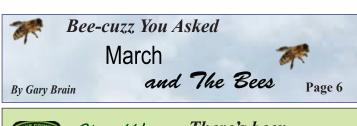
Published by Precision Mail Services

The long-time traditional Sunrise Easter Services in the Fort Rock Caldera are canceled this year but here is a remarkable photo from several years back catching the service just as the sun was beginning to rise.











A Word Search of Positive Words

Fun Recipes for Pre Schoolers Page 13

Call for Volunteers to Serve on Local Budget Committees

Page 14

Currently Scheduled Budget Meetings

Postal Customer
**** ECRWSS****

Visit us on-line thecommunitybreeze.com

terryonitsway@aol.com

Businesses Go on in Not so Usual Ways

While we would like to be able to give all our readers complete information regarding what measures and accommodations local businesses have put in place during these difficult times, we realize the list is incomplete but the best we could do at this time.

Starting with Local Groceries:

CV Market and Silver Lake Market are running on full hours, are on a full rotation of sanitizing, are helping customers maintain a safe distance and ask that customers do their part too.

Sagewood Grocery asks you not to enter store if ill and for healthy customers to practice safe distancing. They have markers on the floor to help with this. If you need services and can't come in, call them and they will help you. They are of course sanitizing on a regular basis.

Updated Voting Information The Lake County Clerk Important Notice

Postage stamps are no longer required to return your ballot by mail. Postage is prepaid by the State of Oregon.

Due to the COVID-19 pandemic, drop sites on election day at the Community Centers in Paisley and Christmas Valley will not be available.

We highly recommend voting your ballot early and returning it by mail

Please mail your ballot on or before May 13, 2020 to ensure timely delivery to our office by election day, May 19, 2020

Silver Lake Mercantile and the Summer Lake Store are open and following all protocols

Sid's Produce is currently open and will do their best to do business as long possible. Please call ahead for availability.

Restaurants:

Cooper's Chicken at CV Mkt. is take out only and it is best to call in your order if possible.

Ft. Rock Pub open Thru. - Sat from 11am to 6 pm take out only.

The Farmhouse will be open seven days a week from 10am to 8 pm. They are offering their full menu, will take orders and pre payment over the phone and will deliver curb side and up to ten miles at no charge.

The Flyway at the Lodge at Summer Lake is offering a limited menu (see pg. 9 for details) and limited hours. Please call ahead. The motel is operational.

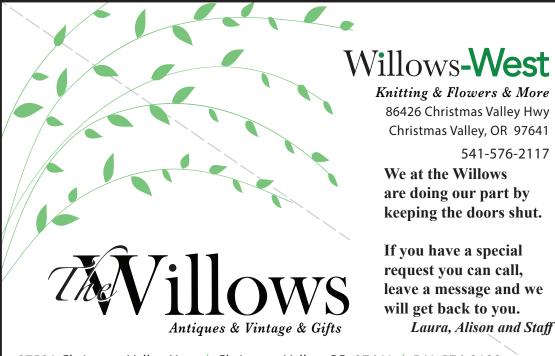
Gifts N More open for take out with some curbside available and will deliver in township for \$2.50 with additional fees for further distances. Call ahead to avoid wait times. Also hours may vary.

The Lakeside will be serving their full menu and offering take out only and curbside delivery (if requested). Open Mon - Sat from 8am - 3pm.

The Lodge for take out only is open from noon to 8pm Tues - Sun

The Hay Shed open Thur - Sat from 3-7pm for takeout only - will deliver curbside. Please call ahead.

Continued on Page 12.



87531 Christmas Valley Hwy | Christmas Valley, OR 97641 | 541-576-2199

Comings and Goings

By Terry Crawford

It's a fine mess we are in right now and we all know this is not a short-term situation. It is going to take time to sort it out, get things back to some level of normalcy and see our economy stabilize. The Breeze is including information provided by our advertisers as to how they will be doing business during this crisis. Of course this is complementary. We reach every address in the north end, this is part of our mission and our job.

I can't imagine any person aware of COVID-19 not living with, at the minimum, concern. And I would expect in the majority of cases a good deal of anxiety tied to health and to income.

I think many people practicing social distancing find their efforts thwarted as they are, for example, crowded by other shoppers while waiting in line. I had this happen to me the other day and had nowhere to move to gain distance. I asked the person to go ahead - it was the only avenue.

Am I apprehensive? Yes. I am in good health, but I am also a member of the vulnerable element of our population. If I get sick, I will hopefully survive. I don't have chronic or severe underlying health problems. If I did I would be one of the group of most vulnerable.

But I have to say maintaining safe social distance is pretty difficult, especially when there seem to be a lot f people who are not taking this pandemic seriously. I see them cough into the air. I see them cough into their hand and then immediately touch a common surface.

Right now I think all the stores should simply bag customer's items in paper bags at no charge. The idea of reusable, and most likely un-santizable bags for groceries in this time of hyper vigilance seems highly counterproductive to keeping hard surfaces safe. When I purchase something I don't want it set upon a check out counter that was not wiped down after each customer.

Right now I am trying to pay with a card and without having to swipe. If a restaurant is offering Take-Out, and I have to go inside to pay I would hope they have available sanitizing wipes so customers may wipe door handles as they exit. Currently I carry a lot of napkins for opening and closing doors. One to use when entering and one to use when exiting. I keep a zip lock type plastic bag in the car for the used ones.

Hand washing is more important than ever, but once done it is a good idea to get your paper towel, use it to dry your hands, then use it to shut off the water, and then to open the door. Not much point in scrubbing if you are going to touch a potentially contaminated hard surface as you exit.

