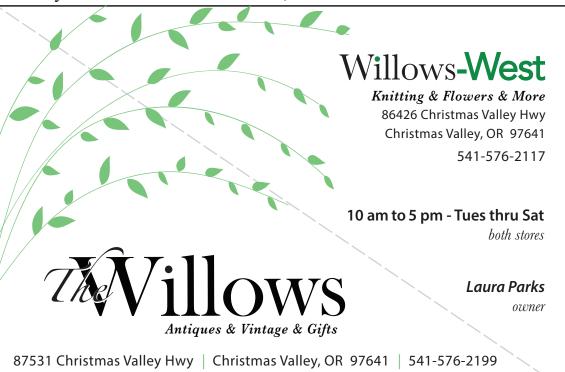
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**Dowsing** Rods By The Prospector Page 13

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## How the Complete Meaning of July Fourth Is Slipping Away

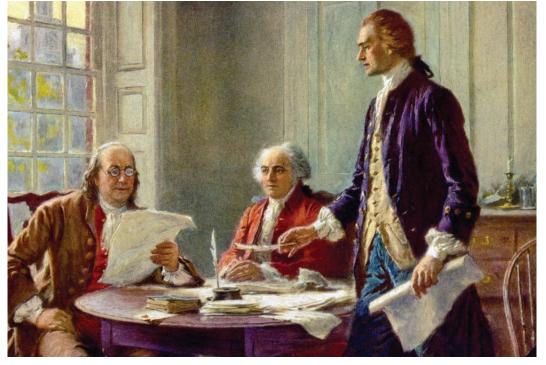
At least one of the Founders thought that Independence Day would

become important. When the Continental Congress voted for independence on July 2, 1776, John Adams, who more than any other single Founder was responsible for that vote, was ecstatic. America's declaring of independence from Great Britain, he told his wife Abigail, marked "the most memorable epochal in the History of America." He hoped that the day would be "celebrated by succeeding Generations, as the great anniversary Festival. It ought to be commemorated," he said, "as the Day of Deliverance by solemn Acts of Devotion to God Almighty. It ought to be solemnized with Pomp and Parade, with Shews, Games, Sports, Guns, Bells, Bonfires and Illuminations from one end of this Continent to the other

Although Adams was wrong about the day (two days later on July 4 the Congress formally adopted the Declaration of Independence), he was right about the celebrations, at least through much of our history. For us today July Fourth is still an important holiday, and we can be thankful that no one is suggesting that we move it the closest Monday. Yet the day no longer seems to have the solemnity and significance that Adams hoped it would have. To be sure, we have lots of parades, games, and fireworks, but much of the meaning of these festivities seems to have slipped away from us.

from this Time forward forever more."

This is too bad, for July Fourth, 1776, is not only the most important day in American history, but because the United States has emerged as the most powerful nation the world has ever known, it is surely one of the most important days in world history as well. The Declaration legally created the United States of America. It announced to a "candid world" that Americans were assuming "among the Powers of By GORDON S. WOOD July 3, 2011



the earth, the separate and equal station to which the Laws of Nature and Nature's God entitle them." But it did much more than that. It stated all governments everywhere were supposed to derive "their just powers from the consent of the people," and that when any one of these governments became destructive of the people's rights and liberties, the people could alter or abolish that government and institute a new one.

These words have served as inspiration for peoples everywhere. Colonial rebellions against imperial regimes throughout the world have looked to the Declaration to justify their cause. In declaring Vietnam independent from France in 1945, Ho Chi Minh cited the American Declaration of Independence. Members of Solidarity in Poland and dissidents in Czechoslovakia invoked its words to oppose Soviet domination in the 1980s. And the Chinese students who occupied Tiananmen Square in 1989 used its language. And maybe there are some participants in the Arab Spring who are aware of our Declaration of Independence. It certainly has become one of the most influential documents in world history.

But for Americans the Declaration has a special significance. It infused into our culture most of what we have come to believe and value. Our noblest ideals and highest aspirations—our beliefs in liberty, equality, and individual rights, including the right of every person to pursue happiness—came out of the Declaration of Independence. Consequently, it is not surprising that every reform movement in American history—from the abolitionists of the 1830s, to the feminists at Seneca Falls in 1848, to the civil rights advocates of the 1960s—invoked the words and ideals of the Declaration. It was Abraham Lincoln who made the most of the Declaration, particularly its assertions of human equality and inalienable rights. Thomas Jefferson, the principal drafter of the Declaration, said Lincoln, "had the coolness, forecast, and capacity to introduce into a merely revolutionary document, an abstract truth, applicable to all men and all times, and so to embalm it there, that today, and in all coming days, it shall be a rebuke and stumbling block to the very harbingers

of re-appearing tyranny and oppression." A century later, on the steps of

the Lincoln Memorial, Martin Luther King, Jr. took inspiration from this abstract truth embodied in the Declaration.

For us Americans, the words of the Declaration have become central to our sense of nationhood. Because the United States is composed of so many immigrants and so many different races and ethnicities, we can never assume our identity as a matter of course. The nation has had to be invented. At the end of the Declaration, the members of the Continental Congress could only "mutually pledge to each other our Lives, our Fortunes, and our sacred Honor." There was nothing else but themselves

that they could dedicate themselves to—no patria, no fatherland, no nation as yet. In comparison with the 235 year-old United States, many states in the world today are new, some of them created within fairly recent past. Yet many of these states, new as they may be, are under-girded by peoples who had a pre-existing sense of their ethnicity, their nationality. In the case of the United States, the process was reversed: We Americans were a state before we were a nation, and much of our history has been an effort to define that nationality

In fact, even today America is not a nation in any traditional meaning of the term. We Americans have had to rely on ideas and ideals in order to hold ourselves together and think of ourselves as a single people. And more than any other single document in American history, the Declaration has embodied these ideas and ideals. Since it is our most sacred text, the day, July 4, 1776, that gave birth to it ought to be understood with all the significance and solemnity that John Adams gave to it.

