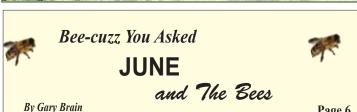
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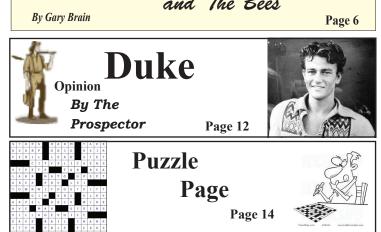












**** ECRWSS****

Chip Sealing: it's a good deal

Residents living at the northern end of Lake County will find several well-traveled roads having been and continuing to be chip sealed through mid August. The County road department suggests you use alternative routes and also if this is not possible, expect wait times of up to 30-40 minutes

Some drivers wonder why what they consider to be a good road is receiving this treatment. The answer is simple, treating roads early keeps them in good condition. More importantly it results in huge cost savings.

thecommunitybreeze.com

Chip sealing is a process where liquid asphalt is applied to seal the road. chipped rock coated with asphalt is apthe seal and help improve driver traction. the chip seal protect the road from beand preserves its ability to bend and

Statistically the cost of chip seal-\$25,000 per mile while the cost of a traThen, a layer of plied to protect Not only does coming brittle flex.

ing runs about ditional three

inch overlay of new asphalt, on the same mile of road, averages more than \$200,000 Chip seal, when applied at the right time in the life cycle of pavement can double the lifespan of the original asphalt and extend the time between pavement overlay treatments from 15 to 30 years.

The county will also be Fog sealing some of our roads. This process is more of a short term, preventative maintenance process and is often used to help preserve road surfaces needing work but waiting for funds to become available. A fog a single application of an asphalt emulsion onto an existing pavement. It renews oxidized pavement surfaces as well as sealing minor cracks and inhibiting raveling.

ROAD WORK SCHEDULE

Chip Sealing:

July 11th - 13th -- CV Hwy & Old Lake
Rd Intersection heading west
July 19th - 20th -- Arrow Gap Rd
July 25th - 27th -- CV Hwy & Old Lake
Rd Intersection heading west

Fog Sealing: Construction 5am - 6pm

August 1st - 3rd -- Arrow Gap Rd

August 8th - 10th -- South Oil Dry

(detour will be in place, no Thru traffic:

North Oil Dri



COMINGS & GOINGS

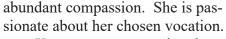
By Terry Crawford

I may as well start with the sad news that on Monday, June 27th I had to have my much loved German Shepherd companion, Kaspar, put to sleep. He was only four years old and up until about three months ago was a vibrant, high-energy pup. Then things changed. He was sore on one side - which as hard as he played was not worrisome in and of itself. But as time passed his energy dropped as did his weight, and eventually he pretty much refused food. Then his abdomen began to swell. Daughter Jill and I took him to the clinic in Tumalo.

There was no definitive diagnosis. His blood work came back showing no abnormalities and his heart x-ray was good. They drained three and a half liters of fluid from his abdomen and said it contained no cancer cells, but did have materials in it that are associated with cancer - lots of them. They suggested he go to a specialist for a super ultra-sound. We decided against it because regardless of what it revealed, the prognosis over time, for any of the expected results was not even close to positive. So for the last month of his life he ate cooked chicken, an occasional hot dog, and eggs.

He was happy, and was still striking his statue-like pose that indicated he was ready to play fetch with a ball. But his weight was falling off and his belly was beginning to fill. His energy was beginning to fade. I called Dr Halley and asked her if she would put him down at her clinic in Culver. I knew she would provide him a stress-free, peaceful end - one that would allow me to spend every last second with him.

I can't thank her enough for her generosity with her time and her





Kaspar was an amazing dog. He was stunning, with a classically beautiful head and dark shepherd mask. He loved his kitties, and all of the family dogs. It was not unusual to find him seeping by the front door with one of them curled up near his face. Although not

raised around small children, he quickly figured out how to manage them, and how to get them to play ball.

He is resting in the front yard in his favorite blanket and with his ball. By next summer there will be a nice patch of wild flowers on his grave. I am still not used to not being awakened by his cold nose at 6am or not opening the front door to see him grab a ball and take his pose. I miss him terribly and have decided that I simply don't want another Shepherd. Not because I don't love the breed, but because he was a once in a life-time dog of his breed. When the time comes I will bring home a puppy - preferably a rough coated Collie Dog. For now I am just settling into not having him by my side.

The Community Breeze

Is published monthly and mailed to all deliverable addresses in Oregon's northern Lake County's communities. The Publisher is Precision Mail Services. Our mailing address is 85450 Christmas Valley Hwy., Silver Lake, Oregon 97638. Readers may also read the *Breeze* on line by going to

thecommunitybreeze.com Editor: Terry Crawford 541-480-0753 - terryonitsway@aol. com

Deadline: The 20th the month

Editorial commentary is welcome and all letters to the editor that are clearly signed with the writer's full legal signature and also include the writer's phone number will be considered for publication.