I which I had high hopes for the current state of affairs but as things stand this country is going to be hard pressed to achieve the containment needed. Did you know that throughout the world, countries that are doing mass testing are finding many asymptomatic people - people who were infected, had no symptoms and yet were infectious to others. They were isolated long enough to ensure they no longer presented a threat. This mass testing should be seen as the model needed to gain control. Here in the United States that is not the case.

As it stands today our testing is cumbersome, slow, rationed and expensive. This when every authority is saying, "Test, Test, Test!" I guess I am a little confused. If mass testing in other countries or areas of countries is showing a much improved curve then why not here.

For Pete's sake, our initial testing was done using a flawed test. Oops, that was a bad start. Then there is a lack of test kits, and they are being used on the very sick. Well, we know they are sick, but we are not identifying the most deadly cases - those that are asymptomatic and therefore passing the virus to family, friends, casual acquaintances and strangers.

I hope that our community sucks it up and each of us does our part to keep ourselves healthy and to protect others health by maintaining the

See Comings and Goings page two.

Editorial commentary is welcome and all letters to the editor that are clearly signed with the writer's full legal signature and also include the writer's phone number will be considered for publication.

The following criteria will be applied equally to all submissions in determining a letter's appropriateness for publication: Letters may not include personal attacks, inappropriate language, libelous content, negativity which serves no other purpose than to harm or unverifiable facts. Letters are limited to 300-600 words. Letters may not promote businesses - to do so is considered advertising.

The Community Breeze neither supports or condemns any ideas, creeds, religions, customs, attitudes or beliefs and letters to the editor do not necessarily reflect the beliefs of its editor or its advertisers.

Please mail Letters to the Editor to *The Community Breeze* ATTN: Terry Crawford, 85450 Christmas Valley Highway, Silver Lake, OR 97638.

QUILT DRAWING FOR 4H



The High Desert Stitch Rippers, a quilt and craft group in Christmas Valley, will be holding a raffle to benefit the 4H North Lake Sewing group. The quilt will be on display at the Lakeside.

Tickets are \$1.00 each or six for \$5.00. Sales will be ongoing through the 4th of July with the drawing to be held at 4:00 pm that day at Hanks House. You need not be present to win. Tickets are available at the Lakeside or from any of the High Desert Stitch Rippers.

The quilt was made by the High Desert Stitch Rippers in honor of Karen Smith, with the fabric being donated by Jared Smith from Karen's fabric collection. Karen, a very talented quilter, donated a lot of time and energy to the 4H group.

The quilt is a log cabin pattern that measures 94"x 94" and was quilted by Vickie Gibbs.

If you have any questions please call Tara Grassman, 541-410-6060 or Sandie Maerz – 541-815-5683.

Beautiful Montana Silversmith Jewelry







Paisley Fabric and Quilt
has an amazing selection of pieces from Montana Silversmith - just
right for that special someone's upcoming special day!

The Community Breeze

Is published monthly and mailed to all deliverable addresses in Oregon's northern Lake County's communities. The Publisher is Precision Mail Services. Our mailing address is 85450 Christmas Valley Hwy., Silver Lake, Oregon 97638. Readers may also read the *Breeze* on line by going to the community breeze.com

Editor: Terry Crawford 541-480-0753 - terryonitsway@aol. com

Deadline: The 20th the month

A Memory for Each of Us

As I write this, it is the middle of the month and we have been asked to hunker down for the next two weeks. I think our minds wanted to fight this crisis, hoping it wouldn't be as bad as we were told it was going to be.

Gloria Heglar

We have gone through wars, 9/11, tornadoes and the aids epidemic, other disasters, personal disasters

and now this. Yet this pandemic will eventually touch everyone's life in a way we have never been touched before. This virus is an unknown, a yet untested scientifically event to the entire world. So, how it will affect each person is individual, as well as how the economy and lives have and will be disrupted before this trial will be over. And then, it will be another memory for each of us.

We will each have a personal story to tell. That is what life is, a collection of memories that write a story. Will your story be about loneliness in isolation or will you have simply run out of toilet paper? Did you have to cancel a life- long dreamed of cruise vacation? Or, were you touched by someone close who was a part of the true reality of this Virus. The tragedies are vast and real for many.

There is a song written by Stephen Foster called "Hard Times Come Again no More" in 1854. It is about the less fortunate needing help by the more fortunate. It begins "Let us pause in life's pleasures and count its many tears, while we all sup sorrow with the poor."

Lake County will stand tall, follow the Governors orders and bow to the US authorities and their orders. We will take care of our elderly and our children and call those alone to stave off depression. If it continues beyond the time limit now, we will rally another surge of energy and march on. Let's make the best of this time we have. Let's pray for our first responders and health care workers.

Our faith is our guiding light to the future.

Comings and Goings continued

suggested six foot distance, being diligent in our hand washing, sanitizing and temperature taking.

Now that is off my chest I realize that the first day of Spring has come and gone. My flowerbeds are acknowledging this as they send up shoots -- unfortunately so are the grasses and weeds. So with Alex in the Valley and a really large yard to get up to snuff I will be spending a good deal of time trimming, digging, and mulching.

Currently the Day Lillie, and Iris are popping up through last year's dead foliage so that is the mission for Springs first weekend. However, I think I will be saving some of the dead stuff piled nearby for the nippy nights to use as protection for the tender leaves.