Gordon S Wood is Oiva O Way, University Professor Emeritus at Brown University

## The Community Breeze

is published monthly and mailed to all deliverable addresses in Christmas Valley, Ft. Rock, Silver Lake, Summer Lake, & Paisley by Precision Mail Services 85450 Christmas Valley Hwy. , Silver Lake, OR 97638

Editor: Terry Crawford 541-480-0753 - terryonitsway@aol. com

**Deadline: The 20th the month** 

#### Letters to the Editor and Editorial Policy

Editorial commentary is welcome and all letters to the editor that are clearly signed with the writer's full legal signature and also include the writer's phone number will be considered for publication.

The following criteria will be applied equally to all submissions in determining a letter's appropriateness for publication: Letters may not include personal attacks, inappropriate language, libelous content, negativity which serves no other purpose than to harm or unverifiable facts. Letters are limited to 300-600 words. Letters may not promote businesses - to do so is considered advertising.

The Community Breeze neither supports or condemns any ideas, creeds, religions, customs, attitudes or beliefs and letters to the editor do not necessarily reflect the beliefs of its editor or its advertisers.

Please mail Letters to the Editor to *The Community Breeze* ATTN: Terry Crawford, 85450 Christmas Valley Highway, Silver Lake, OR 97638.

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## Is This the First Act of a New Play or act Three of This Life?

By Gloria Heglar



Gloria Heglar

Clark's retirement party was successfully orchestrated by an enormous bunch of Forest service friends who helped plan and carry out the organizing, decorating and later the undecorating. The patio behind the saloon was the location and 15 large pizzas, 180 slices were eaten and distributed in two hours by about 60 people. The volunteers know who they were, there were too many to mention, but they will

be remembered for their added kindness that made the day easier for me.

Personal friends, from as far away as Boise and LA and Bend, local Paisleyites, Ranger Doug McKay and his troops gave Clark an afternoon of recognition he has long deserved. The kindness, generosity, companionship and compassion we have felt over the last 12 years will be a part of our memories for the rest of our days together. Thank you all! Thank you all!

We usually have plans throughout the summer, but not this year. We talk about it, we almost decide to go to Hawaii or take my 5th Alaskan cruise and Clark's multiple trips on our favorite cruise trip, but we stay unfettered and unattached to any date on the calendar.

I keep thinking we should wait till we see how we can deal with our retirement budget and figure out what we are going to do with our dog child, Harry while we travel.

We know we will be going to our daughter and our granddaughter in LA and up to their winery in Santa Ynez, north of Santa Barbara, on the coast highway more often now. Our daughter just left Paisley two days ago; she was here for Clark's party and to cel-



ebrate Mother's Day. I enjoyed her visit so much and look forward to those extra visits in the future. Clark has asked that we go to Kansas to see his cousins and that is surely doable.

I think what is most appealing about his retirement is that we don't have to ask to go on vacation, we don't need to earn the days off to go, the days in our future are ours to decide how and when to spend them. How great is that? Having seven days a week to be at home together is a gift within its self.

To top it off, Clark had a vision problem the week before the party that had been declared an emergency. We had run back and forth to Bend and the day before the party we were in Bend to see a retina specialist. I was tired from the Paisley to Bend Travel schedule, expecting only a date to be set for laser surgery after the party.

Harry and I were relaxing in the motel when Clark returned and announced they had taken him in the operating room and lasered his retina. Thank God he had only a mild headache for a few hours but the night went without incident and we headed back to Paisley for the party the day after. It's just a reminder that life is a day by day proposition. Live, laugh and love as much as possible. I'll let you know when we pack our bags. Until then, Clark will mow the lawn and I will look out the window and watch him. I will be thankful for every single day we have together. Have a great Summer.

## Local business owners live here & Hire Locally

The Chamber urges residents to **Shop Local** 

Christmas Valley/North Lake Chamber of Commerce



#### Thoughts on food & community.

Sometime after my husband Alan and I moved back to The Poplars, his parents moved back too. Like her son, my mother-in-law Helen was big on community. She loved people, children and staying in touch. For her regular news column, she learned photography and created a darkroom where she developed her own photos. She liked things tidy, but found daily housework to be a grind. Picking up after her husband Bud - who regularly left his coat on the chair and his cap on the floor - was especially irksome.

Always a gracious hostess, she strove to surround herself with friends and family. One summer, after we had had company for 91 out of 93 days, she said to me, "Aren't we just blessed!" As much of the cooking had fallen to me, I just blew the hair away from my face and stared. Three meals a day while everyone else was napping, reading and laughing - felt a bit much! Shortly thereafter I began to simplify my life.

Here a few of the resulting easy recipes. They're so easy, you can please your family, your summer company and yourself at the same time.

#### SUMMER COMPANY FRUIT SAUCE

½ cup powdered sugar 1 tsp grated lemon zest 1/4 tsp vanilla extract lemon juice

Combine all and place in the refrigerator until ready to serve. Slice berries in bowls and top with the sauce. Triple recipe to serve with different fruits, use over waffles or as a dip for bananas, apples and plums. Serves 6. Keeps 3-4 days.

#### **ROSEMARY MAYONNAISE**

mayonnaise 4 tsp

fresh rosemary, minced 2 cloves garlic, finely minced

Combine in a small bowl and mix well. Great on steaks, grilled fish, chicken or in deviled eggs. Or toast thin slices of French bread in the oven then use the Rosemary Mayonnaise as a spread.

#### **GREEK MEATBALLS**

Great with spaghetti, by themselves, in sandwiches, or in a creamed sauce over mashed potatoes. The real secret here is the apple cider vinegar.

2 lbs ground beef ½ cup ketchup

1 c beet greens, minced Worcestershire sauce splash

5 scallion tops, sliced thinly 1 c oatmeal salt and pepper

apple cider vinegar

Combine all ingredients and mix well with your hands, keeping your hands well moistened. Make 2-inch meatballs. Place on a well-greased broiler pan, then bake 20-25 minutes at 350 degrees. Serve hot or triple the recipe and freeze the extra for later.

#### SOUTHERN PIMENTO CHEESE

sharp cheddar, finely grated ½ c pimentos, diced cream cheese, softened red pepper flakes (optional)

3-4 Tbls mayonnaise salt and pepper to taste

In a 2-quart bowl combine the grated cheese, cream cheese, mayonnaise, diced pimentos and the optional pepper flakes. Blend thoroughly, then mix a bit longer. Season with salt and pepper. Place in a small glass dish, cover and store in the refrigerator. Keeps about a week. Great for sandwiches, crackers, celery, roast beef. Or just sit in the swing and graze.