The following criteria will be applied equally to all submissions in determining a letter's appropriateness for publication: Letters may not include personal attacks, inappropriate language, libelous content, negativity which serves no other purpose than to harm or unverifiable facts. Letters are limited to 300-600 words. Letters may not promote businesses - to do so is considered advertising.

The Community Breeze neither supports or condemns any ideas, creeds, religions, customs, attitudes or beliefs and letters to the editor do not necessarily reflect the beliefs of its editor or its advertisers.

Please mail Letters to the Editor to *The Community Breeze* ATTN: Terry Crawford, 85450 Christmas Valley Highway, Silver Lake, OR 97638.

On the brighter side, I am excited to head out to Montana for a ten day Working Equitation Clinic and Horse Show. Daughter Jill and I have had this in the works since January. We will be traveling in her truck with her, new to her, goose-neck trailer with living quarters. Originally we were going to stay at an Air B&B, but she found this trailer on line and it was exactly what she has been looking for. Being gone for that long is actually a first for me since moving Christmas Valley 16 years ago. Time sure does have wings.

The weather has certainly been the subject of much discussion this "Spring???" Wind, and cold and more wind, and not a lot of sunshine and then of



course summer arrives overnight. My flowers seem to have either put themselves on hold or are just skipping this year's bloom altogether. The photo

on page one is of one of the three Peonies that managed to escape the freeze and flower. Just one flower each but they are nevertheless beautiful and they smell so good. My Ornamental Poppies are finally maturing and producing multiple pods. So far three have opened with many more to come. All my little flowers are just beginning

to perk up. The Iris bagged it for the year and I'm pretty sure that the apple and pear trees aren't going to have any fruit. The grass is doing pretty well, it liked the cooler weather. Now it's growing enough for the horses mow the grass in an ecologically sound manner. Happy summer everyone. Hope your holiday weekend was remarkable.

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From This Angle: Mosquito Festival

Mosquito Festival will fly again July 29-31, thanks to the efforts of the

By Toni Bailie intrepid

planning committee. Amy Davis, Chelsea Jones and Daniel Cardoza have been organizing events so the beloved festival can happen again this year.

The weekend begins with a performance of Romancing the West on Friday from 2-5 at the Community Center. This popular production features Christina and Butch Martin who relive the history of the American West through music, videos, stories and poetry. This epic journey takes the audience through the human story, the trials tribulations and triumphs, celebrating diverse cultures and legacies. There will be

During the weekend, vendors will display their wares outdoors. Several Paisley students submitted designs for this year's Festival tee shirts. Anna Robinson's design was selected. The tee shirts come in two styles, vee-neck or unisex collar.

a dance outdoors in the basketball

court on Friday evening from 8-10.

Proceeds from the sales help fund the Festival.

A two-mile fun-run walk down Mill Street to the falls will begin Saturday morning at 8 a.m. Next the

are scheduled at the arena north of town. Friday evening is jackpot horse roping. Paisley Youth Rodeo will also host events on Friday. Sat-

Paisley Ranch Rodeo events to be outside in the evenings. Then, the community came up with the idea of an annual Mosquito Festival to raise money for vector control.

The first Festival in August

1984 featured a turkey shoot, raft races on the Chewaucan and a Spittin' Hollerin' Contest. By 1986, events included draft horse/mule pulling competitions. It became a tradition for the Gaylord family and friends to gather for Mosquito Festival at the Gaylord House, built by Stephen and Lilian Gaylord in 1882. John Gaylord and his cohorts always came up with original entries for the parade. One year a Swat Team in military fatigues chanted and carried giant Mosquito Swatters.

Another entry was a float that replicated the Paisley Rodeo Arena with a giant mosquito saddled and ready to buck. John Gaylord died this year, but his family and friends still plan to gather and appear in the parade, wearing costumes from past years.



parade will proceed through town urday and Sunday will feature bardinner will be served at the Community Center on Saturday from Club LLC. 11:00-3:00.

pancake breakfast at the community center and a Fishing Derby for kids up at Carlon's pond.

at 10 a.m. The popular barbecue rel racing and team roping. Check Facebook for details: Paisley Rodeo

Mosquito Festival has a long On Sunday there will be a history in Paisley. Because swarms of mosquitoes breed in the Chewaucan meadows, residents needed screened-in porches if they wanted



Have you got a Mercedes-Benz AMG?

Submitted by George Larson

A delightful lunch was held at the Fort Rock Restaurant and Pub with 23 Mercedes-Benz AMG vehicles gracing the parking lot.

These vehicles are all high performance models that assembled to do the Sports Car Market Magazine 1000 AMG Invitational touring event t centered around Bend.

After lunch, a tour of the Fort Rock Homestead Village Museum provided participants a glimpse of the interesting history of the people and old-time lifestyle of the area.

All of us appreciated the hospitality that we received at both facilities as well viewing and enjoying the natural beauty of Fort Rock itself.

In the following three days, these cars finished a total of 1058 miles of driving throughout Central Oregon.

The unique car of the group was one of 75 built with only three homed in the USA...a 2009 Mercedes-Benz SLR McLaren Sir Stirling Moss edition speedster. Most of these cars are in museums or private collections so it's likely you will never see another.