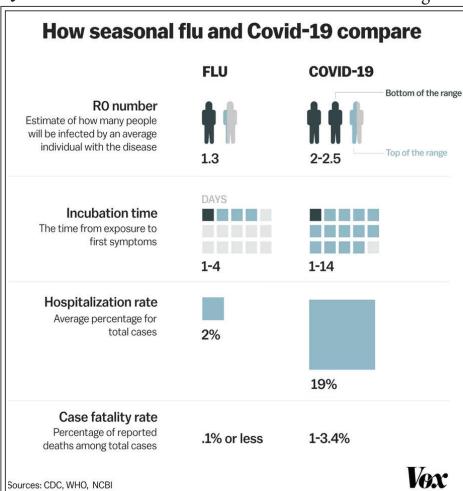
While crawling around in the dirt my phone rang - it was son Stephen calling to ask why I didn't answer phone when daughter Jill called. I explained that I thought it was charging all night but discovered the charging cord was broken (cats most likely) so the phone was dead this morning. So I called Jill, to see what was up.

Her answer was that her stresses for the day was having to take her husband, Chuck, to the emergency room in Oregon City. He woke up with extreme pain in his upper abdomen. It was so bad he could not sit up. The hospital scheduled a CAT Scan which revealed a lacerated spleen. Dr. said, "I thought you said you hadn't had any recent trauma?" And Chuck answered that he hadn't and that he had not even been sky diving for quite some time due to the weather and now the virus. Well the long and sort of it is that he was quickly loaded into an ambulance headed for Emanuel Hospital for observation and possibly surgery. The plan being to try to save the spleen, but to monitor him closely for increased bleeding. So I kind of knew that the spleen had a lot to do with the immune system, but really didn't know much and looked it up to refresh my knowledge.

The good news is that it is healing, so no surgery at this time and was released to go home on the 25th. Three months of lite activity and then another CAT Scan to get a final green light are the Dr.'s orders. I suppose if one has to curtail their activities now is not such a bad time to have it happen.

I did need to drive into Bend to drop a large mailing at the main post office. It is a bit disconcerting to have minimal traffic, and very few people about. There were quite a few young people, mostly in groups of three or four walking or riding bikes. I'm not sure they are as aware of the issues as they should be but they do seem to be acting responsibly. No line at he post office which is a real change. I'll bet people are ordering stamps on-line and holding off on mailing packages right now.

With the addition of the Shelter in Place order, all of our lives are compromised in one way or the other. Isolation can easily turn a long cold



The above graphic is an excellent visual of how seasonal flu differs from the Covid-19 virus. One can extrapolate from it an understanding of why social distancing and sheltering in place (stay at home) requirements are important in flattening the curve of infection.

Note the differences: additional infections caused by one person; how long the infection incubates - meaning for many they do not know they are sick yet, but are most likely shedding virus; people needing hospitalization is where one sees a significant difference. In a normal flu season two out of every 100 will need hospital care but with Covid-19 just short of 20 out of every 100 will need hospital care.

So using the identified cases as on noon on March 25 of 59,502 means the number of hospitalizations is 11,900 while in a normal flu season the beds required would be 1,190. And therein lies the problem - how to take care of that many critically ill people. Even more at question is when is the system unable to keep up if the curve is not flattened?

In this time of crises it is more important than ever to SHOP LOCAL AND SUPPORT OUR LOCAL BUSINESSES

Christmas Valley/North Lake Chamber of Commerce

early spring day into a case of Cabin Feaver. Here it is the 26th of March and we haven't seen much of the Lamb-like weather that is supposed to signal the end of March.

Audio books are great but I seem to fall asleep when I am just hanging out and listening to them. Heck, half the time I fall asleep listing to a 60 minute pod cast. I do, however have a good sized stack of real books to read, some non-fiction and a lot of thrillers, mysteries and spy novels. Once this paper is put to bed I will be grabbing one and escaping to another time and place.

I have included a couple of very cute, fun small child recipes from a cook book Marie Brain received when she was a young girl. The title is "Little Mother[s Cook Book" and was written by Lon Amiek, Illustrated by Jack O'Hara and printed in 1952. You will find the cooking activities on pages 12 & 13.

Finally, this is a tough time for each and every one of us. There are no easy answers, and as individuals we gather information from many different sources, some that are very contradictory. But, the real danger, the key to flattening the curve really boils down to all of us practicing as much social isolation as we can while still managing our day to day needs for supplies. We can be creative and find interaction that is not face to face.

From This Angle: Pondering the Pandemic By Toni Bailie



Toni Bailie

Human beings are wired to help and nurture each other. From early tribal days, we have pooled

our talents and resources for mutual benefit and survival. When an earthquake or other natural disaster strikes, people reach across barriers of race or class to help their fellow human beings.

The Corona Virus which is spreading around the world has turned everything upside down. All the things we took for granted as being normal are in a surreal state of suspension. Only essential services are open, grocery shelves are bare, churches and other forms of social connection have suspended their gatherings. We revert to talking to someone on a screen or making phone calls instead of in-person interactions that enrich our lives.

I feel a sense of loss at having to postpone rehearsals for the Paisley Players Community Theater production we planned to perform in May. Our cast members were

really getting into their roles in a perfect opportunity to get kids comedy titled "A Bad Year for To- outdoors doing something fun. matoes." But after a few rehears-

als, we decided to postpone the performance. We're not giving up on it, and the actors are still memorizing their parts.

For safety sake, the community center is closed to all group activities. The Pioneer Saloon is offering takeout meals, but we miss meeting our friends there for dinner. The coffee

group isn't gathering at the Mercantile, and that was a way for friends to bond each day.

With the closure of schools and related activities, students are without their usual connections, staying at home, practicing social distancing. But when life gives you snow, make a snowman. When Paisley received an 8-inch spring snow fall on March 18, it was the The city of Paisley put the word



out, offering prizes for the most creative snowmen, with a deadline of 3:00 p.m. for the judging.