Now back to the story of the wayward cap: One day Helen got so mad, she marched to the shop, grabbed a nail and hammer, marched back to the house and nailed that hat right to the floor. Then she put on her sweater and went for a very long walk. This was so out of character we teased her continually. Even Bud smiled a bit!



541-576-2199

Natiques, Vintage & Gifts The Willows Antiques, Vintage Christmas Valley, Oregon

Happy Father's Day to all the Dads out there and Happy Summer too!

#### The Community Breeze

By Toni Bailie

## From This Angle: Paisley Inner Court Family Center



Toni Bailie

To access medical care or county offices, residents of Paisley are looking at a 45-mile drive to Lakeview, or

130 miles to Klamath Falls or Bend. Thanks to a vision that inspired three women, Paisley has the Inner Court Family Center which houses an impressive array of services that can be accessed locally.

At a prayer meeting in 1997, Joan Butler, Rebecca Richardson and Ronne Lindsay came up with the idea for a center to meet needs of people in Paisley and Summer Lake. They formed a 501C3 non-profit and the community got on board to make it happen. The Brattain family donated two lots in town. Silver Lake Ranger Station had a surplus modular office building and the ZX Ranch/Simplot provided funds to move and refurbish it. Local volunteers stepped up. Lance Richardson laid new carpet and linoleum. With the help of Larry Duckworth, Lance built a deck, while Nita Cardoza planted flowers. Early office volunteers included Charles "Pepper" Withers, Mary Lou Sanchez and Gena Cooper.

"It's truly a project of the

the inner court of the temple in

the Old Testament which was a place of restoration and new beginning," Lindsay added. The ICFC officially opened July 1, 2001. As of January 2019, the new executive director is Cheryl Kemry Owens. Cheryl graduated from Paisley High School and has recently returned to live in her home town

and daughter Aspen.

Business Manager Missy Walton has been at the helm for six years, administering programs and providing notary service, faxing and printing/copying. "We offer help to so many people in town," Missy says, "and I like being able to help those who have a need." She orga-

heart," says Ronne Lindsay who pointments or shopping. Volunteers served for years as executive direc- who drive their personal vehicles "We named the center after are reimbursed for mileage.

supply surplus bread and produce - anyone can come into the center and help themselves.

Due to budget cuts inn 2002, Since November, 2001, ICFC Paisley School closed the cafeteria.



has sponsored Paisley/Summer Lake Food Share. Pastor Wayne Boyd drives to Klamath Falls every quarter for supplies. Jan Murphy distributes the monthly food baskets which contain a variety of canned, frozen and dry goods. Donors include ZX Ranch/Simplot, Withers Ranch and United Way. Through nizes public transportation to take the Food Alliance, Klamath/Lake people out of town for medical ap- Food Bank and Safeway Stores

At the time 65-70 percent of the students were enrolled in the reduced/ free lunch program. In January 2004, ICFC began supporting the cafeteria, hiring a cook to serve breakfast and lunch four days a "I'm the chief cook and bottle washer," says Sheila Stephens who plans meals, purchases food and serves up meals that include

See Inner Court, Page 5



#### **Inner Court from pg. 4**

gluten-free options. Food donations come from the Food Alliance, ZX, J-Spear and Murphy Ranches. Many volunteers assist with food prep and serving

ICFC houses a variety of med-

ical services. Melanie Loski, a physical therapist from the Lake Health District, comes twice a week to treat local patients, saving them a 90-mile round trip. Kris McAllister, PA, schedules medical



appointments the last Friday of each month. Family Counseling Services has an office where Tara Jones provides client-centered ther-

The Inner Court Family Center is just another example of what makes Paisley a little town with a big heart.

apy to manage an array of symptoms.

Charlie Pike, Lake County Veterans

Services Officer, comes once a week

to meet with veterans who need help

connecting with the VA for medical

and disability programs.

Your North Lake Health District welcomes public attendance to monthly board meetings.

Meetings are generally @ 5 pm the 1st Monday of each month but may deviate as needed.

Notices are hung on the Post Office bulletin board 4 to 7 days before meetings.

### A little About Special Transportation

Who can use the service, who can not. Well the simple answer is, <u>Any one can use the services of the Special Transportation Program.</u>

All you need to do is call **541-576-4689 Three days** in advance, further out is better but not required. And be sure to leave a clear message so we can call you back. The coordinator will do her best to get you scheduled, but remember it will still depend on available space and driver availability.

They not only use their vehicle,

Drivers for the Special Trans-

they also are donating a good deal of their time.

#### Meteor Showers, 2019 Peak viewing dates

July 28-29 Delta Aquarids 20 per hr

**Aug. 12-13** Perseids one of the best at up to 60 per hr. also a full moon

**Nov. 5-6** Taurids 5-10 per hr

**Nov 17-18** Leonids 15 per hr., but about every 33 years it is cyclonic and there will be hundreds per hr. Last time was 2001.

**Dec. 13-14** Geminids, considered the King of meteor showers averages 120 multi-colored meteors per hour, but will be slightly dampened by full moon.













Paisley Fabric and Quilt has an amazing selection of pieces from Montana Silversmith just right for that special someone's upcoming special day!

What a May it has been. Warm nice sun-filled days to a cold, snowy windy end. I got a call from Mat The Bee Guy from Apricot Apiaries out of Kimberly Oregon just a few days ago and he advised he did have a few Nucs to sell. I met him in Redmond and picked up three Nucs to start anew. So they are tucked away in there new digs.

So onto May and what to expect and do. Remember to work your hives with slow deliberate motions, jerky movements will agitate the girls. Inspect to see if the Queen Mother is doing her job. Consider replacing her if she has spotty brood pattern or is giving you mostly drones.

The girls may have already decided to replace her. If you see a queen cell in the upper or middle of the brood frame that comes straight out of a worker cell and takes a 90 degree turn down that is usually a sign the girls are not happy with the reigning Queen Mother and they are in the process of replacing her.