(Top photo on location at the Painted Hills)





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Desert Dandy Chapter Four

By Gladys Martin

Clint sighed. It was a relief to have the having all done. He had helped Sam on his ranch at Silver Creek. In return Sam helped him and gave him two truckloads of baled alfalfa.

Annie and Nancy looked after the livestock while he was gone. Nancy proved to be a good hand at keeping track of the cattle and how the water holes and salt blocks were holding out. Clint wished Curt had taken the same interest in the ranch that Nancy did. Curt seemed to enjoy the wide-open spaces but was more interested in the machinery than in the stock. There had been no word of Curt since the man came to the ranch to tell them their son had disappeared from the school at Crane. That was four months ago.

Far off to the south, a plume of dust appeared. Clint watched it creeping along the road. He wanted to find the sorrel stud bunch to see if he was right about J.D. Hamilton's filly, Dancing Leaf, being with them. He had not been out on the range enough lately to have a clear idea where they might be found.

As the plume of dust moved closer, it looked like Lum's truck.

Summer Lake. Lum was the Morgan's neighbor, five miles south toward Wagontire. He had a hay ranch at Summer Lake and wintered the cattle there. The truck turned into Clint's driveway. Lum got out, greeted Clint, and came to the point of his visit. "We had a cloudburst over at Summer Lake, so had to take off from having to let things dry out. The kids wanted to come out here and run some mustangs. They brought in a three year old out of my pinto stud bunch. He's

too small for hard riding, but he's smart. Would Nancy like to have him?"

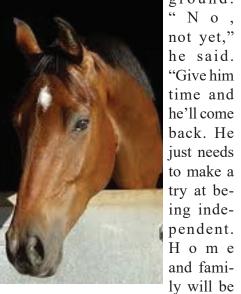
Clint peered through the rack on the truck. The horse was a small brown gelding with a dollar sized white spot on his face. The horse looked at Clint intently, almost as if he were trying to read his thoughts. That gave Cline a feeling there was something special about him.

"Looks like he would make a dandy little horse for Nancy," Clint said. "She's

off over near Lost Creek on old Duke right now. There's a den of coyotes over that way. She's been watching them and says they don't pay attention to her as long as she don't get too close. She even had them named."

They unloaded the horse and put him in the corral. "Maybe having a new horse all her own will take her mind off the coyotes," Lum commented. "How'd your kids do running horses?" Clint asked. "See any sign of the sorrel stud bunch that runs over on Egli Ridge?" "Curly said he saw them over the other side of the mountain a couple of weeks ago, but we didn't see any sign of them," Lum replied.

"Heard anything from Curt?" Lum asked. "Clint looked at the



real important to him before long." Lum stood up. "Guess I'd better get going. We have to be back to Summer Lake tonight."

Clint walked to the truck with Lum. "I sure thank you for thinking of Nancy. She'll be tickled pink."

Lum got into his truck, waved and was on his way down the driveway.

Clint turned back to the corral. Man and horse stood, looking each other over. "Well, Dandy, I sure hope you live up to that name for our dandy little girl,"

Later, after Nancy was in bed, Annie asked Clint, "What's on your mind?" "Well, I've been thinking. Youiknow I planned on trying to run in that sorrel stud bunch, figuring Hamilton's filly is with them. Lum said the Rhoner brothers left a couple of drift fence gates open. I'm wondering if I should wander over to the Rhoner ranch, see if I can find anything there."

Annie said, "Sounds to me like you'd be smart to drive over there, you could get over and back in half a day. "The Rhoner brothers are pretty close-mouthed especially Gus. I might not find anything, but I'll give it a try," Clint said.

Clint had only been to the Rhoner ranch a few times. The buildings were set in the middle of small valley that looked dry and barren, with no trees or grass. A few flowers by the front door made a small splash of color to relieve the somber look of dry earth and unpainted wood. A dog stood in the shadows, watching Clint as he got out of his pickup. There was



Located Across from Flowerree Park in the Heart of Christmas Valley

JULY 2022

And Again... we go from Cold to 90 degree temperatures. Hopefully Ma Nature has settled down to a more normal pattern.

My gals are happily gathering the bountiful crop of Russian Olive nectar. It too was about two weeks late in blooming yet again.

One thing to mind during the heat of June is to make sure that your colonies have a source of water. As mentioned in previous articles, even though they are gathering lots of liquid gold they still need the basis of life, water. During HOT days the girls will bring in water to the hive and some will fan their wings to create a mini swamp cooler, just like what we use to keep our homes cool; same process just in a much smaller scale.

I inspected my hives again and all are well except one of the packages. It is pooping along and still and has not expanded like the rest of the colonies. It has filled only one deep brood box. Lazy queen I suspect. I will giver it another couple of weeks and inspect again. If she is still being lazy I will order a new queen and replace her.

June 21 was the Summer equinox and now the Queen Mother senses that she needs to start scaling back on her brood production. How does she know that ??? Eons of evolution I would surmise.

