Serving the North Lake Communities of Christmas Valley, Fort Rock, Silver Lake, Summer Lake & Paisley & Southern Deschutes County

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terryonitsway@aol. com

# Light Parade Fun Mace Family



By Gloria Heglar

Happy New Year: as I see it





Home on the Range

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# Thoughts on Past, Present and Future

Christmas in Christmas Valley was a bit blustery, yet not terribly frigid. There were two community dinners, one at the Community Hall and one at The Inn at Christmas Valley. Both were gifts - no money necessary. These meals provide a wonderful space for the many folks out here that are far from family.

Our annual Light Parade had fewer than usual participates but the floats were great - so bright and so pretty. The town however saw very few businesses decorate. With a name like Christmas Valley it was disappointing.

On the other hand there were many homes that really went all out this year and many photos of their efforts are scattered throughout this

Now that the holiday season is over and winter is chilling the air it's time to set plans in motion for 2019.

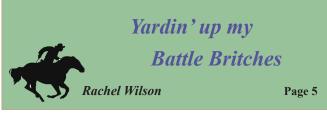
We will have a bond measure on the May ballot seeking matching funds for a major facilities upgrade of North Lake School.

I know we all hate new taxes but our school is aging and in many areas out of date. This is a chance to acquire major funding from lottery dollars and a chance to ensure our children and grandchildren have as good a facility as possible in which to learn. There is an announcement regarding this issue on page two.

Below is a photo of the Foust's home in Summer Lake. They just love to decorate and each year add more to their display. They are the winners for best lit home - it is stunning.

We at the Breeze wish all a wonderful, healthy, happy New Year and look forward to sharing this fun publication with readers throughout 2019.

The Editor



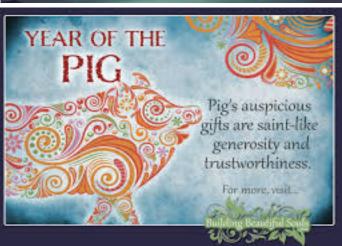


Bee-cuzz You Asked December and the Bees
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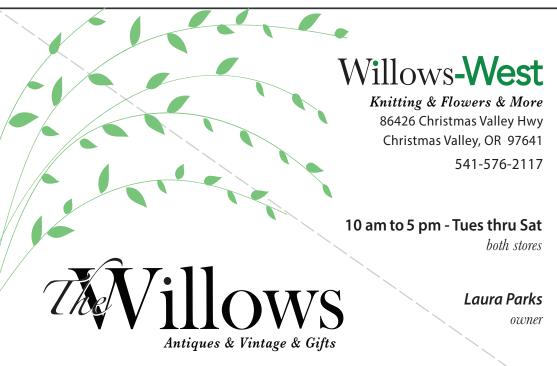
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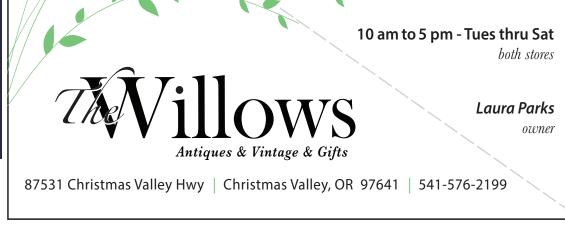
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# Comings and Goings

By Terry Crawford

Already, another year has sped by. I never really understood the saying, "Time Flies" but as I grew older I realized I, as we all are, am living that phrase. One day you are defining your youngsters age in days, weeks and months and suddenly it is in years then decades. I think we all ask, "Where did the time go?" Well it flew by, because we were living it rather than counting it.

About a week ago I got some help bringing in a small trunk that came with me when I moved to the area nearly 12 years ago. It ended up in the shop and there it sat - pretty much forgotten. Oh sure I would see it and think I ought to get it in and go through it, but somehow I just didn't get around to it.

Even after it was sitting in my office it took me another week to remove the locked hasp and take a look inside. I wouldn't describe my rediscovery as similar to a kid in a candy store, but it was close.

I had an idea what was in it but after so many years I really wasn't sure. I thought there might be one of my mother's Cranberry Glass Hurricane lamps, and maybe some old linens, but other than that I had no expectations.

With the exception of some long forgotten art work I did in college, everything was wrapped, or packaged and so the fun began.



On the very top of the pile was a large olive green scrap book. I remember putting it together for my mother. It is filled with photos, some going back to WWI of my Grandfather and the thoroughbred horses he raised for the Army. Pictures of my mother long before she met my dad, many with her first boy friend. He was a handsome devil. I don't know what happened to that romance. There were snap shots of my parents, and of me and my sister when we were little.

Anyway the scrapbook is a bit worse for ware but I will spend some time this winter re-doing it in the hope that my kids and grand-kids will get some enjoyment as they get glimpses of family past.

The college art was a great find. A series of three charcoal drawing of a very elderly woman who lived in Felton in the midst of the Santa Cruz Mountains. She was terribly hunched and always wore a large, long black coat as she walked through the town pushing a wire cart filled with food for the town cats. She was a fixture and always watched after by the town's people. I guarantee that she never had to spend her social security on the cats because we all donated money to the local stores to make sure she didn't. The drawing were based on an article about her in the local weekly.

There were three cardboard boxes. Two of them held cranberry glass hurricane shades and the other the bases for the lamps. Wow!

See Comings and Goings, Page Eight.

#### Letters to the Editor and Editorial Policy

Editorial commentary is welcome and all letters to the editor that are clearly signed with the writer's full legal signature and also include the writer's phone number will be considered for publication.

The following criteria will be applied equally to all submissions in determining a letter's appropriateness for publication: Letters may not include personal attacks, inappropriate language, libelous content, negativity which serves no other purpose than to harm or unverifiable facts. Letters are limited to 300-600 words. Letters may not promote businesses - to do so is considered advertising.

The Community Breeze neither supports or condemns any ideas, creeds, religions, customs, attitudes or beliefs and letters to the editor do not necessarily reflect the beliefs of its editor or its advertisers.

Please mail Letters to the Editor to *The Community Breeze* ATTN: Terry Crawford, 85450 Christmas Valley Highway, Silver Lake, OR 97638.