I have one hive that I am watching where the girls are building this kind of queen cell. It will be interesting to see what happens. I shall keep you all informed. Diligent use

BEE-Cuzz You Asked MAY and the Bees

By Gary A. Brain Summer Lake Apiaries



of your smoker will keep the girl from getting too riled up when you are inspecting the hives. Remember to work your hives from the side or back to stay out of their flight path. When working your hive inspect by removing an outside frame first then moving the frames toward the empty space and adding the first frame you pulled out into the last space

you created. Con- sider adding supers to your hives. If you have supers with drawn comb from last year use them as it will give the girls a breather from making new honey comb. If the girls need to draw new comb just add one super at a time. Put your second on after the first is almost filled. This will prevent the girls from only building comb in the

centers of the supers.

Bees are hoarders so they will fill up the available space with honey when crowded, give them more room when two thirds of the super is filled so as to keep bringing in the gold!

Use your queen excluders to keep the Queen Mother from building brood in your supers. Do not remove any supers until they are capped, as the uncapped honey will ferment.

Remember to keep the grass mowed in front of your hives. Give the girls a clear runway to land! You can lay old carpet scraps or roofing to help keep the grass under control.

Keep your record keeping up, as this will let you know what hives did well and what you found during your inspections. If you can, keep an extra brood box handy. You may need to capture a swarm. Swarms are an awesome sight to see, thousands of bees hanging on a limb or post. I will go into catching a swarm next month. It is fairly simple if the swarm is not too high up in a tree.





Submitted by Sheriff Michael Taylor

May 13, Deputies responded to 215 North G Street regarding a person in the custody of P & P that possessed drugs. Deputies contacted P & P officers who had a 75 year old male in

custody. Deputies were informed that during a pat down search for weapons and contraband a small package of what is believed to be meth was found in the male's left front pocket. Deputies retrieved the packet and advised the male suspect of his Miranda Rights. The male suspect stated that he found the packet in his vehicle and put it in his pocket. When asked the male suspect confirmed the substance

was meth. The male suspect was arrested, transported to the station and booked into the Lake County Correction's Facility for PCS Meth.

May 13, employees from the District Attorney's Office brought an adult male to the Sheriff's Office for a Court ordered intoxilizer test due to the male appearing in court with alcohol on his breath. The test re-

vealed the male's blood alcohol level to be .069%. The male suspect was remanded by Judge Robert Nichols for violation of release agreement. The male suspect was lodged in the Lake County Correction's Facility.

May 16, Deputies were dispatched to the 100 block of North M. Street for an unresponsive adult male. Upon my

See Sheriff's Report Pg.



## CELEBRATING OUR 7TH YEAR **BY THANKING YOU**

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## Come Celebrate! July 4th, 2019 Fabulous Family Fun

Annual "Luck of the Draw" Golf Tournament July 6th

North Lake Park and Recreation hosts its Two-Person Best Ball with a BBQ to follow at Greg Rhondo's on Sunday the 1st. Sign up at 8:30 am near the first tee ~ Play starts at 9 am. Entry fee \$25

#### July 4th Parade through the middle of town

Line-up in front of Gifts n More on Park Rd. Judging will begin at 10:40 am with trophies being presented to winning entries as they enter the highway.

## The Parade!

Floats - Classic Cars - Fire Engines - Ambulances -Horses - Old-time equipment - ATVs and more!

#### Children's Carnival

In front of Park and Rec Building after Parade Games, Prizes, Mini peddle tractor races. Fun for everyone.

#### Giant Water Slide at Park and Rec Building

July 4th, from noon to 4 pm. Remember to bring dry clothes, towels, and lots of sunscreen - Money generated helps support our fireworks.

Music in the Park July 4th 20

**Music Starts** at 1:pm

At the sound stage at R.E. Flowerree Memorig Po

Beer Garden Food Vendors



## July 4th Parade Čategories Fee Schedule & Information

\$10 each Automobile Children \$ 1 per child \$10 Commercial Gov/Emergency \$10 per vehicle Horses \$ 5 per horse Individual \$ 5 Not for Profit \$10 \$10 Motorcycle

Trophies are awarded for each category with additional awards for: Best Costume, Most Original, Most Creative and Best Animal

Entries will be taken inside Gifrs N More on Park Road and Line-up will start at Gifts and work back to the and Terrace and around the corner for a far as necessary.

Entrants are asked to arrive and sign up between 10 and 10:15am so that organizers can make sure the parade line-up is safe for all participants.

Judging will begin at 10:40 am and the trophies will be handed out as entrants leave Park Rd and start down the highway.

The annual parade is sponsored by the Christmas Valley/North Lake Chamber. If you pay with a check, please make it to CV?NL Chamber. If paying with cash it is helpful if you have the correct amount.

Come ~ Be Safe ~ Have Fun

Volunteerism

## The Community Breeze **2019 AWARDS BANQUET**

Service

Dedication Love of Community

The 2019 Awards Banquet was so much fun. The theme, Viva Italia set the tone for a culinary venture into Italian Cuisine at its best.

Hosted by the Christmas Valley/North Lake Chamber of Commerce and held at The Flyway Restaurant at the Lodge at Summer Lake, the event is a time to honor businesses and extraordinary citizens from the northern communities of Lake County.

The Flyway, a wonderful venue, provided a meal to remember. Chef Jason Houck put a great deal of thought into creating a menu that would please the most discerning palate - starting with several large trays of antipasto (Italian hors d'oeuvres) during the social hour.

Served buffet style, the main course featured Chicken Parmigiana, linguine and gamberetti (shrimps), grilled artichokes, complemented with fresh baked bread and Caesar Salad. Dessert was Cannoli.

The Flyway's owners, Gil and Jan Foust and Gary and Marie Brain, along with staff and chamber members worked together to transform the restaurant's homey dining room into a banquet venue - which translated to moving a lot

of tables out and others in, and of course additional finding chairs and then deco-

rating..

Throughout dinner tickets for all the raffle gifts were drawn. The donated gifts were great and each winner was delighted.

Guest

on to the awards presentations.



This is always the fun part - especially when presenting to people who have no clue they were to be honored.