The girls, this month, are gathering as much nectar as possible in preparation for the upcoming dearth and winter. Do a weekly check if you have the time, but if not, make sure to be aware of any

The Community Breeze

BEE-Cuzz You Asked JUNE and the Bees

By Gary A. Brain Summer Lake Apiaries

changes.

activity around

the entrance.

So what changes might you notice? If you look at your hives each day or two, you might see a decline in

This may make the girls supersede or abscond or just get angry, especially toward the later months of Summer

> and Fall. Bee vigilant, but not overly curious.

> Some new beekeepers may think if sugar water is good, then

real honey

Take the time to investigate; the colony might have swarmed out and thereby taken more that half of the girls with the old queen. Not to worry too much but

just make sure in a week or two you check to see if you still see new eggs and brood.

A mistake Beekeepers tend to make is opening the hives too often.

will bee even better. This may bee a serious mistake. Honey from other hives from outside your homeland that is fed to your girls

may bring in unwanted diseases. Some of the worst diseases can bee spread by tainted honey. Better to feed sugar water that to risk introducing such diseases

as foul brood.

Another big OOPS from your (my) standpoint is skimping on protective gear and/or not mak-

ing sure you are zipped up! Personal experience; I got in a hurry to work bees and did not zip up my suit. In short order my stomach and chest were on fire with multiple stings! You see experienced beekeepers work their bees with just a veil - more power to them. I have tried it a few times but...stings HURT! Bee sensible, suit up.

Not using your smoker is a biggie. I first thought, "Why torture the girls with smoke?" Bee cuzz it Calms them and distracts them! Isn't it better to work your girls with some smoke rather than being bombarded by angry bees? The smoke distracts them and blocks chemical signals the girls send to one another which could help them better organize a defense against you.

Another mistake some new beekeepers make is to hurry through an inspection. The girls will pick up on that and may get agitated. As Woody said in an episode of Cheers, "No Sudden Movements!"

I have learned that the IN-TERNET has a wealth of knowledge just waiting for you to gather. Expand your horizons!

Just when you think you know what is going on, you might just bee surprised by the Queen Mother and her girls.

Bee Safe this summer!



Desert Dandy Continued from page 5

nothing about the place to make him feel good about being there. Other ranchers said you didn't want to look things over too closely or you might see one of your own cowhides drying on the fence or your best horse in the corral with a worked-over brand. He had ridden with Gus and Hank Rohner and was well aware of their volatile personalities.

Hank Rohner appeared from the direction of the corral. "Well, if it aint the Cub," he said. He seemed glad to see Clint, but was still wary. Clint grinned, "That brings back some memories, Hank. Nobody's called me Cub for so long I'd about forgot anyone ever did." The two men shook hands. Then Hank pulled out some papers and a sack of Bull Durham tobacco and offered them to Clint. "No thanks, I quit smoking a long time ago. Probably half kill me if I tried one now. I'm not near as tough as I thought I was when I was a kid back there on the P Ranch." They fell to reminiscing about the famous P Ranch and the people they had known there. Hank said, "Remember that cook we called Cougar, how he would threaten to cut the balls off the kid that swamped for him. That kid tried to bury the knife when Cougar was asleep, but Cougar planted a bullet right beside the kid."

"Yeah I remember him," Clint replied. "We all walked soft around that chuck wagon. Remember that guy that snored so loud we all got together and packed him outside, bed and all? He was about froze when he woke up and couldn't figure out where he was. And then Red decided to pull some prank on Grizzly, only Grizzly wasn't asleep and he was looking down the barrel of a gun. Old Grizzle said, real quiet like, "Were you planning on having some fun, Red?" Red was

so scared everything but his hair turned white."

"He should have known better than to fool with Grizzly," Hank said. Clint replied, "Grizzly was the smartest man I've ever known. I don't know why he took a shine to a green kid like me." "By God, that's right!" Hank exclaimed. "I forgot you and him left the country together. The Grizzly and his Cub."

"You didn't mess around with him any. I found that out the two years I spent with him. He taught me a lot, but he was a hard teacher sometimes. Of course, prospecting and trapping in Alaska can be a might rough life. Made me wish I was back on the P Ranch a few times," Clint remarked.

"I don't know where all the old buckaroos has gone," Hank said. "A couple of 'em is dead. Old Gabe died in the saddle. The boys he was riding with noticed he hadn't said anything for a while. When they rode over to see if he was OK, damned if he weren't stone dead. He'd spent so much of his life sitting on a horse, he just kept on sitting there after he died."

"Hope I'm lucky enough to go that way," Clint commented. "Me too," Hank agreed.

Clint tried to remember all the buckaroos he had ridden with. "Some of the boys tried ranching on their own, but most of them gave up and went to work for someone else. Near as I know, you and Gus are the only ones tried to make a living running mustangs."

"It's a hard way to make a living. I had to get into the cow business some on the side after Dolly and I got married and started having kids." Hank said. "Well, a man's doing well to live off the cow business most of the time. Once in a while

you get a good year or two," Clint said. "I've run a few mustangs to get me over a hump a time or two."