### The Community Breeze

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Editor: Terry Crawford 541-480-0753 - terryonitsway@aol. com

**Deadline: The 20th the month** 



# North Lake School District #14 receives conditional \$3 million in construction grant

The State Legislature passed SB 447 in 2015. The law is entitled the Oregon School Capital Improvement Matching Program (OSCIM) and provides matching funds for construction upgrades to Oregon Schools. The program provides pools of money for priority schools and funds for schools selected through a lottery.

Priority schools are often aging schools and schools whose infrastructure is no longer in compliance with state and federal standards. The lottery schools are schools whose application is selected randomly.

After several attempts in the application process North Lake was selected in the lottery to receive \$3 million dollars for construction costs on classroom additions and upgrades. North Lake is also eligible for an additional \$1 million from the lottery pool if other variables are met.

These are matching funds. To receive the \$3 to \$4 million for upgrades to our school North Lake would have to successfully pass a bond of comparable size in May.

The North Lake Facilities Committee was formed in the 2015-16 school year consisting of community members representing all three of our communities (Fort Rock, Silver Lake and Christmas Valley) and have met multiple times to evaluate and assess the needs of our school. The Committee members (past and present) consist of: Mike House (Chair), Clayton Sharp, Cassie Pierson, Shelley Strong, Scott Duffner, Sonny Forman, Josiah Fritz, Darrell Krabill, Connie Ramage, Chad Waldron, Gail Buermann-Neumann, and David Kerr.

Through other grants the Committee has completed a Facilities Assessment, a Long Range Facilities Plan as well as a conceptual design that they will be presenting to the community in various forums and locations starting after the first of the year.

This is a great opportunity for our community and we look forward to sharing details of the project!

David Kerr

## Happy New Year as I see it!

By Gloria Heglar

People say those of us who stay up until the ball drops are considered optimists and those that

go to bed early are pessimistic the future. Like in all things, our world has some of each to wake up the next morning but January 1, 2019

Gloria Heglar

We all get 365 days to start over again, or as Oprah says, "It's a chance to get it right this time." We all, in

begins the same for each of us.

spite of our health, wealth, or personal circumstances, have a choice in how we spend the coming days. You are free to seek options in your life if you would choose to use them. I heard a joke once that said, "My grandparents used to resolve every year to give more money to help the needy, myself, I woke up this morning hoping to find out who drove me home from the party so I could thank them."

We all have a 2019 planner, a cute puppy calendar or in my case the Paisley VIP's calendar to write our hopes and dreams, goals and obligations for the New Year on. For me, at the top of the first page I just write one sentence; "I resolve to be a better person this year." That short statement can create new ideas, new dreams act as a guide to a simpler life, a less stressful life style.

If nothing else works, some good advice I have heard was, "When Oprah talks, listen!" At least it may make you smile

Let me end this column on this note. Let's look back to the past at a poem penned by Edgar Guest.

"Prayer for the New Year"

Lord, as the New Year dawns today
Help me to put my faults away.
Let me be big in little things;
Grant me the joy which friendship brings.
Keep me from selfishness and spite;
Let me be wise in what is right.
Grant that I may bring no tear to any eye.
When this New Year in time shall end;
Let it be said I've played the friend,
Have lived and loved and labored here,
And made of it a happy year!

#### **Beautiful Montana Silversmith Jewelry**







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#### Thoughts on food & community.

My grandfather would always say "Listen Up!" January is the month to listen up. Clean the cupboards and make a list of what you have. Clean the refrigerator and make a list. Gather your courage, then open the freezer slowly and see what lurks beyond the ice. Make a list. If you can do this, you can conquer the world! At least your world.

When I lived in the Portland area I taught classes in Kitchen Economy and International Foods. Kitchen Economy isn't about being cheap or eating inferior food. It is about knowing what you've purchased and how to use simple ingredients. Students were from all walks of life and all income levels but they were all willing to take the challenge of drastically reducing their food budget.

#### JANUARY PORRIDGE

Though these ingredients may seem long and expensive, they will become staples that you can use for many things. Also after you look at the cost of the boxes of cereal you buy, you will be thrilled with this. The recipe makes enough to reheat and can last a week. Feel free to double or triple it.

1/4 tsp 2 c 1/4 C real maple syrup 8- grain cereal 2 Tbsp brown sugar 2 Tbsp molasses 2/3 c1/3 c chopped walnuts raisinsginger  $\frac{1}{2} tsp$ cinnamon  $\frac{1}{2} tsp$ ½ tsp nutmeg

Bring the water and salt to a boil in a large saucepan, reduce heat to medium low. Stir in cereal and cook several minutes, stirring frequently. Add the syrup, brown sugar, molasses, walnuts, raisins, cinnamon, ginger and nutmeg. Mix very well. Put into a well-greased baking dish. Bake, covered, for 40 minutes. Serve with milk.

#### BREAD PUDDING with GLAZED CREAM, from Le Ruth's

Bread pudding represents the height of kitchen economy: it uses up stale bread, is inexpensive and feeds a crowd. Yet for years I'd make bread pudding and be disappointed. I was using an old recipe, so why wasn't it better? I'd always think somewhere out there someone knew the secret. Well, in New Orleans they know Bread Pudding!

½ stickbutter, softened4eggs2½ csugar1 qtmilk1 Tbspvanilla¼ tspmace

¾ c raisins 1 loaf plain French bread, cubed

Topping

 $\frac{1}{2}c$  half & half  $\frac{1}{3}c$  sugar

½ stick butter

Spread softened butter over a 9x13-inch baking pan. Mix eggs, sugar, milk, vanilla and mace in a bowl. Stir in the raisins. Add bread and allow to soak 10 minutes. Pour this mixture into the buttered pan. Bake at 375 degrees until pudding is almost firm. Remove from oven. Increase oven temperature to 425 degrees. Carefully pour half & half over the top, then sprinkle on the sugar and dot with butter. Return to oven and bake 10-15 minutes to allow cream to set.

Although this recipe is neither inexpensive nor low-fat, it does show what can be created with simple ingredients. Therein lies the secret to kitchen economy: buying smart, managing what you have and using ingredients imaginatively.

At the end of one of the Portland classes I looked out the window after a class and saw two women with plastic bags and measuring cups standing by their cars. No, it was not a drug bust going down. They were trading pasta for rice, cup by cup, and laughing. Those two eventually started a small food co-op. There is a life lesson in all of this — simple ingredients.

Start today with some kitchen economy!