North Lake School super-



speakers L-R Richard Morehouse, Jana Kittredge, Debora spoke and then it was Morehouse-and Jay Dunbar (Chambers Choice)

intendent and principal David Kerr presented the Educator of the Year award to science teacher Shelley Spurgeon, of whom he said, "was the best science teacher he had ever worked with."

The Emergency Responder of the year was awarded to sheriff's Deputy Jason Rains who was unable to attend and was certainly missed.

Doug Polhans, owner of North Lake Towing was hon-

## Extraordinary

ored as the Volunteer of the Year. He has for years helped folks out, often with no compensation because he could and because he cares. His family worked out a medley of strategies to get him to the banquet while keeping the secret that he would be receiving an award.

The Chamber honored two businesses of the year. Ana Reservoir RV Park and Silver Lake Mercantile. Both of these businesses are family owned and each provides great services to locals and visitors alike.

Jana Kittredge knew that the Fort Rock Homestead Village Museum was getting an award, but what she didn't know was that she would be receiving the Lifetime Volunteer honer. This woman has served and continues to serve her community in many capacities, always promoting local organizations, sitting on a variety of boards and naturally digging in with both hands to ensure things get done.

This Year's Chamber's Choice was, as mentioned above. The Fort Rock Homestead Village Museum, a greatly enjoyed visitor experience due to years of diligent effort.

## WE DONATED to the 2019 AWARDS BANQUET RAFFLE

**Ann's Styling Salon Dale Shumway Backhoe Service CV/NL Chamber of Commerce** Farmhouse Cafe & Bakery Gifts N More **Handde Pump & Electric** J.W. Kerns La Pine Chamber of Commerce La Pine Frontier Days Massage by Shawn

**Pacific Crest FCU** Point S tire and auto service **Robbins Farm Equipment Summer Lake Apiaries Summer Lake Hot Springs Summer Lake Store** The Community Breeze The Lodge at Summer Lake **The Willows** Willows West

THE CHRISTMAS VALLEY/NORTH LAKE CHAMBER THANKS ALL THESE BUSINESSES YOU THEIR SUPPORT AND DONATIONS



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The Lodge at Summer Lake

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Steak & Creative Chefs' Specials Saturdays

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Hand-pressed Gourmet Burgers

> We've a nice selection of Oregon Beers and Wines

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RECIPE

**IDEAS** 

for

#### **Asian Slaw Dogs**



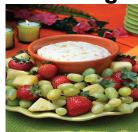
it wouldn't be 4th of July without a hot dog or two, but who says they have to be boring? Dress up ordinary hot dogs with a crisp and tangy broccoli slaw flavored by lime, ginger, and cilantro. Set up a hot dog station so guests can make their own dogs with their favorite toppings. Set out bowls of slaw, ketchup, mustard, relish, mayo, extra cilantro, pickled jalapeños, and diced onions. Crumbled ramen noodles and lime wedges are unexpected additions that will soon be new favorites. Throw hot dog buns on the grill for 20 to 30 seconds to give them just a hint of crisp

#### **Root Beer Baked Beans**



Baked beans are essential to any backyard 4th of July cookout. Your family will come back for seconds after tasting the sweet, barbecue-flavored sauce on these dressed-up canned beans. Start with two cans of pork and beans and add root beer, barbecue sauce, dry mustard, and hot sauce. Soon you'll have a go-to baked beans recipe that friends and family will ask for time and again. The beans will bake for 55 minutes or until the sauce has thickened. No matter what's on your 4th of July menu, these Root Beer Baked Beans will no doubt make the perfect accompaniment.

### **Brown Sugar Fruit Dip**



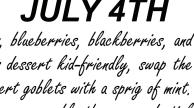
This simple, creamy dip is the perfect way to dress up fresh summer fruit. We like it for dipping grapes, berries, and pineapple, but it tastes just as good with any fruit. Serve for breakfast, a snack, appetizer, dessert, or all of the above. For a patriotic spread, serve with coordinating red and blue fruits like strawberries, blackberries, blueberries, and even a little watermelon if you're feeling adventurous. Dust the top of the dip with a little brown sugar for an easy garnish. We tested the recipe with Kahlúa, but you can use any coffee liqueur you like.

#### Succotash Salad



Put a summertime spin on this traditional Southern dish of beans and corn by mixing with lemon juice and chives and serving cold. It's easy to prepare in advance and pull out of the fridge to serve with meat hot off the grill. We love this Succotash Salad as a lighter alternative to traditional 4th of July side dishes. It's packed with fresh, crunchy flavor that your friends and family will love. The dressing is a simple combination of lemon juice, Dijon mustard, olive oil, salt, and freshly ground pepper. You might want to keep a Mason jar of it on hand to add to pasta salads, spinach salads, and more!

#### Berries with Tequila Cream



What better for the 4th of July than red, white, and blue? For a similar look, use strawberries, blueberries, blackberries, and raspberries. A tequila-infused, custard-like cream is your dash of white. If you want to keep this dessert kid-friendly, swap the tequila or mezcal for orange juice. If you're 4th of July party is an adult-only affair, serve in dessert goblets with a sprig of mint. If you're also inviting kiddos (or have a large guest list) use disposable plastic wine cups. You can pre-assemble the cups and stick them on a tray in the refrigerator to pull out just before the fireworks begin.

Your North Lake Health District (NLHD) is proud of the stability and variety of services offered to our community through La Pine Community Health Center (LCHC). Christmas Valley locals have the opportunity to enjoy many of the "big city" services delivered in a "down home" way.

LCHC's Christmas Valley site is located in the North Lake Health District Medical Center. Denise Griffiths, FNP offers primary medical care Monday through Thursday and Megan Lewis, FNP is available each Friday. Michael Allen, DO, LCHC's Chief Medical Officer. comes to the Christmas Valley site on the second and fourth Thursday's of each month to treat newborns, prenatal patients and patient with multiple conditions at the request of their primary care provider. X-rays are now available on Tuesdays and Thursdays and Behavioral Health services are available on Tuesdays. The Outreach and Health Education teams host many periodic programs

## What time is my appointment?

courses, dental screenings and incentives for well child checks and colon screen-

ings.