Mayor Ralph Paull and his wife Karon were amazed at the effort put into 18 entries. They traveled around town, taking photos which they posted on Facebook. "It gave the kids a chance to get outside and play, many parents got in on the project," Ralph says.

Two entries tied for the firstplace prize of \$25 - a comical cowboy by Mason and Alicia Harms and a towering eight foot structure by Noah Negus, Lattigo Norris, Henry Hyde and Margarita Hatfield. Winning \$20 each for second place were Aspen Owens, with a snow woman ready for spring, and a snow dog being walked by its owner created by Katie Murphy and Elizabeth Thomas. Receiving \$15 each for third place were Cheyenne Lehman for her



Continued on page five.





Pondering the Pandemic continued

roping snowman and an archery snowman fashioned by Skyler and Grace DeLarm. "It was hard to decide," Karon says. "All 18 entries were winners."

This is just one example of ways we can use our ingenuity to live full lives in spite of all the closures and restrictions. People are pulling together. The Inner Court Family Center, with the help of Cheryl Kemry-Owen and Debbie Gaylord, are preparing sack lunches for students that rely on the meals they cafeteria serves when

school is open. People from Paisley going to Lakeview for supplies offer to pick up groceries or prescriptions for their neighbors.

Let's reach out from our hearts, discovering ways to help each other through this challenging time. Next time you're in a grocery store, thank the clerks for being there to serve you. Order a meal out from your local restaurant. Call someone every day to maintain friendships and community solidarity. Together we can weather the storm.

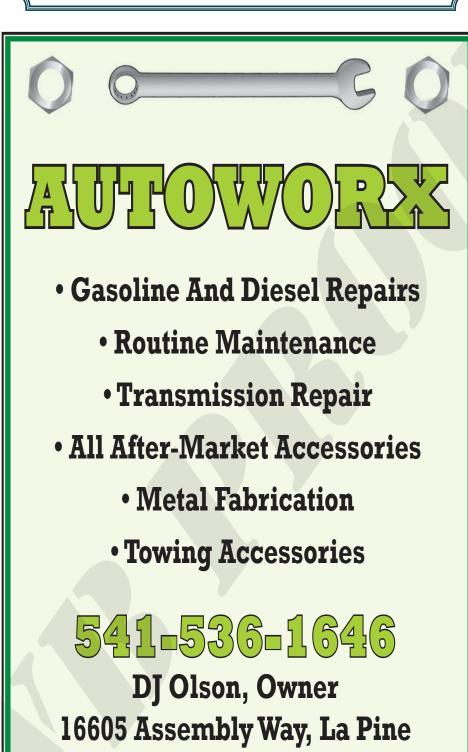
Fort Rock Grange Cancels Spring Events

The increasing spread of COVID-19, evolving state mandates, and concerns about the health of our community, has caused the Fort Rock Grange to **cancel** the Easter Breakfast on Sunday, April 12, and the BBQ Beef Dinner and Pie Auction on Saturday, April 25, 2020

The Grange thanks you for your past support of these events, and wishes every person in North Lake County, a healthy and safe spring.







The Community Breeze

What can I say? March Madness. What few I have left are going ballistic trying to determine if they should bee gathering or staying inside. "Beware the Ides Of March" so they say.

Ol man Winter just does not want to let go and give us Spring Sooo, the age-old mantra is Feed, Feed, Feed! The Queen Mother is getting into high gear, laying as many eggs as she can to replace the winter fatties (the fall girls) that are not so plump right now.

Bee kind and remember them, they gave their all to get the hive through a nasty winter. The girls are trying to get out and get as much pollen as they can find, which a challenge here is in March.

Unfortunately I have seen few bees come into the hive with much if any pollen. You should consider feeding pollen patties this month to get the hive producing more foraging girls. The entire hive should return to almost normal operation now, but the increased population is in desperate need of FOOD!

March is when many hives will starve out. I have had strong hives make it through a tough winter like this one and starve out just bee-cuz of my neglect. Feeding at this time IS an *Emer*gency! Do not let your guard down just bee-cuz there are some days of mosquito hatching weather. On good days above 55

BEE-Cuzz You Asked MARCH and the Bees

By Gary A. Brain Summer Lake Apiaries



see if you have issues. Just a bit of well-earned advice, the girls bringing back the much-needed to produce early swarming and

degrees inspect your hive! No stores. So remember to keep fooling, this is the best way to your suits zipped up and your cuffs tight.

Some things to consider: may bee somewhat aggressive, The Queen Mother will get into as they are expending lots of high gear by producing replaceenergy flying around and not ment workers which will tend will place huge demands on food sources and will also cause a great need for brood chambers. You should also reverse your brood chambers as needed. This is very important, as the Queen Mother needs more space to lay eggs. Just move the top brood chamber to the bottom and remember to clean the bottom board of dead girls. Thank them for getting the hive through the winter.

Remember to put supers on the strongest hives this time of year as this may prove your chances of the hive not swarming by in-

creasing much needed expansion space for the colony. This also may give you and the girls some extra honey this fall.

See you in April where we will chat about taking care of the package bees or nucs you ordered in February.

Bee safe and enjoy any sunny days that come our way!

Current Events and the Bible

I reviewed this morning a video on the current pandemic as it pertains to bible prophecy which was produced about a week ago in Australia. Done by a member of a bible study group that I belong to and I felt it would perhaps bring some assurance to the community that God is in control. It's about 45 minutes long but you can pause as needed;

Viewers may have to scroll down just a bit: https://bibletruthandprophecy.com/2020-covid19- <u>are-we-living-in-the-end-times/</u> From this link interested people will also be able to watch future videos as they are made available. God Bless.