# The Community Breeze From This Angle: Home on the Range



Toni Bailie

Home is that place that wraps its arms around me when I cross the threshold, kick off my shoes and snug-

gle into a favorite chair. In winter, a fire glows in the wood stove, warming body and soul. Early morning sun streams through the window as the plants on the sill lean toward the life-giving rays.

Home is my private sanctuary where feelings of security and belonging abide. For me, a home includes book shelves with volumes beckoning me to delve into their pages. There will be a dinner table with enough chairs to welcome friends for a meal and conversation. Home is where my dearest friend, my husband, shares our quiet lifestyle here in the Oregon Outback. Our years of memories and inside jokes are special to both of us.

Oregon's high desert is my soul's home. If I've been in the crowded city, driving south on Highway 97 congested with speeding cars and trucks, I breathe a sigh of relief when I turn on Highway 31 and return to God's country. Cresting the summit at Picture Rock Pass, the Summer Lake Valley spreads out

By Toni Bailie

before me. Something held tight inside me relaxes and my spirit opens to the big sky and expansive vista.

On my morning walks along the Chewaucan River, I silently greet my outdoor neighbors – swaying cottonwoods, a red fox streaking across the pasture, Sandhill Cranes flying over, trailing their warbling cries behind them like a banner.

Here in the small town of Paisley, I feel at home with my friends and neighbors. We are like a big extended family, and yes we can be a tad dysfunctional at times. A trip to the post office usually becomes an extended visit with a neighbor who updates me on the events of their life. Getting my hair cut at Dee Ann's shop or dropping by the mercantile for a jug of milk keeps me posted on the latest community news bulletins. Did I mention potlucks? Shared food is a way to express caring at memorial services in the Community Center, and benefit

dinners raise money for local individuals when medical needs arise.

My daughter in Albuquerque is undergoing treatment for throat cancer, so I will be flying there in January to be a support during that time. The prognosis for cure is optimistic, but the treatment has harsh side effects. As I prepare for that journey and indefinite stay, I find myself already feeling homesick for my friends, my husband and my home town, the community that feels like family to me.

# **Sheriff's Report**

Submitted by Sheriff Mike Taylor

November 27 Deputies were contacted at the Sheriff's Office regarding a fraud investigation. The

victim advised he had received a phone call from an individual who was representing himself as an employee of his bank. The individual on the phone asked the victim for personal information regarding his social security number, date of birth and his mother's maiden name. The victim supplied the information and the phone call was terminated. At the beginning of the month the victim did not receive his social security check so he telephoned his bank. The victim was informed that

his social security payment had been forwarded to a different bank and deposited into a new account. The Social Security Administration is currently investigating the incident. The investigation is ongoing.

November 29 Deputies responded to North Lake Towing to inventory the contents of a vehicle which was impounded as a result of a traffic stop. The vehicle involved was a black 2018 Chevrolet pickup. While inventorying the contents of

the pickup, multiple items related to drug paraphernalia was discovered throughout the vehicle. A lock box was noticed under the front driver's seat that was secured

by a dial combination lock. The box was secured to the seat adjustment bar by a cable lock. A black tarry substance was found in several tin foil containers and on a glass pipe. The substance field tested positive for heroin and was seized as evidence. The lock box was seized and its contents unknown pending a request for a search warrant. The two subjects in the vehicle were arrested for drug related crimes. Investigation is ongoing.

See Sheriff's Report page six



# Yardin' up my battle britches

With the coming of the New Year I often reflect on embarrassing moments, heart ache and tragedy reminding myself of who I was and who I can become. Sometimes I find myself laughing out loud, blushing, or even weeping over those memories. I take a deep breath, shake it off and look forward to the opportunity drawing breath gives me to do better; not that I won't certainly fail in the next year but I can at least give er' a good try!

Recently I was asked to work with a mare. She sounded pretty typical and I figured with Matt's help we could turn her around. After the first few sessions I learned in hurry she was text book nasty. After sustaining many small injuries, and close calls I began consulting other trainers asking their opinion as Matt's was, "She's not gonna turn around Rach, how many times have you got to get hurt by her to reckon with it?" I laid in bed rolling it around, all the advice from others in the business storming through my

head. Everyone saying she's no good and that she just needs put down. That's when I remembered June.

June was a herd spoiled filly. Four years old and never left

her mommas side and weighing in at easily over 1,000 lbs, she was a total pig of a mare. She was a bully, hard headed, insolent and straight up dangerous. Well the client wanted me to work with her and although I had told her I was only Matt's apprentice she insisted I be the main trainer. Well, I got her to the point of riding her but couldn't seem to get the runaway out of her when it came to gettin her a ways from our herd; soured, yuck! At one point she was so hell bent to get back to the herd there was no turning her and right into a fence she went; me aboard! Looking back now I should have never been riding her outside at that point but I was sure of myself and proud. I simply wasn't going to listen to a word of advice my husband had to give. This was my first real client and I was going to prove myself. Yeah right!

As the days went on things seemed to be ironing out. I felt I had her. She was starting to quiet down and I believed I had asserted my authority to the point that she respected me and we were getting somewhere. That's when it happened. I guess she caught me sleepin.

It was a warm quiet late spring evening and I had brought her to the tank to water. She was so quiet and

I was, for once, starting to By Rachel Wilson I had been taught but, that see the beauty in her. Proud that she was coming around and that I had done it all on my own. Matt had warned me I was "sneakin" around her but I was sure with the battles she and I had, I was on top. There we were, enjoying the beauty of the evening. I felt all these warm fuzzy feelings of bonding and trust welling up inside me as I

stroked her neck and rump. I decided I would show Matt how nice I had got her by riding her bare back down to the corral. I'd show him! I couldn't wait to give him the smug feminist

look of empowerment as I walked back into the house that evening. Boy was this going to be good!

I tied

the lead into

reins around

the halter

and jumped

up on her

stood quiet

She

back.

When I passed the music came to a string screeching halt and just as in every good comedy he exclaimed "Whaaaaat the hell happened to you?"