There is also year-round support to residents with Oregon Health Plan

(OHP) enrollment assistance, a discounted fee program, transportation assistance, emergency resources for personal hygiene supplies and many other resources.

The staff at LCHC in Christmas Valley are continually working to build relationships and increase awareness of the services offered in our community, but are still faced with some challenges. In rural communities such as ours it's a balancing act to operate in a way that will support the financial stability of the center while also meeting the needs of the public. To meet that

such as free smoking cessation balance, the appointment schedule currently only requires one primary care provider to be on duty each day

> which, on occasion, can make it difficult to respond to all "walk-in" patients.

> Here are some tips to follow so that you can receive the

best care:

**Not an Urgent Care Facility** - LCHC operates as a primary care

facility and is not staffed to provide immediate response as an urgent care facility.

Scheduled Appointments Take Priority - It is not appropriate for the primary care provider to shorten their time with one patient to accommodate a "walk-in" unless an actual emergency is at hand.

Make Your Appointment in Advance - Making your appointment in advance, even same day,

helps them to serve you best and allows you the choice of waiting to be seen in the comfort of your own home.

Arrive On Time - Being on time for your appointment helps ensure your provider has time to be attentive to your needs, as well as the needs of every patient that follows you throughout the rest of the day.

Call Ahead - If you're able, call before coming in as a "walkin". If your need is indeed urgent a brief conversation can serve you well whether accommodations are made to work you in to the schedule or you are advised to seek care at an urgent care facility or by calling

The providers at your La Pine Community Health Center are dedicated to your health and work hard to support your well-being. Let's work with them to support their efforts in creating a healthier community.



## Fireworks Go On Sale June 23

**Money raised helps** support the Pyros **Annual Fireworks** 



## **Silent Auction Week**

Local Merchants Donate a variety of goods and services with Proceeds Benefiting the Children's Art Programs at **North Lake School.** 

**Christmas Valley Market Generously Hosts the event as** well as displaying the 2019 class art projects.

> Class Art Projects will be Sold at the August Music Festival



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## Narcotics Anonymous

Wednesdays at 7 pm **Christmas Valley Community Hall**  Speakers Meeting the Last Wednesday of the Month

## **Celebrate Recovery**

Mondays at 6:30 pm **Christmas Valley Community Church** 

Sherry 541-55576-4509 Tim 541-977-4944

Your North Lake Health District welcomes public attendance to monthly board meetings.

Meetings are generally @ 5 pm the 1st Monday of each month but may deviate as needed.

Notices are hung on the Post Office bulletin board 4 to 7 days before meetings.

## Dr. Natasha Rudd, N.D., L. Ac.



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Family health care, Flower essence prescribing,
General Internal Medicine, Homeopathy, Primary
health care, Personalized nutrition, Shiatsu
Massage, Stop smoking treatments, and Vitality
Longevity evaluations.

Dr. Rudd is currently accepting new patients and referrals for patients seeking natural therapies for any type of health condition.

To schedule an appointment to be seen by Dr. Rudd at the North Lake Health District's Medical Complex please call 541-385-6249.



## **La Pine Community Health Center**

North Lake Health District's Medical Complex 87520 Bay Road

#### **Primary Medical Care**

Clinic Hours: Monday - Friday 9am to 12pm & 12:30pm to 4:30pm

For Appointments Call: 541-576-2343

Services Available at The Complex
Optometric Physician Massage Therapy

**Timothy Arbow, O. D.**By Appointment 541-554-9888

Mental Health
Tara Jones, LCSW CADC1

By Appointment 541-515-9233

Chiropractor Helmut Eichner, D. C.

By Appointment - 541-633-6563

Massage Therapy Shawn Lavallee, LMT

Mon - Fri by Appointment 541-576-2110 or 541-576-2043

Naturopath/Acupuncture Natasha Rudd, N. D., L. A. By Appointment 541-385-6249

**Dental Van Information** 541-576-2110

Health District Secretary at 541-576-2165

## Your Christmas Valley Health Center!

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X-Ray | Tuesday & Thursday

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## The Community Breeze Comings and Goings

By Terry Crawford

the year is nearly complete and the Fourth is just around the corner. The past month has been a

Well here it is June - half of

whirlwind. There was the Awards Banquet and the Tourist Guide and my horse Alex in the valley - and a Ferox had an amazing show and

Working Equitation Show over the Memorial Day weekend.

Having spent my first five years in Olympia Washington, I'm totally not a fan of rain. I can remember giving up and setting the little kiddie pool up in the rain - at least it was a warm rain.

Memorial day was forecast to have showers, both here and in Eugene. Hmm, I think we had seri-

ous rain. More than two inches fell in less than three hours in Eugene on Saturday afternoon and that was followed by light rain the rest of the night.

The outdoor arena had large pools of standing water everywhere, but we were assured the footing was excellent and safe in spite of the water.

This show was an experiment in that the organizer hosted two separate events running concurrently. One was in the indoor arena and the other in the outdoor arena.

The experiment worked, everything ran on time and the whole experience was great.

My boy Alex was super and probably would have been in the ribbons if his rider (Me) hadn't made a few errors. Our speed round was our best ever and very fast without the 10 second penalty I received.

Sheriff's Report

From page six.

arrival Deputies were contacted by the

reporting party advising that she believed

the male in the residence was deceased.

Deputies checked the unresponsive male

for signs of life with negative results. The

decedent was removed by Desert Rose

May 16, Deputies responded to a (2) vehi-

cle crash on Hwy 395 south and Kadrmas

Rd. Vehicle #1 was traveling eastbound

on Kadrmas Rd. driving through the stop

Funeral Chapel.

So this was very exciting and encouraging.

Daughter Jill with her Mustang



placed eighth and sixth overall pretty remarkable for a six-year-old with less than two years under saddle. But then Jill is truly dedicated in her endeavors with her horses - they are her passion.

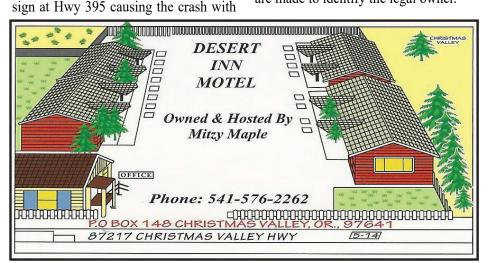
Ferox arrived a bit thin, but otherwise in good shape, but we could tell he had issues, we just didn't know what they were. After several months a joint decision was made to send him out to Bob Story in Paisley. This was the best decision we could possibly have made.