Clint decided it was time to get to the reason for his visit. "Talk about running horses, that's what I came to see you about. I reckon you heard about that guy that lost his horses when his pickup and trailer wrecked out north of Wagontire. We found one of the horses, and thought the other one was dead. But I have a hunch she's with that sorrel stud bunch. I figure Hamilton would pay



a good reward to get that horse back. Lum said you and Gus were riding out that way, so maybe you have seen them."

"That horse you're looking for, is it a long legged chestnut mare," Hank asked. "She aint branded." "No, but she's tattooed," Clint responded.

"Gus went over to the reservation looking for his woman and got into a game of hands with a bunch of the bucks over there. They plumb cleaned him out, even got his pickup. He hitch hiked home, no woman, no money, and sore as a boiled owl. That's why he was running horses, trying to make up for what he lost. He liked the looks of that mare, so tried her out. All he could think about was beating them Injuns. You know how they are about racing. He took the mare over there hoping to come back with his woman, his pickup and all their money."

"I didn't know Gus had a woman," Clint said. "He married a Klamath, calls her Buttons. They was always fighting and making up, but one night they came home from partying in Burns. He made her ride in the back of the pickup. They seemed to make up after that but she still had fire in her eyes. One day she sneaked up and took a shot at him. Gus got mad and let out a roar, ran straight at her. She dropped the gun and ran like a scared rabbit. Got on her horse and left the country."

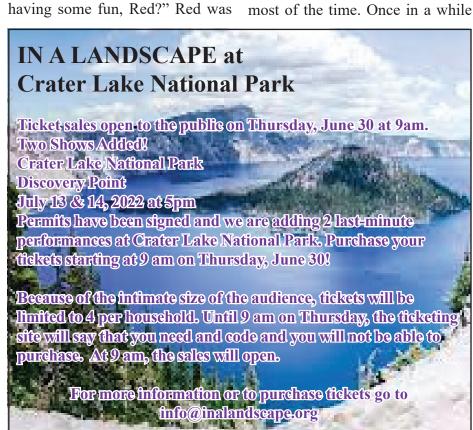
"About a week later Gus heard she was back on the reservation. He gave here a couple weeks to cool down, then went over to bring her home. That's when he got into that game of hand."

"Well if Gus wants to see if there's a reward, he can get the address from me. It's been good talking about the old buckaroos and the fun we used to have," Clint said. Hank grinned. "Yeah,

I miss the good times we had. Stop in any time you're in this part of the country."

They shook hands and parted on much friendlier terms than Clint had expected. Of course, Gus had not been there, that made a huge difference. Hank seemed to be mellowing with age, but didn't sound like Gus had changed any.

Clint's thoughts tumbled inside him as he drove home. He would rather just about anyone but Gus had Hamilton's mare. Gus was moody and unpredictable. He always used his horses hard. What would his reaction be when he found out about Dancing Leaf and her true owner? The real question would be what kind of reaction the Indians would have if they found out the truth. The possibility of a reward was sure to help sway Gus's mind, even though the reward was totally a figment of Clint's imagination.



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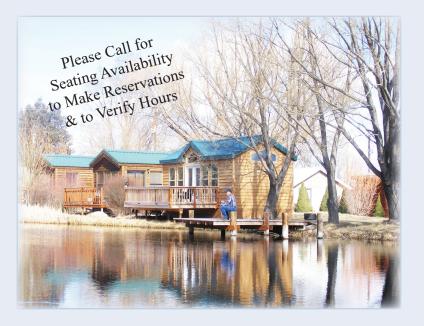
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Sid from Sid's Fresh Produce gifted me with a container of beautiful strawberries. They were yummy and I wanted to do something different with them than the usual shortcake. With company coming, I needed a simple dessert and this fills the bill. Top with whipped cream and serve.

2 Tbsp Butter 1/4 Cup Brown sugar 1 1/2 Cup Strawberries,

sliced at least 1/4 " thick 1 1/3 cups unbleached Flour

1 tsp Baking Powder

1/4 tsp salt

1/4 tsp Baking Soda

1/4 tsp Cinnamon

1/4 tsp Nutmeg

1 Stick Butter, room temperature

3/4 Cup sugar

1 Large Egg

1 tsp Vanilla Extract

2/3 Cup sour Cream

Preheat oven to 350°. Butter a 9 inch cake pan. Line with parchment paper, buttered.

Strawberry Upside down Cake

Melt butter in the cake pan in oven. Stir in Brown Sugar and spread evenly over bottom of pan. Then arrange sliced Strawberries evenly over the Butter/Brown Sugar mixture

Whisk together Flour, Baking Powder & Salt in a medium bowl. Set aside.

With an electric mixer, cream Butter and Sugar together. Scrape bowl and add Vanilla and Egg. Beat on high for about 3 minutes, stopping to scrape bowl occasionally.

With mixer on low speed, blend Flour into wet mixture, alternating with Sour Cream until smoothly combined.

Scrape batter into pan and carefully spread over the Strawberry layer. Bake for 35 - 40 minutes or until toothpick inserted in center of the cake comes out clean.