> a moment. Ahhhh victory, sweetsweet victory, when all of a sudden she raised her head like a buck in the rut and went blazing at a full run right down the trail. What the hell?! And yes I do mean hell! I saw my very life coming to an end as I remembered her disregard for the fence two weeks before. There she was headed for another fence that ended with the pavement of the 28 road on the other side. I could see myself flying off her back and landing on that pavement in a pile of broken everything! I decided I just wasn't a good enough rider to forge the storm. I would just get off her. I swung my left leg over her head and that's when things went from bad to well, beyond worse! Just at the moment of my bailing she leapt down a small embankment which offset me enough to lose my makeshift reins landing them around the toes of my right foot. Now you might think a pair of brand new wranglers are the toughest jeans a cowgirl could buy and that there would be no way a person could get drug by round reins but I will say my friend, those

> I landed on the gravel and with a jerk there I went dragging with no end in sight. I tried rolling over as

are proven myths.

only works in a stirrup, yep, rolling over on a rope rein just twists it up tighter around yer foot and increases the chances of being drug further! Ugh! Well, I finally came loose after about 15 yards or so and she went running on toward that fence just as predicted. I didn't care, let er' run that miserable so and so anyway. I had always



been taught to get right up after a wreck and so there I was trying to get picked up off the ground when I realized I couldn't stand. rolling up onto my hands and knees was about the best I could do. I felt the blood running down my shoulders and down my legs. I reached back to find no rear left in those new wranglers. And I knew I had no back on my shirt. To make matters worse, like clockwork, here came the forest service crew down from the mountain. Driving right on by mere yards from my fully exposed glory-- all I could do was laugh. I rolled onto the ground laughing through my pain and embarrassment. How could it be any worse than perfect strangers feasting their eyes on my bleeding buttocks and obvious failure? Then I remembered Matt. Ahhh geese. I had to suck up my failure and inadequacy to Matt. Huuuuu.

I gradually made it to my feet. Swept back my hair and assessed the damage; it was bad. There was no hiding this one. So I exhumed what I had left of my composure and walked right into the house without a word. There he was on the couch playing his guitar like every other evening. When I passed the music came to a string screeching halt and just as in every good comedy he exclaimed "Whaaaaat the hell happened to you?" Needless to say I bore shredded clothing and skin

See Yardin' Page nine





#### Here it is Late December and I am licking my wounds from a devastating loss of my winter colonies. A little history; I buttoned up my colonies in October checking to see

if all was well by weighing hives, checking for mites seeing if all was well with the Queen Mother, and treating as needed.

A couple weeks ago it was a warm December and the girls were out buzzing around so I thought it would be a good opportunity to visit the girls. To my dismay 16 out of the 20 winter colonies had no bees! AUGHHH!

I opened up most all of the hives to do an inspection and found out there were no dead bees, no bees at all. One would expect to see dead bees piled up on the bottom board if they died of diseases or parasites. Nothing only a few dead bees intermingled between the frames full of honey.

All of the dead hives had the top deep hive body stuffed full of honey. I have a call into the state Apiologist to chat about this with him.

## **BEE-Cuzz You Asked**

#### December and the Bees

By Gary A. Brain Summer Lake Apiaries



As I mentioned last month I will try to explain what a winter cluster is in a honeybee colony. Again, a complicated subject to be reduce to a few paragraphs.

If you have ever seen a winter colony of bees it is a marvel of nature. Unfortunately one cannot usually open a hive up and see a colony in full winter cluster as it is usually fatal to the colony unless it is a WARM windless day. Then Bee-aware they Will defend!

Rely on photos from the Internet to quench your desire to see this marvel of nature. Imagine thousands of stingers drawn to protect the Queen Mother and her offspring. Bee-cuzz bees are like frogs, fish and snakes, they are exothermic or cold blooded but, unlike most cold blooded creatures bees do not die off in the fall or hibernate but rather are active all winter eating and metabolizing honey to keep warm. The girls "shiver" to keep the colony warm by contracting their flight muscles against each other rather than on the wings. Confused? I went to college got a degree and still need to digest all of this stuff!

Back to the Queen Mother and the girls. Late in August or September and in our neck of the woods in

October, the Queen Mother starts producing "winter" workers. They are physiologically different than their summer sisters. The hemophilic (blood) protein is different than the summer girls.

The winter girls have put on some weight! This fatty profile helps the girls to last through the non-forging winter months. They will live four to six months compared to the summer slim gals that have only a 45-day life span.

The single purpose of the winter girls is to get the colony to spring. Most brood production stops as the colony is awaiting warmer days. Do not be surprised to see bees out and about on days that happen to get above the magical 45 degrees as they will take cleansing flights, they do not poop inside the hive. As the temperature fluctuates so does the cluster. It will expand and contract with the temperature to moderate the temperature in the hive.

As the temperature decreases, the cluster bee-comes tighter and more compact on the comb. The bees at the core maintain a temperature bee-tween 65 and 90 degrees while the outer layer of bees maintain a temperature from about 45 to 60 degrees. The exothermic layer of mantel (outermost layer) bees serves as an insulating layer for the inner bees.

As the cold winter sets in the cluster moves slowly upward and sideways to the honey stores, never downward. In the spring when you open your hives for inspection you will most always find the bees in the upper main body of the hive. The girls will rotate from the outside to the inside of the cluster to get food and warm up.

So that is the "Cliff's Notes" version of a winter cluster. Next month a few recipes for the honey you harvested from the girls and some more information about my loss. Stay warm and Bee Safe this winter.

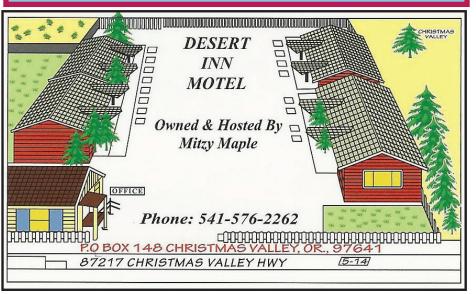
Merry Christmas and Happy New Year!