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Valued Customers

In an attempt to mitigate the COVID-19 virus, La Pine Auto Supply has opted to limit non-essential access to the store at this time.

For the safety of our community, customers and staff, we request you place orders at napaonline.com with <u>La Pine</u> chosen as your store while using the pay on-line pickup at store option.

Our staff will call to notify you when your order is ready for pick up. You can also call your order in at 541-536-2192, prepay is required for this option with no exceptions.

Both options will help us launch our new curbside service. Simply call once you have arrived and we will bring your order to you. No need to even get out of the car, just open your trunk.

Thank you for your understanding!

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APRIL 2020 Page 7

Gifts-N-More

Coffee Corner Cafe

WE ARE STILL HERE STARTING OUR 8TH YEAR

ILENE AND I WERE LOOKING FORWARD TO A NEW VENTURE AT A SLOWER PACE. BE AS IT MAY, THE FINE YOUNG COUPLE WHO WERE WILLING AND ABLE TO TAKE OVER COULDN'T PUT IT TOGETHER IN THE TIME FRAME. SO, AS SOON AS WE ALL SURVIVE THE COVID-19, WE WILL BE UPDATING OUR MENU WHILE STILL OFFERING THE SAME FAVORITES, AND OUR HOURS WILL SETTLE BACK TO WHAT SUITS OUR CUSTOMER BASE.

NOW !!!! MOST MENU ITEMS, "TAKE OUT ONLY"

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FOR THE FIRST TIME OUR HOURS AND DAYS OPEN ARE SUBJECT TO CHANGE



Sheriff's Report: Submitted by Sheriff Michael Taylor

February 10, Deputies responded to the Chevron Station regarding several suspects passing forged twenty dollar bills. One suspect presented a forged twenty dollar bill and asked for two ten dollar bills in exchange. The teller gave change prior to noticing that the twenty was a fake bill. The suspect had left the Chevron but was located a short time later in front of the Coyote Quick Stop sitting in the driver's seat of a vehicle. When questioned about the fake bill the suspect stated she did not know the bill was fake. Deputies were informed by another Deputy that the suspect recently attempted to pass a fake twenty at the CFN Station. Upon searching the suspect more fake bills were located to include a fake 100 dollar bill, a fake 20 dollar bill and a fake 5 dollar bill. The suspect was subsequently arrested for Forgery I, PCS-meth and PCS schedule II. The investigation has been forwarded to the DA's Office for charging.

February 10, Deputies, probation and parole and OSP responded to the 1100 block of South E Street attempting to make contact with a female who had multiple felony warrants for her arrest. Upon entering the residence the female suspect and a male suspect who is currently on probation were found in the house. The female was arrested for the warrants and possession of methamphetamine. The male was arrested for violating his probation. Both suspects were transported to the Lake County Correction's Facility and booked. The investigation has been forwarded to the DA's Office for charging.

February 16, Deputies conducted a traffic stop at South G and 4th Street. The driver stated that he had just recovered a firearm from an individual who had been violated on a probation violation. Deputies escorted the driver to his residence and consequently recovered a .38 cal revolver. The firearm was seized and placed in the Sheriff's Office property room as evidence. The investigation has been forwarded to the DA's Office for charging on the probation violation.

February 17, Deputies responded to the Dollar General in regards to a known male with a felony warrant. Deputies observed the suspect driving out of the parking lot and conducted a traffic stop on North H near 3rd Street. A state-wide felony warrant was confirmed at which time the suspect was arrested. During

a search of the vehicle, a blue glass pipe was located which field tested presumptive positive for methamphetamine. The suspect was transported to the Lake County Correction's Facility and booked on the warrants and PCS-Meth.

February 18, Deputies responded to the AD Hay School regarding threats to a teacher. The investigation revealed that a student was playing with a toy gun and was told to put the toy away or it would be confiscated. The student put the toy away however later told the teacher if she would have confiscated the toy the student would have had his big brother go to her house at night and snap her neck. The student was suspended for two days and his parents were notified. The incident has been forwarded to the juvenile department for follow-up.

February 19, Deputies responded to a two car crash occurring at the check point at the Depcom Construction Site off Webster Road in Fort Rock. The investigation led to the issuance of two citations for driving a motor vehicle uninsured and fail to register a vehicle.

February 20, Deputies responded to North Lake High School regarding a harassment complaint. The investigation revealed that a male student sent an obscene picture to a group of 8th graders. The principal was notified and contacted law enforcement. The parents of all involved have been contacted and informed of the incident. The investigation has been forwarded to the juvenile department for follow-up.

February 27, Deputies responded to an incident involving a theft of cans within a gated residence. The victim reported that a known suspect entered a gated area in the rear of his residence and stole two sacks of empty cans. The incident was caught on video by a surveillance camera and confirmed what the victim had stated. The suspect was located and interviewed regarding the theft. After originally denying the theft, the suspect stated that he might have stolen the cans

Chamber News

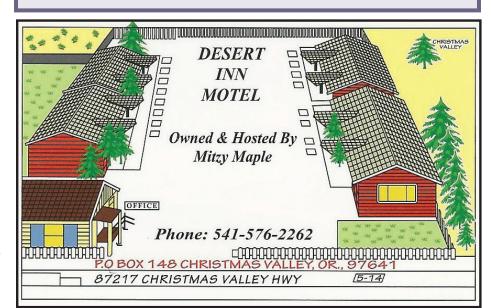
At the Christmas Valley/North Lake Chamber of Commerce meeting on March 5th we finally settled on a date for the Annual Awards Banquet. The theme - French Country - the place - Hank's House.

Within the next two weeks everything went south. We had phone discussions and made the decision to cancel this year's event. The health of our community is paramount!