Cool cake in pan for 10 minutes or so. Run a knife around the edge of pan. Lay cake platter on top of pan and invert the pan and plate. Let settle for a few minutes and slowly lift the cake pan off the now upside down cake.

Serve warm topped with freshly whipped, slightly sweetened Cream and more sliced Strawberries. A colorful addition add a few blueberries to the Strawberries.

CHINESE CABAGE SALAD

1 Medium Napa Cabbage 1 Bunch green onions, chopped fine 1/2 Cup sliced almonds

1/4 Cup Sesame seeds

DRESSING

1/4 Cup light olive oil 1/4 Cup fresh lemon juice

Tablespoons honey

teaspoon salt

Table spoon Live for Health Curry Powder Shred or cut cabbage fine. Mix with green

onions.

Lightly toss almonds and sesame seeds in a dry frying pan over medium heat then add to cabbage.

Mix dressing ingredients together in a jar. Just before serving toss cabbage with dressing and serve. Serves 8.





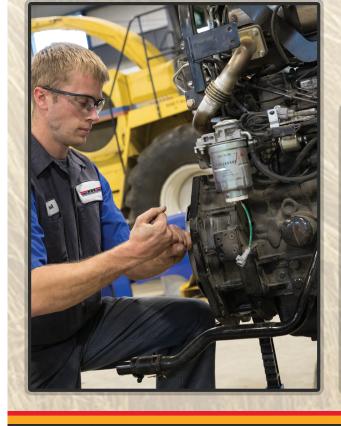


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OPTOMETRIC PHYSICIAN

Timothy Arbow, O.D. by appointment: (541) 554-9888

CHIROPRACTIC PHYSICIAN

Helmut E. Eichner, D.C. by appointment: (541) 633-6563

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We are looking for volunteers willing to drive their own vehicles and provide rides for people for: appointments, shopping, and social outings.

We reimburse you mileage using the current IRS guidelines. You will need a reliable vehicle and are required to provide proof of a valid driver's license and insurance.

If you would like to be a part of our team please call us at 541 943 3551. We are a part of Lake County's Public Transit System.

NORTH LAKE HEALTH DISTRICT BOARD POSITION VACATED

The North Lake Health District announced that with the resignation of a current board member they now have a position to be filled. If you are interested in being appointed to this position you are urged to contact Karen Morgan for information and application procedure.

Please note that to be eligible you must be a registered voter for the prior six months and must reside within the District boundary.

Karen Morgan: 541-261-9332

Dr. Helmut Eichner

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Lake Clinic



"Every day I'm blessed to help people with headaches, migraines, chronic pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, carpal tunnel syndrome, numbness in limbs and athletic injuries, just to name a few. I often see people who've come to me as a *last resort*. I'm a chiropractor, and I do things differently. I'm not going to give you medications to cover up symptoms. My job is to get to the root cause of health problems."

Call Dr. Eichner at 541-633-6563 to Schedule your appointment

Dr. Timothy Arbow, O.D.



Dr. Timothy Arbow, Optometric Physician has been providing eye care to North Lake County for over nine years. Born and raised in Bend, he has a strong connection with Lake County through a long held family ranch in Silver Lake. Over the past 40 years he has practiced with offices at times in Christmas Valley, Bend and Eugene. The main office is now located in Eugene. The office staff and Dr. Arbow are dedicated to providing excellence in patient care, education, and optical services.

Dr. Arbow is a graduate of Seattle University and the College of Optometry at Pacific University, where he received his doctorate, and currently serves as a Pacific University adjunct Clinical Professor. As a dedicated health care professional, Dr. Arbow has been thoroughly educated and trained to provide you and your family with the highest standard in eye care.

He is a Board Certified diplomat of the American Board of Optometry. He is also a member of: The American Optometric Association; The Oregon Optometric Physicians Association and The Lane Optometric Society.

Dr. Arbow is a past president of the Eugene Jaycees and an active member of the Eugene Downtown Lions Club. For the past 20 years he has served as the Chairman of the Sight and Hearing Committee providing eye and hearing care for those in need. He was named a Helen Keller Benefactor by the Oregon Lions and has received the Spirit of Service Award by the Oregon Lion Foundation. He also serves on the Board of Directors for Eugene Hearing and Speech Center and chairs their foundation.

Dr. Arbow provides primary eye care as well as routine vision examinations. He is experienced in diabetic eye care, cataract pre and post-surgical care, glaucoma detection and management, and LASIK eye care.

A proud grandpa, he enjoys sharing his love of North Lake County with his wife, Susan, his three children, their spouses and six very special grand kids.

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Psychiatric Mental Health | 2nd & 4th Tuesday each month

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The Prospector and his writing travel a path that has many curves and bends along the way, but in the end an interesting destination is reached. So spend a little time mulling over the journey and if you are curious like me, you may find yourself getting ready to do a little exploring.

Growing up during the Great Depression and the beginning of the

Motion Picture Industry in Glendale, California, Marion Wayne would drop his dog Duke off at the local fire house to be watched over while he was in school. The firemen would call them Big Duke and Little Duke. That suited Marion Wayne just fine because he didn't like his name Marion anyway. The firemen he greatly admired would send him home with milk for his cat - even though they knew he didn't have a cat.