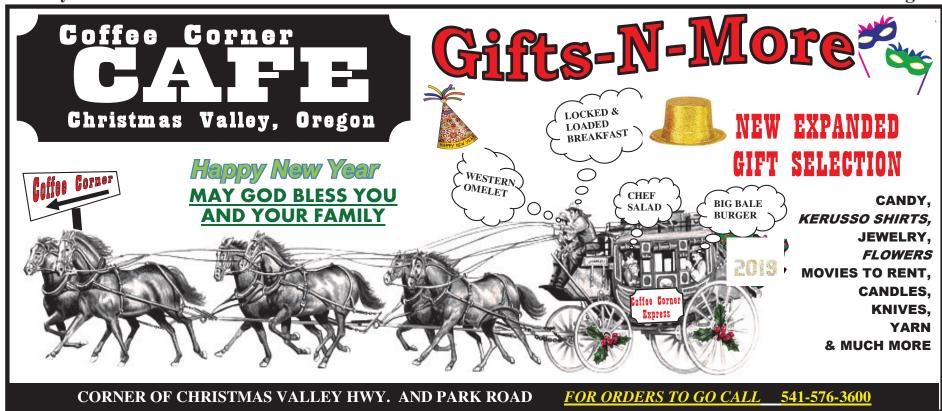


November 30 Deputies responded to a motor vehicle accident on Christmas Valley Highway approximately 5 miles east of Christmas Valley. Upon arrival Deputies observed a female that sustained a large laceration on her forehead and into her eye. Due to the significance of the injury air link was activated to the scene. As a result of the foul weather the air link helicopter was forced to abort sending a fixed wing in their place. The injured female was transported to the airport and airlifted to a medical facility for treatment. The investigation is ongoing.

December 12<sup>th</sup>, Deputies responded to the 91000 block of Christmas Valley Highway regarding stray pigs in the yard of another landowner, eating feed for the landowner's stock. The owner of the pigs, who had been previously cited for stray animals at large, stated he would retrieve his pigs the next day. Deputies contacted the owner of the pigs and cited him a second time for animals at large. The pigs were retrieved and taken to the owner's property. Investigation is ongoing.











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# From Gifts n More to the Community

Sometimes life gets really hectic. Such has been the case for Darrell and Ilene Anderson over the past month or so.

Ilene had a major surgery on her foot to repair a break that never healed properly- therefore working at the business has been limited. Add to that a whopping case of bronchitis and it's couch time.

Darrell has of course taken up the slack along with the many loyal, hard-working employees. But extra time has been in short supply.

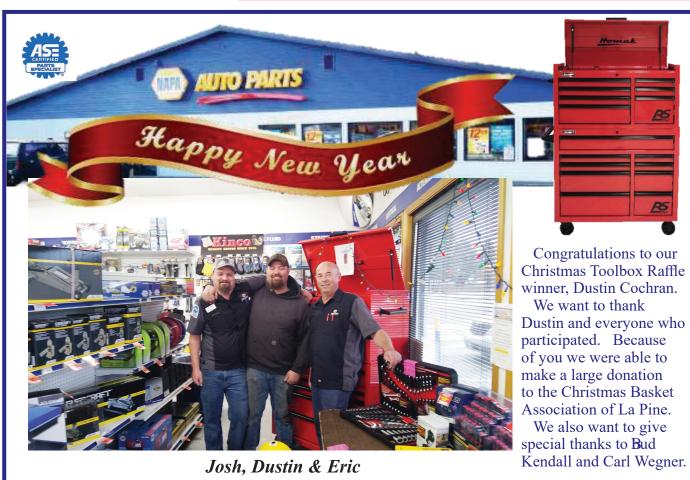
Weeks ago he said he wanted to write a thank you to all the folks that support Gifts n More and the Coffee Corner Cafe. Time didn't allow him to complete the task.

He and Ilene wish all a blessed new year filled with happiness, love, good health and more.

I as a regular patron thank them for providing our community a tranquil gathering place in which to enjoy a cup of coffee or a full meal.

Terry Crawford

WHILE SUPPLIES LAST



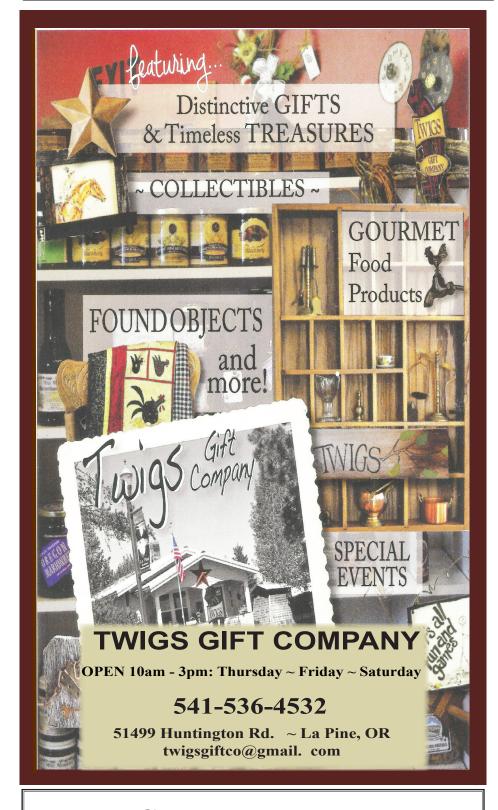
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## Celebrate Recovery

Mondays at 6:30 pm

Christmas Valley
Community Church

Sherry 541-55576-4509 Tim 541-977-4944

## Comings and Goings From page two

They were both there. I was sure my sister had one and I had the other.

I didn't think my girls or for that matter any of the grandkids would want them but I was wrong. Karrah fell in love with them and they will be hers when she gets her own home.

There was a huge crochet table cloth, it has a few pretty bad holes in it but I'm going to take it to Donna Griffiths to see if she can bring some sort of new life to it. The linens consisted of off white cloth napkins with crochet borders, and some tea napkins and a small table cloth embroidered with tiny flowers. Also an organdy hostess apron I remember my mother wearing. It is trimmed in aqua crochet.

Perhaps the coolest item in the trunk was something my sister must have given me when she moved back to California - something I didn't even know she had put in the trunk. It is a lovely round hand mirror set in a solid piece of a dark hardwood. A small note stuck on the glass reads, "Grandma's when she was a bride." It dates to the turn of the century and has a humble charm that all by itself sets a scene and tells a story. It is a remarkable keepsake.

Perhaps the best thing about rediscovering all these treasures is that my kids and grandkids and I will, most likely at different times, sit together, unwrap, touch and savor them together.

# Lake County Road Department Snow Removal Reminder:

The Lake County Road Department respectfully requests the public refrain from pushing snow across or piling in the county road or its shoulders.

During snow events:

Snow pushed across the county road becomes a hazard to other motorists as well as County Road Department plow operators. Windrows remaining across the county road will become frozen resulting in a hazard that can create a vehicle accident, and potentially break county owned plows.