Bob quickly discovered that somewhere along the line this horse had become hyper sensitive to being cinched. It took nearly a month to gain the needed trust and confidence the youngster needed.

Sixty more days with Bob and Ferox moved to Jill's barn not far from Sandy Oregon. It has been all uphill and the team is on the way to

vehicle #2 at the intersection. No injuries were sustained from the results of the crash. Driver #1 was cited for Reckless Driving -- Driving while suspended, and Driving Uninsured.

May 16th, Deputies located an abandoned vehicle at the Lakeview Bowman Club at 1080 South E. Street. The vehicle's license plates and VIN tags were removed. The vehicle was impounded to Dieter Towing. The vehicle's previous registered owners were determined to be deceased. The vehicle will be held while attempts are made to identify the legal owner.



some amazing accomplishments. It really is fun to see your child reach goal after goal through hard work and determination.

So back to Alex. This lovely quarter horse is just the coolest horse I have ever had. He will try his heart out for me. Here he is, an ex roping horse and an ex cutting horse

and I ask him to learn dressage, and obstetrical courses in a controlled easy manor followed by courses at speed and be round and bend and the list goes on. And he does

This horse has a great heart, willing spirit and is ever so social. He loves people and often simply hangs out in an area of the yard where I am working.

He is also a bit mischievous and frequently tips over all the lawn furniture looking for that ever



elusive sprig of grass hiding under it.

He is such a gentle sole that he has managed to help my daughter-in-law and her oldest boy overcome their fear of horses. It makes me

glad that he is such an ambassador.

The photos are of Jill and Ferox doing the bull and me and Alex cantering the bridge and opening the gate.



#### GINGER BEEF and CABBAGE

This is really easy and quick using leftover beef steak or roast. I make lots of rice at one time and freeze extra for quick meals.

#### GINGER BEEF and CABBAGE

2 Tbsp extra virgin olive oil

2 cloves garlic smashed

4 to 6 oz leftover beef cut in strips or small chunks

1/2 head of cabbage, shredded

(some red cabbage is nice for color) Handful of sweet red or yellow pepper strips

1 tsp corn starch

1/2 cup water

2 Tbsp soy sauce

1 heaping fresh grated ginger

Marie Brain

Sauté garlic in extra virgin olive oil til soft and fragrant. Add and stir fry cabbage and pepper strips til crisp tender. Toss in beef and stir fry until heated through.

Stir together corn starch, water grated ginger, and soy sauce. Add to beef mixture and heat and stir til sauce is thickened. Serve over hot Jasmine rice accompanied by a crisp green salad. Enjoy.!

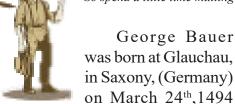
#### Planning Commission to Meet In Christmas Valley June 18th

NOTICE IS HEREBY given that the Lake County Planning Commission will hold a public hearing Tuesday, June 18, 2019, at 6:00pm, at the Christmas Valley Community Center, 87345 Holly Lane, Christmas Valley, Oregon, to receive public comment and testimony on the following applications. Failure to raise an issue at the hearing or to provide sufficient specificity precludes your ability to appeal the decision. If you have needs requiring special arrangements, please call 541-947-6036 at least 24 hours prior to the meeting.

A Commercial Utility Facility (PV Solar) on up to 320.00 acres of a portion of a 632.73 acre parcel described as: T26S R15E TL2100; approx. 18 miles northwest of Christmas Valley, on the NW corner of the intersection of Fort Rock Road and Connley Lane, in an A-2 Agriculture Use zone. A decision will be based on Articles 3 and 24 of the amended Lake County Zoning Ordinance of 1980.

There are several other CUP's being heard at this meeting. For more info., go the the county Building Dept site or call them.

Enjoy "The Prospector" as he takes offers readers new views of features and histories which most likely would not have captured their attention but now may well pique their interest. I say meander because our Prospector and his writing travel a path that has many curves and bends along the way, but in the end an interesting destination is reached. So spend a little time mulling over the journey and if you are curious like me, you may find yourself getting ready to do a little exploring.

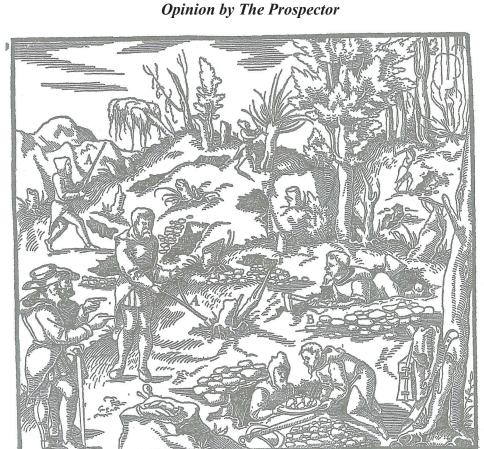


upon the threshold of the Renaissance; Guntenberg's first book had been printed but forty years earlier but the historians believed it was Bauer's book De Re Metallic was the reason for the world wide movement. During Agricola's lifetime Balboa first saw the Pacific in 1513; Cortes entered the City of Mexico, (Aztecs) in 1520; Magellan entered the pacific in the same year; Pizarro penetrated into Peru in 1528; De Soto landed in Florida in 1539, and Potois was discovered in 1546. Each of these expeditions had a copy of De Re Metallica and that didn't change until the Industrial Revolution hundreds of years later.

The Spanish felt Bauer's book was so moving that their army was required to adhere to its contents which showed every aspect of mining, rocks, and the most important the search for precious metals. His name was Latinized by his teacher to Geogious Agricola and is the name we know the great scientist whose first passion was medicine. He just enjoyed working with rocks and the earth sciences involved. In his book Dr. Agricola doesn't expand on the subject of dowsing because wizards used rings, mirrors and crystals and especially incantations to seek out veins of which he wrote "... it would not become of me to repeat, neither do I wish to do so." Prepare to have a 'grain of salt' and an open mind when you have those divining rods in your hands out wandering around aimlessly searching for veins of minerals or water. "There are better ways of searching for fissures," the good doctor would say.