This does not mean that there will be no awards. We have selected the recipients and our intention is to present them individually, get a few good photos and of course a short interview to publish.

As to future events, only time will tell. Hopefully by July public gatherings will once again be safe. If so then the parade and other Chamber sponsored events will take place.

We do encourage everyone to shop locally as our merchants need our support. We are all in this together and at some point this will pass. Its ramifications will linger into the distant future.



if he was hungry. The suspect was cited and released and provided some food.

March 1, Deputies responded to the 800 block of South G Street regarding a welfare check. The reporting party stated that his daughter and her boyfriend who had been drinking were involved in a domestic dispute. The argument involved her boyfriend having a drinking problem. She mentioned that during the argument her boyfriend called her undisclosed filthy names. She mentioned a previous incident in which he physically forced her against a wall in the residence while screaming in her face. The boyfriend

was contacted and arrested. The suspect was transported to the Lake County Jail where he was booked.

March 3rd, Deputies responded to the 700 block of Center Street regarding a trespass incident. When Deputies entered the apartment the suspect was observed sitting on the couch in the residence. When asked, the suspect acknowledged that she was not supposed to be at the location and admitted she had trespassed in the past. The suspect exited the residence and was told she was under arrest for Criminal Trespass II. The suspect was transported to the Lake County Jail and booked.

The Community Breeze A Message to Our Customers from Robbins Equipment

To all customers near and far, all of our Robbins Equipment stores are still open but taking precautions to maintain a healthy environment for our customers & employees.

We would like to offer the option of contacting us via phone to place an order for any parts needed and making arrangements to receive those parts. Such as placing them outside or shipping them to you for parts not in stock.

Unfortunately we have to cancel the Baler School that was scheduled for April 6th & 7th in Burns & Christmas Valley. We

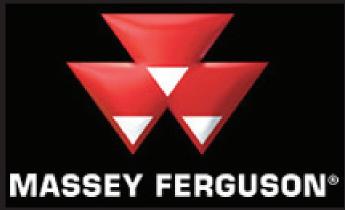
look forward to this virus passing and will plan for an event later this summer or fall.

If you are not wanting to go anywhere but are still needing parts from AGCO, you can use our AGCO parts books on our website to find part numbers. If you do not have a log-in, choose the guest user log-in. Then you can contact your local store to place an order, orders can be sent directly to customers so please ask for that service if you are interested. AGCO parts book link listed below.

https://apb.agcocorp.com/



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Winter Hours: Mon-Fri 8:00 - 5:00 Saturday 8:00-noon Closed Sunday

STELLAR By NAILS MINDY 41-576-4144 Marieures ~ Pedicures ~ Meeting all your Meeting all your Located in Ann's Styling Salon

Celebrate Recovery

Currently our meetings an the Christmas Valley Community Church are Canceled

We are available by text and phone

 Sherry
 541-576-4509

 Del Renee
 541 815 4370

 Tim
 541-977-4944

Narcotics Anonymous

Currently our meetings at the Christmas Valley Community Hall are Canceled

Anyone needing information or an Online meeting is encouraged to contact Andy Cottrell via Facebook



Limited Take Out Menu

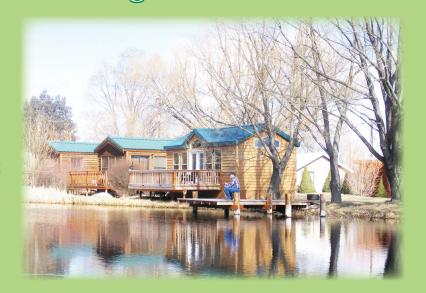
Variety of Burgers

Chicken Strip Baskets

Fish & Chips

We have beverages to go including Beer and Wine

Proudly Serving Sid's Produce



Visit our beautiful Gift Slosed Hand crafted Sust Gift Shands goods & tack by Doug White!

Specialties of the House! Hand-cut Steaks! Grilled Salmon & Fabulous Prawn Dinners

During these difficult times we will attempt to maintain our regular hours, however, there will be days when we may close or shorten our hours. We encourage you to call ahead and verify the plans for that day.

We wish you all a safe journey through this surrealistic experience and that you stay safe and healthy.



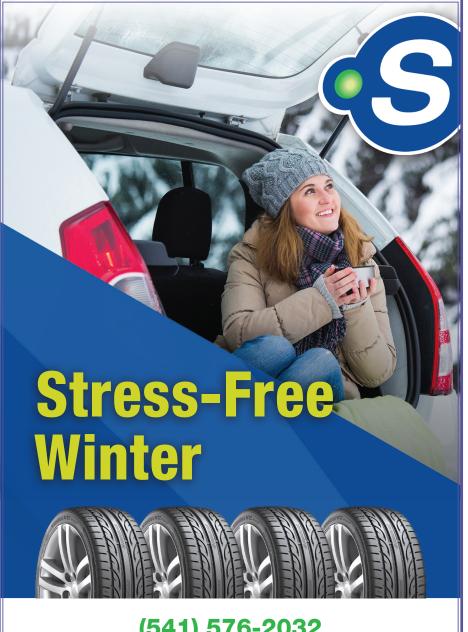
HOURS

Mon - Thurs

4pm - 7pm

Friday & Saturday

8am - 2pm & 5pm - 8pm Sunday: 8am-close



(541) 576-2032

86908 Christmas Valley Hwy www.PointSTire.com/NorthLake



Penne Pasta with Eggplant Tomato Sauce

A quick and easy dish to prepare, I think this is my third recipe involving eggplant, sorry. But, since eggplant grows so well in our area, I have a lot in my freezer and have to use it up so I have space for this year's crop. No, I don't have to plant any this year but it is such a beautiful plant, I can resist. Therefore:

Penne Pasta with Eggplant Tomato Sauce

Sea Salt

12 oz Penne pasta (or whatever you have)

1/4 cup Extra Virgin Olive Oil, plus some for drizzling About 1 lb of Eggplant cut into small (3/4") cubes

Freshly Ground Pepper

5 Garlic Cloves, pealed, smashed and chopped

1 28 oz can Plum Tomatoes squished up (can use 11/2 lb fresh, chopped up)

1/2 tsp Dried Oregano

1/2 cup Ricotta Cheese (or use cottage cheese)

1/2 cup torn fresh Basil (can use sprinkles of dried to taste)

Cook pasta in large pot of boiling water as package directs. Drain, reserving 1/2 cup cooking water.