Snow piled or remaining on the shoulders can create site distance issues, drainage problems that may refreeze, and the piles can become frozen, all of which result in a road hazard.

Please allow for extra time to travel, as well as make certain your vehicle has plenty of fuel and some emergency gear.

Garbage cans should be moved back from the road to allow for snow plowing operations and to avoid an accident in low visibility situations.

Avoid parking vehicles, trailers, and equipment along the county roads, as they also create an obstacle for both traffic and the County plow operators.

Thank you for your cooperation

If you have any questions, please call Lake County Road Department at 541-947-6048.

Your North Lake Health District welcomes public attendance to monthly board meetings.

Meetings are generally @ 5 pm the 1st Monday of each month but may deviate as needed.

Notices are hung on the Post Office bulletin board 4 to 7 days before meetings.

## Narcotics Anonymous

Wednesdays at 7 pm Christmas Valley Community Hall Speakers Meeting the Last Wednesday of the Month



January 2019

# The Juway Restaurant The Lodge at Summer Lake Pop in

Steak & Seafood **Fridays** 

Steak & Creative Chefs' Specials Saturdays

Comfort Food Sundays

**Dinner Specials Every Evening** 

**HOURS** Mon - Thurs 8am - 7pm Friday & Saturday 8am 8pm **Sunday:** 8am-close



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## Yardin' up my battle britches

From page five

from the tops of my shoulders to the thick of my rear. I was bloodied from top to bottom and looked like I'd been in a wrestling match with a cougar. Matt never made me feel bad about it though. I guess he figured I'd been dished a healthy portion of humble pie! Together we got that blister going and I learned a lot, the greatest lesson being: knowing when to accept I am in over my head, and when to listen to those who have been down the path before me.

I decided after reflecting on old June maybe I should just realize this new mare is out of my league, maybe someone can get her but that person is not going to be me.

The last seven years of our life have been dedicated to serving folks in our county in need of assistance with their beloved animals in times of crisis. I have ignored the good sense of my husband and advice of good friends even those in the animal welfare arena due to my dedication and well, pride.

The Butterfly Ranch has been a place for animals and people alike but it has drug me and

The Butterfly Ranch

my family for a good long way leaving us in a lot of hurt. We've rehabilitated and re-homed nearly 30 hard core horses. Cared for numerous dogs and even helped with children needing a place to be for a time or cowboys gone wrong needing to get clean and reunite with their families. I never knew I had done it for anything more that the Lord but looking back now I was taking on impossible tasks beyond our means.

After much prayer, advising, and reflection The Butterfly Ranch is restructuring, refocusing and reinventing. I am excited about what the New Year will bring as we continue to adopt out the last of the refugees, retire out the old -- making their last days good.

I put the reins back into God's hands for I never had the right to take them and I trust in listening and following that this project will develop into what HE wants.

Blessings friends for all your support and love. There is no pride lost in wisdom, if the nag isn't ready- make er' earn it!

Till next time,

see ya on the trail!  $^{\iota}$ 

### Honey Orange Baked French Toast

We had this lovely French Toast for breakfast Christmas morning. Prepared the night before, it is an easy yet festive start to a special day.

#### **Honey Orange Baked French Toast**

1 cup packed brown sugar 1/3 cup butter, melted 2 TBSP light corn syrup 1/3 cups coarsely chopped pecans 1/2 loaf of French bread, thickly sliced

1 tsp orange zest

1/2 cup fresh orange juice (frozen will work)

1/2 cup cream (can use milk)

1 1/2 TBSP Honey

1 tsp cinnamon

1 tsp vanilla extract

Confectioner's sugar for dusting

In a small bowl stir together Brown sugar, melted butter, and corn syrup. Spread in bottom of a 9 "square pan. Sprinkle chopped pecans over sugar mixture. Arrange bread slices on top of pecans in a single layer, filling in all spaces with pieces of bread.

Whisk together orange zest, orange juice, cream, honey, cinnamon, vanilla, & eggs and pour over bread. Press on the bread so it will absorb the liquid. Cover and refrigerate overnight.

Next morning, remove the cover from the dish and let stand for 1/2 hour.

Bake in a 350° F oven for 40 minutes until golden brown or until a knife inserted in center of French Toast comes out clean. Sprinkle with confectioner's sugar before serving.

Wishing everyone a peaceful and blessed New Year!

Gary & Marie Brain

#### 2019 New Year's Resolution

So many of us make New Year's resolutions to improve the quality of our lives only to find 2 or 3 months into the year we slip back into old habits. Your North Lake Health District is happy to offer you the resources you need to successfully win the battle with those self-destructive habits you'd like to shake.

When you step into the lobby of the La Pine Community Health Center you'll find an amazing variety of brochures to support healthier living. There are brochures on breaking free from abusive relationships, elder abuse and self-abuse. You'll also find support to help stop smoking, drinking or drug dependency. Other brochures offer information and referrals for men, women and children recovering from sexual violence. You'll also find information to help you if you are providing care for others and much more.

These brochures don't offer the magic cure, they are simply invitations for you to make positive changes in your life and they will only enhance your life when you make the choice to involve others. For a small community, Christmas Valley is blessed to have in our midst a wide variety of licensed professionals to help you, and if they can't, they can point you in the right direction. You can make an appointment with any of the medical professionals at the La Pine Community Health Center to help you make healthier choices in the new year. We also have private practitioners that provide support with mental health services or healthy, holistic living.

The bottom line is, most of us find we are more successful when we partner up! Having someone who is working with us, is invested in our welfare or to whom we hold ourselves accountable helps us stay on track. THIS year, when you make those resolutions, make sure one of them is to give yourself permission to ask for help in reaching your goals. You can do it, and we're here to help!



The Lodge at Summer Lake and Flyway Restaurant went all out with more lights than ever and lots of color. I wish the photo did their efforts justice. They are the winners of the business division of the lighting contest. Congratulations!