No matter who he was introduced to, he responded, "Just call me Duke."

Now, in his own words on family and friendship.

"I've tried to live my life so my family would love me and my friends respect me. The others can do whatever the hell they please."

I've always followed my father's advice. First to always keep my word and second, to never insult anybody unintentionally. If I insult you, you can be damn sure I intended to."

"I'm a demonstrative man, a baby picker-upper, a hugger, and a kisser - that's my nature."

Any man who would make an X-rated movie ought to have to take his daughter to see it."

"I don't want ever to appear in a film that would embarrass a viewer. A man can take his wife, mother and daughter to one of my movies and never be ashamed or embarrassed for going."

"I play John Wayne in every part regardless of the character, and I've been doing okay, haven't I?"

On acting, he always made it look so easy.

"Out here, due sincerity, and I've been selling the hell out of it ever since I got started.
I've played the kind of man I'd liked to have been. I won't play anybody

"Out here, due "Out here, due "Out here, due "I've played the kind of man I'd liked I'n Harm's Way

DUKE By The Prospector

"There is no one who more exemplifies the devotion to our country, its goodness, its industry, and its strength than John Wavne."

President Ronald Regan

dishonest or cruel or mean for no reason. I've killed men on screen, but it was always because they didn't follow the code."



John Wayne the actor spoke the following words in his films: John Wayne the man stood by them.

"Well, there are some things a man just can't run away from." Stagecoach

"Winning isn't everything, it's the only thing." Trouble Along the Way

"We brought nothing in this world, and it's certain we cant carry nothing out." Red River

"I'm looking at a tin star with a drunk pinned on it." El Dorado

"Life's tough. It's tougher when you'r stupid." Sands of Iwo Jima

"Sorry don't get er done." Rio Bravo

"Well, if you saw them, sir, they weren't Apaches." Fort Apache

"Every time you turn around, expect to see me, `cause one time you'll turn around and I'll be there, and I'll kill you." Red River

"I'm on your side, lady. It's my only politics. Anti-wife. Any woman devotes herself to making one man miserable instead of a lot of men happy, don't get my vote." North to Alaska

"Out here, due process is a bullet." The Green Berets

hell out of it ever since I got started. "All battles are fought by scared men who'd rather be someplace else." I've played the kind of man I'd liked In Harm's Way

"There are a lot of wonderful things written into our Constitution that were ment for honest, decent citizens. I resent the fact that it can be used and abused by the very people who want to destroy it." Big Jim McLain.

God and Country

"Sure, I wave the American Flag. Do y ou know a better one? We've made mistakes along the way, but that's no reason to start tearing up the best flag God ever gave to any country. I'ts kind of a sad thing when a normal love of country makes you a 'super patriot,. Give the American people a good cause and there's nothing they can't lick. Our country thrives on change -- no guns or bombs or Army coups -- just the biggest and best weapon of all, our right to vote S's on paper. The ballot box, a good thing."

"Sure I love my country with all her faults. I'm not ashamed of that, never have been and never will be. Success is not measured by your wealth, but in your worth. Honorable men and women have a right to stand up for the things they hold dear. That's the American way."

"A man's got to have a code, a creed to live by, no matter his job. When the road looks rough ahead, remember the Man upstairs and the word Hope. Hang on to both and tough it out.

"You may disagree completely with what I say, but I will defend to the death my right to say it.."

In a Los Vegas nightclub the performers asked Duke what his favorite song was so they could play it for him. His response was "No, if you play my favorite song, everyone will have to stand."

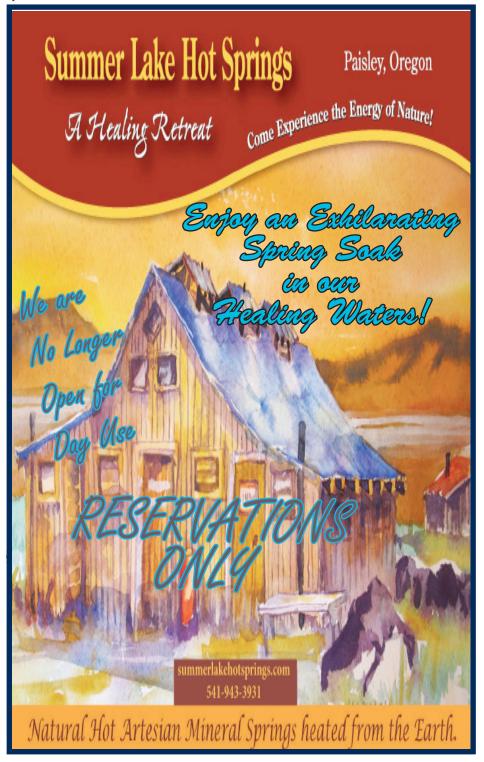
The Best Duke Motion Picture. He said it is the overall essence -- "Over the mountains of the moon: Down the valley of Shadow, Ride boldly ride the Shade

Happy Independence Day!