Meanwhile, heat 2 Tbsp Olive Oil in large skillet over mediumhigh heat. Add Eggplant and Garlic, season with Salt and Pepper and cook, stirring every so often until golden and tender, about 4 minutes. If skillet gets dry, add more Olive Oil.

Add rest of Olive Oil, the Tomatoes, Oregano, 1/2 tsp Salt and a few grinds of Pepper. Cook, stirring occasionally, until sauce is slightly thickened, 5 min.

Add Pasta, and the reserved pasta cooking water to the skillet. Cook, tossing gently about a minute. Adjust seasonings.

Serve topped with Ricotta Cheese and Basil and drizzled with Olive Oil



Natasha Rudd, N.D., L.A.C



Dr. Natasha Rudd is a fourth generation doctor with a focus on the prevention of illness in the primary health care setting. She is a licensed practitioner of Naturopathic Medicine and Licensed Acupuncturist. Dr. Rudd earned her Masters of Acupuncture and Doctorate of Naturopathic Medicine from the National College of Natural Medicine in Portland, the oldest Naturopathic College in the United States. She has also completed advanced course work in botanical medicine and acupuncture in critical care.

CLINIC INFORMATION

Due to the rapidly changing dynamics of COVID-19, if you are a patient of the La Pine Community Health and want to be seen in the Christmas Valley site, please call 541-536-3435 and ask to be transferred to Christmas Valley for details.

Please leave a voice mail message if our receptionist is busy and unable to answer your call.

Dr. Helmut Eichner

Chiropractic Physician

Providing
Chiropractic
Services
Thursdays
9am to 5pm
at North
Lake Clinic



"Every day I'm blessed to help people with headaches, migraines, chronic pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, carpal tunnel syndrome, numbness in limbs and athletic injuries, just to name a few. I often see people who've come to me as a *last resort*. I'm a chiropractor, and I do things differently. I'm not going to give you medications to cover up symptoms. My job is to get to the root cause of health problems."

Call Dr. Eichner at 541-977-2767 to Schedule your appointment



A good practice now,

A good practice always.







Use hand sanitizer when soap & water are not available.

Proper hygiene is the best way to reduce the spread of viruses.

Your Christmas Valley Health Center!

North Lake Health District Medical Center

87520 Bay Rd | Christmas Valley, OR 97641

(541) 536-3435 | www.lapinehealth.org



NORTH LAKE HEALTH DISTRICT

Serving North Lake County Communities for Ninteen Years



Board Members (541) 576-2165

Carl Shumway, President Alice Dinsdale, Vice President Sandie Maerz, Sec./Treas. Earl Diment, Board Member Kathy Thompson, Board Member

Services Offered

Primary Medical Care Provided by La Pine Community Health Center 541-536-3435

Dr. Michael Allen DO Denise Griffiths, FNP Megan Lewis, FNP Clinic Hours: 8:00 - 5:00 Mon - Thur 9:00 - 4:00 Friday Closed daily 11:45-12:45

Massage Therapy

541-576-2110 or 576-2043 (Home) Shawn Lavallee, LMT By Appointment

Lake District Wellness Center Behavioral Health Services 541-947-6021 By Appointment



Chiropractic 541-633-6563 Helmut Eichner DC By Appointment

Naturopath/ Acupuncture

541-385-6249 Natasha Rudd, N.D., L.Ac. By Appointment

Optometrist 541-554-9888

Timothy Arbow, O.D.

By Appointment

Mental Health 541-515-9233

Tara Jones
By Appointment



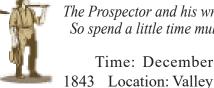
Dr. Natasha Rudd, N.D., L. Ac.



Acupuncture, botanical medicine, Bowen
Therapeutic Technique, Cranial Sacral Therapy,
Family health care, Flower essence prescribing,
General Internal Medicine, Homeopathy, Primary
health care, Personalized nutrition, Shiatsu
Massage, Stop smoking treatments, and Vitality
Longevity evaluations.

Dr. Rudd is currently accepting new patients and referrals for patients seeking natural therapies for any type of health condition.

To schedule an appointment to be seen by Dr. Rudd at the North Lake Health District's Medical Complex please call 541-385-6249.



The Prospector and his writing travel a path that has many curves and bends along the way, but in the end an interesting destination is reached. So spend a little time mulling over the journey and if you are curious like me, you may find yourself getting ready to do a little exploring.

PATHFINDERS JOURNEY Time: December

Opinion by the Prospector

"The road ran along Falls Junction the base of rocks raising to the east several hundred feet in the air and then we came upon a beautiful lake " was the last line I read of John C. Fremont's journal of his epic journey

Fremont was trained at West Point as a geologist and his mission was to assess the enemy's, the Shoshone Indians, availability's to weapons grade materials, Obsidian.

thru Lake County.