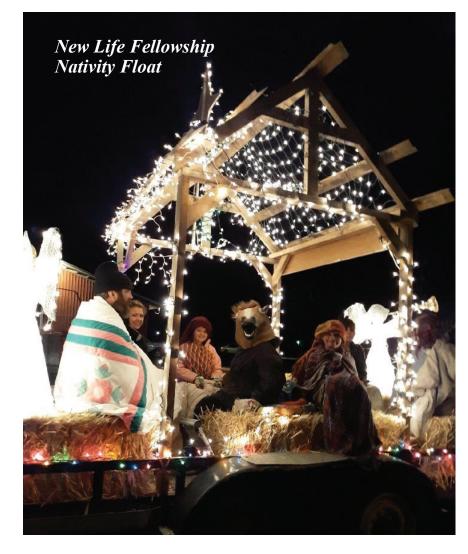
On page one is a photo of the gorgeous globe with a suspended star and on page seven is a real-

ly lit up ATV with its snowman passenger. The very tall and very beautiful tree float is featured on page 12.

Much hard work goes into getting the floats wired and lit up. This year some of the regulars were not able to participate but they say they will be back in 2019.

As always folks from throughout the area came to watch the light parade and to enjoy refreshments at parade's end at the Christmas Valley Community Hall.







### Dr. Natasha Rudd, N.D., L. Ac.



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Family health care, Flower essence prescribing,
General Internal Medicine, Homeopathy, Primary
health care, Personalized nutrition, Shiatsu
Massage, Stop smoking treatments, and Vitality
Longevity evaluations.

Dr. Rudd is currently accepting new patients and referrals for patients seeking natural therapies for any type of health condition.

To schedule an appointment to be seen by Dr. Rudd at the North Lake Health District's Medical Complex please call 541-385-6249.



## **La Pine Community Health Center**

North Lake Health District's Medical Complex 87520 Bay Road

#### **Primary Medical Care**

Clinic Hours: Monday - Friday 9am to 12pm & 12:30pm to 4:30pm

For Appointments Call: 541-576-2343

Services Available at The Complex

Optometric Physician Timothy Arbow, O. D.

By Appointment 541-554-9888

**Mental Health** 

**Tara Jones, LCSW CADC1**By Appointment 541-515-9233

Chiropractor Helmut Eichner, D. C.

By Appointment - 541-633-6563

Massage Therapy Shawn Lavallee, LMT

Mon - Fri by Appointment 541-576-2110 or 541-576-2043

Naturopath/Acupuncture Natasha Rudd, N. D., L. A. By Appointment 541-385-6249

**Dental Van Information** 541-576-2110

Health District Secretary at 541-576-2165

# Your Christmas Valley Health Center!

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Our Happy New Year wish for you Is for your best year yet,
A year where life is peaceful,
And what you want, you get.
A year in which you cherish
The past year's memories,
And live your life each new day
Full of bright expectancies.
We wish for you a holiday
With happiness galore;
And when it's done, I wish you
Happy New Year, and many more.





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Enjoy "The Prospector" as he takes offers readers new views of features and histories which most likely would not have captured their attention but now may well pique their interest. I say meander because our Prospector and his writing travel a path that has many curves and bends along the way, but in the end an interesting destination is reached. So spend a little time mulling over the journey and if you are curious like me, you may find yourself getting ready to do a little exploring.

Winter nights in the desert bring with them views of our solar system that by their very nature must stim-

ulate the imagination.

The Mayans called the Milky Way the backbone of the sky because it stretches from one horizon to the other and seems to support a frame made with stars. The band of stars is in that tight cluster because our solar system is located on the edge of spiral galaxy. If our solar system were located further into the galaxy's center, all we would see would be random stars scattered every which way.

We have the Milky Way to enjoy and teach us. If you take notice the fans or bands of stars that are literally being thrown out in space from the Milky Way you will realize they indicate the direction the spiral galaxy is rotating.

While studying the sky you may be blessed with a sighting of a 'shooting star' passing through earth's atmosphere.

There are basically two different types of meteorites, iron and dirty snowballs. Snowball meteorites leave a white tail of water vapors and represent ninety percent of the 'shooting stars'.

Iron Meteorites come in three types, iron, stony and stony irons which are a usually a 50/50 mix.

Iron rocks, upon entering the earth's atmosphere glow orange and most of the time there is a tremendous explosion at their conclusion. Such a luminous event seen in the sky is a meteor.

Meteor showers average about 10 to over 100 streaks of light per hour. A Meteor Storm, however is beyond spectacular and of course very rare. In 1833 an Army patrol in our neck of the woods witnessed, along much of the nation, a meteor shower that turned night into day with hundreds of thousands of shooting stars per hour.

Remnants of meteors, meteorites look much like burnt lava rock so

hunting for them is tricky. Use the sun's glare to look for these visitors from other worlds; they will reflex a red-purple-blue color. This is because when passing through the atmosphere they burn at extremely high temperature, leaving a crust on the outside which makes hunting even more challenging. Under this crust is solid rock.

If you find one without the crust it means, it's been around long

Opinion by The Prospector



Famous engraving of the 1833 Leonid meteor storm

enough to have had natural erosion remove it.

Meteorites are generally heavier than earth rocks of the same size. This is because of the iron most of them contain. While magnet tests will show the presence of iron they do not on their own prove that the rock found is a meteorite as many earth rocks will also hold a magnet and are quite common.

The good news is if you do find one you will have the rarest rock on earth.

#### Meteor Showers, 2019 Peak viewing dates

Jan 2-3 Quadrantrids 40 per hr April 22-23 Lyrids 20 per hr May 6-7 Eta Aquarids 60 per hr but in the northern hemisphere only about 30 per hour July 28-29 Delta Aquarids 20 per hr Aug. 12-13 Perseids one of the best at up to 60 per hr. also a full

**Nov. 5-6** Taurids 5-10 per hr **Nov 17-18** Leonids 15 per hr., but about every 33 years it is cyclonic and there will be hundreds per hr. Last time was 2001.

**Dec. 13-14** Geminids, considered the King of meteor showers averages 120 multi-colored meteors per hour, but will be slightly dampened by full moon.

# Three Supermoons and a total lunar eclipse

The first three months of 2019 will each have a supermoon. On January 21 the "Blood wolf moon" will also be totally eclipsed - making for a great celestial treat. February's Full Snow or Hunger Moon will fall on the 19 and will be the closest of the three to earth. On March 21 will come the Full Worm Moon - the final of 2019.

#### Blue Moon May 18th

The third of four full moons in a season, May's moon is know as the Full Flower moon for it is when spring flowers are in full bloom.