Twigs can be used forked or straight', it doesn't matter; hazel for silver, ash for copper, pine pitch for lead especially tin. Iron and steel for gold and water. Twigs will dry out and need to be replaced but iron and steel stay fresh. Use high grade steel/iron which is harder that you can imagine. I use two clothes hangers that I located in grandma's closet bent about four inches at a 90-degree angle and approximately three feet on the other

**DOWSING RODS** 



end. Hook your index finger in the bend while resting the bottom on your palm. Don't grip the rods but allow gravity and balance to keep them in your hands. Use flat bottom shoes to get a better connection to the earth because you are feeling for temperature. Fissures create a higher degree of heat.

Now you have the rods balanced in your hand it's time to practice before you go hunting. Start in an area where you know there is an underground pipe with or without water, doesn't matter. Spin the rods around in a circle to get a good connection with your palms. It won't work on sewer lines and septic tanks only good water.

Start twenty feet away and walk toward the known line and the rods will cross. Mark ground with your foot then walk twenty feet on the other side and repeat the process while walking towards the water line. The rods will cross over your mark. Head towards your wellhead and when your rods cross violently stop and backup a step. Take that 'grain of salt' and open your mind then ask, how deep is the Water? Agricola doesn't speak of this but from personal experience and watching other people it does work. If you are right handed or left handed the rod in that hand will begin to go up and down while the other rod stays still. I'm ambidextrous and it always favor my left side. The side I write with

and power with my right if that helps you in anyway. Every time the rod jumps count the number of times with strict attention to

the bumps that go higher, differs from the rest, or comes around and slaps you up across the head then returns out front and resumes its dance up and down. Each jumps equals about a foot and this is tested by knowing the depth of your well. This exercise is harder that you think because you will lose count due to the many different movements your hands receive from the rods, but I guarantee it will 'open your mind'. If you are out searching and the rods go wild crossing, violently spinning completely out of control and acting as if electricity is flowing thru them without the charge being felt, step back and ask; just how far down is that artesian flow? Something to consider before calling the well driller. Enjoy a truly 'mind blowing' experience that just can't be explained. Maybe that's why the doctor didn't want to go there.



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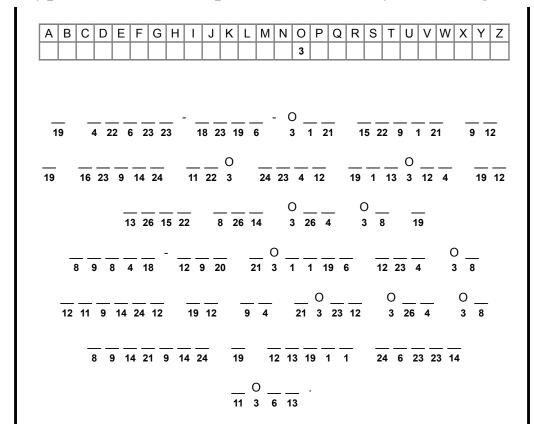
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SPOOL
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#### Crypto Quote #10 Topic: Childhood by Bill Vaughn



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MAY 2019 Lunch and Bus Schedule

Please be aware that schedule is subject to change.
Thank you for your Patience.

**LUNCHES** 

Lunches at Summer Lake

11th Tuesday25th Tuesday

Lunch in Christmas Valley

20th Thursday

**TRIPS** 

5th Wednesday Bend 12th Wednesday Bend 14th Friday Bend 19th Wednesday Bend 21st Friday Bend 26th Wednesday Bend

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excluding holidays

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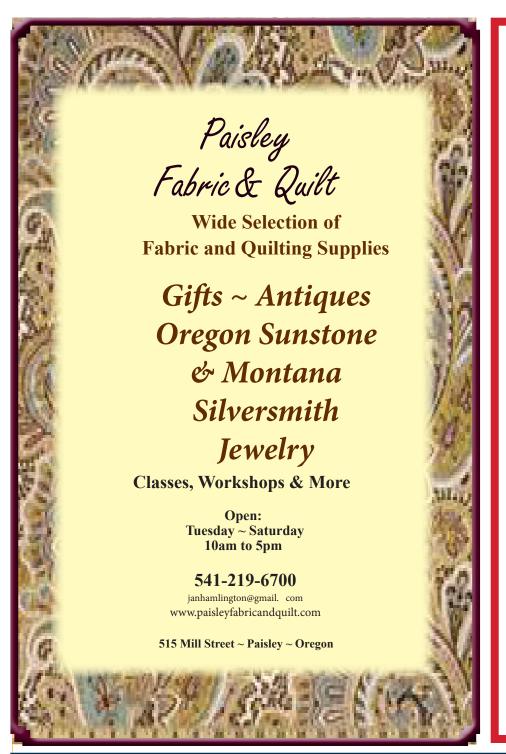
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### **Public Meetings**

**CV Boosters** - 2nd Mon at 6pm at Booster Building CV/NL Chamber of Commerce - quarterly (watch for posters) **CV Fire Board** - 3rd Mon at 7pm at The Christmas Valley Fire Hall NL Park & Rec - 2nd Tues at 9am at Park and Rec office CV Water Board - 2nd Wed at 1pm at CV Community Hall **EMS** - 2nd Thurs at 7pm at EMS Building FT Rock Grange - 2nd Wed at 6:30pm at Grange

**Ft Rock Historical Society** - 2nd Tues-10am at the Museum

FR/SL SWCD - 2nd Thurs at noon at Silver Lake Fire Hall **Lake Co.** Hay & Forage - 1st Thurs at 6pm at Lodge at Summer Lake **Lions Club** - 2nd Mon at 6:30 am at Silver Lake Fire Hall NA Wednesdays at CV Community Hall at 7pm **NL Health District** - 1st Mon at 5pm at North Lake Clinic **NL School Board** - 2nd Mon at 5:30pm at the NL School library. **SL Lioness** - 2nd Wed at 10am at Silver Lake Fire Hall **SL Rural Fire Dist** - 2nd Mon at 7pm at Silver Lake Fire Hall



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