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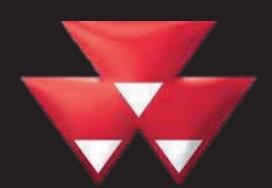
DJ Olson, Owner 16605 Assembly Way, La Pine



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JULY Crossword

Across

- 1. Use a hammock
- 5. Botches
- 10. "A Life for the " (Glinka opera)
- 14. Friend in a fray
- 15. Baseball Hall of Famer Combs
- 16. Bumpkin
- 17. It can hold its water
- 18. Culminate
- 19. Vigoda and Lincoln
- 20. "Carrie" actress
- 23. Post- opposite
- 24. Accustom to hardship
- 25. Supermarket reading
- 27. Bench press unit
- 28. Not quite shut
- 32. Money-hunger
- 33. Leveling-off point
- 36. Some binary digits
- 37. Large, sleek swimmer
- 40. Hooligan
- 41. Abu Dhabi, e.g.
- 42. More sagacious
- 44. Either of two extremes
- 45. The Buckeyes, briefly
- 48. Performing
- 51. Displaying enthusiasm
- 53. Be seen among moguls
- 54. Beach burrower
- 58. Shade of blue
- 60. Take an oath
- 61. Doll's cry
- 62. Fishing bird
- 63. Takes notice of
- 64. Churchill's successor
- 65. "Over here!"
- 66. Beginning
- 67. End of the year word

Down

- 1. Hammer is one
- 2. Jerry's pal
- 3. Blunder
- 4. Aerosmith frontman
- 5. Experience
- 6. Turner of film
- 7. Official language of Pakistan
- 8. Words on a jacket

- 9. Picture tone
- 10. Singing syllable

14

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- 11. Court summons
- 12. City of Scotland or Maryland

- 26. "Gladiator" Oscar winner
- 29. Make fun of
- 30. "Up and !"
- 31. Fix, as a pool cue
- 33. Washington sound

- 38. Cosmonauts, e.g.
- 39. Head on the range

- 13. Fixes the lawn
- 21. Dominion
- 22. Work unit

- 34. Prefix with nautical
- 35. River to the Caspian Sea
- 37. Academic types

JUNE Crossword Solution

S	Т	0	Р	S		Ξ	Α	R	М		Т	Α	Р	Е
U	S	U	R	Р		0	D	I	Е		Α	S	I	Α
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I	Т	Е	М		Е	R	L	Е		Е	С	R	U	S
N	Е	Т	S		Е	Υ	Е	S		R	Н	Е	Т	Т

- 40. Ballroom dance
- 43. Brit. fliers
- 45. "Sweet Rosie (Betty Grable film)
- 46. Gobs
- 47. Refined
- 49. Thingamabob (Var.)
- 50. Astronomer Hubble
- 52. High points
- 55. Some TV rooms
- 56. Take on cargo
- 57. Formerly, formerly
- 59. Permit

Summer Word Search

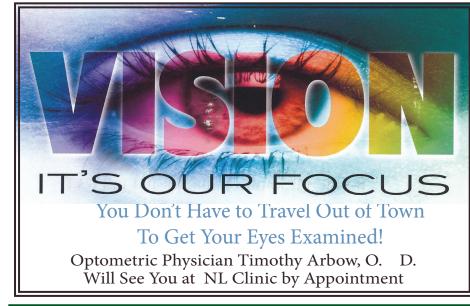
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С	е	S	r	m	е	i	С	n	n	а	f	а	у	b	r	p	r	S	I
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Beach Bucket Camping Diving Fan Frisbee Gardening Grass Hiking Play Relaxing Sandals Sea Sunflower Sunhat Sunscreen Sunshine **Swimsuit** Tan Thunder

Summer is one of the four seasons and comes after Spring and before Autumn. It is the hottest se son of the year. The Eiffel Tower grows in summer On a hot day the iron from which it is constructed expands so much that the tower can rise by 17cm!!









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Public Meetings

CV Boosters - 2nd Mon at 6pm at Booster Building

CV/NL Chamber of Commerce - quarterly (watch for posters)

CV Fire Board - 3rd Mon at 7pm at The Christmas Valley Fire Hall

NL Park & Rec - 2nd Tues at 9am at The Community Hall

CV Water Board - 2nd Wed at 6 pm at District office

EMS - 2nd Wed at 7pm at EMS Building

FT Rock Grange - 2nd Wed at 6:30pm at Grange

Ft Rock Historical Society - 2nd Tues-10am at the Museum

FR/SL SWCD - 2nd Thurs at noon at Silver Lake Fire Hall

Lake Co. Hay & Forage - 1st Thurs at 6pm at Lodge at Summer Lake

Lions Club - 2nd Mon at 6:30 am at Silver Lake Fire Hall

NA Wednesdays at CV Community Hall at 7pm

NL Health District - 1st Mon at 5pm at North Lake Clinic

NL School Board - 2nd Mon at 5:30pm at the NL School library.

SL Rural Fire Dist - 2nd Mon at 7pm at Silver Lake Fire Hall





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