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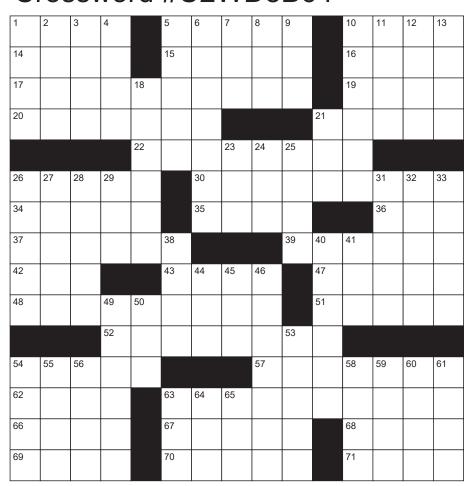
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### Crossword #U2WD8B64



#### **Across**

- 1. Group with common interests
- 5. PC program
- 10. Part of an Ali metaphor
- 14. Architect Pei's first name
- 15. Tara surname
- 16. Mr. Skellington, familiarly
- 17. Source of unforeseen trouble
- 19. 1960s fad dance
- 20. Uniform adornment
- 21. Living room seating
- 22. With great need
- 26. "I don't want to go off on \_\_\_\_ here..."

A horse was tied to a rope 5 meters long and the horses food was 15 metres away from the horse. How did

the horse reach the food?

- (Dennis Miller)
- 30. Doubtful
- 34. Desert bloomers

- 47. Southern African antelope
- 48. Ira Levin play
- 51. Television awards
- 52. Supplement
- 54. Spin
- 57. Relating to the largest continent
- 62. Apple product
- 63. Long flat noodles
- 66. Londoner, e.g.
- 67. Moslem prince
- 68. \_\_\_\_ Nova (Canadian singer of
- 1981's "Fantasy")
- 69. Tenants' rms.
- 70. Inanely silly

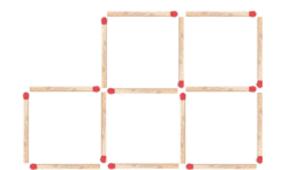
:nswer:

71. Former Turkish dignitaries

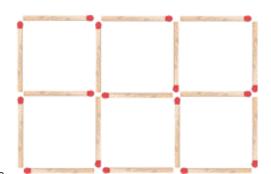
#### Down

- 1. "Idol" singer Bo
- 2. Vault
- 3. The final Mrs. Charlie Chaplin
- 4. China's third dynasty
- 5. Tractor attachment
- 6. Football formation
- 7. \_\_\_ es Salaam
- 8. End for ref or inf
- 9. European airline
- 10. Indy and Daytona 500 winner
- 11. "Oh, gross!"
- 12. S. Amer. land
- 13. Aids for cardiologists
- 18. QB Doug
- 21. Camera variety, for short
- 23. Opposite of WSW
- 24. Sgt., e.g.
- 25. Marathon prep, for some
- 26. Sharp-smelling
- 27. Worker's demand, maybe
- 28. Capital near Lake Volta
- 29. Indefinite degree
- 31. Northeastern state of India
- 32. Milan's land
- 33. Grams
- 38. AARP part
- 40. Lackin vitality
- 41. Minor character in Shakespeare's
- "Henry V"
- 44. Three, in Tuscany
- 45. Pantyhose shade
- 46. Refreshes
- 49. Prophetic cards
- 50. Good cholesterol, for short
- 53. Loan shark's activity
- 54. Seattle Storm's gp.
- 55. Kind of seal
- 56. "I'm only \_\_\_\_ for the money"
- 58. Hail \_\_\_\_
- 59. Bit of a mosaic
- 60. Dr. Jones nickname

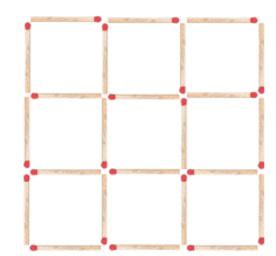
 Leave just three squares by removing three matchsticks.



Leave just three squares by removing five matchsticks.



Leave just two squares by removing eight matchsticks.



# Take County Public opong of ohigh the food: Lake County Public Transportation operated by Lake Co. Senior Citizens Assa

Operated by Lake Co. Senior Citizens Assoc.

January 2019

Lunch and Bus Schedule

**LUNCHES:** No Bus

Summer Lake Senior Meals

January 8th Summer Lake

January 17th Christmas Valley

January 22 Summer Lake

**BUS TRIPS:** 

January 10th trip to Bend

January 16th trip to La Pine

Please be aware that schedule is s subject to change.

Call Debbie @ 541-480-3600 for a reservation on the bus.

Thank you for your Patience.

						7	8	
	7		4		6			
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1			2		8			9
	5	3		7		8		
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		1	9					

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FR/SL SWCD - 2nd Thurs at noon at Silver Lake Fire Hall

#### **Public Meetings**

CV Boosters - 2nd Mon at 6pm at Booster Building CV/NL Chamber of Commerce - quarterly (watch for posters) **CV Fire Board** - 3rd Mon at 7pm at The Christmas Valley Fire Hall NL Park & Rec - 2nd Tues at 9am at Park and Rec office CV Water Board - 2nd Wed at 1pm at CV Community Hall **EMS** - 2nd Thurs at 7pm at EMS Building

**Ft Rock Historical Society** - 2nd Tues-10am at the Museum

FT Rock Grange - 2nd Wed at 6:30pm at Grange

**Lake Co. Hay & Forage** - 1st Thurs at 6pm at Lodge at Summer Lake **Lions Club** - 2nd Mon at 6:30 am at Silver Lake Fire Hall NA Wednesdays at CV Community Hall at 7pm **NL Health District** - 1st Mon at 5pm at North Lake Clinic **NL School Board** - 2nd Mon at 5:30pm at the NL School library. **SL Lioness** - 2nd Wed at 10am at Silver Lake Fire Hall **SL Rural Fire Dist** - 2nd Mon at 7pm at Silver Lake Fire Hall



From PLAYA's hearth to yours, from our solstice pyre to your reading lamp, we wish you wonderful holidays and restful winter break.



May you take comfort, as PLAYA's staff, board, and founders do, in knowing that we are always here, offering space, solitude, and community for creative expression to flourish. Whether in dark days or light, no matter the national or global news, we're working for positive change in our environment and world.

# Pacific Crest FEDERAL CREDIT UNION

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Siskiyou County



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