On his map Glass Butte and Newberry Crater obsidian flows are listed as ammunition depots.

After attacking the miners at Ana Springs (reservoir) Fremont's journal goes blank for couple weeks. It was on his trip to Glass Butte that he passed right thru Christmas Valley with the old Spanish Road clearly marked by a railroad rail cemented approximately 500 yards south from the intersection of CV Hwy and Old Lake Road.

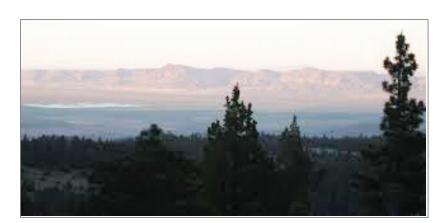
The notice on this monument states this was the stage coach road.

Looking down Old Lake Road towards Black Hills you will see what looks like a four-wheel drive road in-line with Old Lake Road going to the top of the hills where the Spanish had a least five silver/ gold mines operating but which is now off-limits to mining because of a flower the Spanish planted thus

making it rare commodity.

The Spanish also had a huge mining operation on the east side

The Spanish brought in shrimp and stocked Abert Lake for food



Oregon Natural Desert Association photo of Abert Rim illustrates its grandeur

of Abert Lake to such a degree one of the overlooking hills of the lake you will see random scattered white rocks that indicate a graveyard for the officers. Unlike our graveyards where we plant bodies in neat rows the Spanish randomly buried bodies but the white headstone is a 'dead' give-away. An excellent place to metal detect because we all know the that often coins and other treasures were accidentally dropped at

This road can be seen from just north of the 395/31 Junction heading north passing by the lone juniper tree on a long slopping hill. for the army. These shrimp are still surviving today. Fremont makes no mention of engaging miners during his time at Abert Lake and I'm at loss at what they were mining but it must have been profitable to maintain such an operation for an extended period of time.

When on HWY 31 at MP 129 look to the north and the black marble size rocks are tin nodules scattered over a wide area directly behind the mining operations. The best test to see if a rock is metal is to hit it with a hammer. Most aren't metal so be wearing protective glasses.

Abert Rim is the third highest fault in the world with the first and second place escarpments located

The fault doesn't rise several hundred feet but nearly three thousand feet vertically from the valley floor with a basalt cap rock that is eight hundred and twenty feet thick.

For Fremont to only mention this fault in passing clearly throws some questions as to who wrote this journal. His father-in-law, Senator Benton (Benton County, Oregon) was possibly the biggest fan of the Manifest Destiny and his journal has some definite woman touches as in the repeating of the word 'beautiful' countless times.

Fremont's journal wasn't presented to Congress until two years after his arrest for desertion in California where he elected himself to the highest position in this newly created Republic just as Austin in Texas and Young was trying to do in the Utah area.

Fremont's California included Nevada, New Mexico, and southern parts of Idaho and Oregon with a chunk of Mexico thrown in for good measure.

The problem that arose was that Fremont was still enlisted in the Army. John C. Fremont must have been impressed with the Rim and lake because he named them after his commanding officer, Abert.

Businesses Go on in Not so Usual Ways

Summer Lake Cafe will be open for takeout and will also deliver curb side. Please call ahead for hours and availability.

Businesses:

Ann's Styling Salon as with all such businesses has been ordered to close the doors until further notice.

Christmas Valley Park and Recreation office lobby is closed to visitors. Please communicate using the phone, email or the drop-box located near the office door.

Course can be played. No cart rental at this time. Players are asked to respect safe distancing and to sanitize the Kiosk after dropping greens fees.

will maintain their regular hours and staff is very happy to take and fill orders over the phone as well and the payment. The store is open and customers entering are asked to respect safe distancing, even when finalizing a transaction.

J.W Kerns Hardware and Valley Irrigation is open during their regular hours. Customers are asked

to respect safe distancing with other customers and staff and to avoid unnecessary touching of products. The staff are also able to take your order via phone and run you payment on your card or account and will have your order ready to load up curb side.

KBE is open during the regular hours and appreciate customers calling and placing orders and scheduling a pick-up time whenever possible as a way to protect employees and the public.

Oregon Country Realty is Christmas Valley Golf operational but the office is closed. Shara Shumway says she may occasionally make an appointment but will be working remotely and virtually for the most part.

Pacific Crest Federal Credit Handde Pulp & Electric Union has the lobby closed and are working with customers by appointment only. Customers are encouraged to use Night Deposit, Online banking and Banking by phone.

> Patty Effingham's Office is keeping the lobby closed. If you need assistance you are asked to call and make an appointment. Patty said that currently they are not doing any notarizations.

Point S Tire and Auto Service North Lake is keeping their regular hours. The lobby is open for customers to wait for the service and is being regularly sanitized. They are requesting that customers maintain safe distancing and that they do not come into the shop.

Robbins Equipment is keeping their regular hours. They have provided detailed instructions for customers wishing to avoid social contact and they are printed above their advertisement on page eight.

Santa's General Store is operating during their normal business hours. They are limiting customers in the store to no more than six. They will work with customers who wish to place phone orders and pay for their merchandise over the phone and will do curb side pick up.

Stellar Nails by Mindy as with all such businesses has been ordered to close the doors until further notice.

The Willows and Willows West are closed, however they are willing to schedule one-on-one appointments. Lara says they are doing their part & she is knitting.

CONTINUED Cancellations - closures and

alternatives:

The annual Easter Egg **Hunt** is canceled.

The Grange's Annual Easter Breakfast is canceled as is their annual Beef Dinner and Pie Auction.

Bingo at the CV Community Hall is on hold until further notice.

The Dunes: In case you haven't heard, The BLM has closed the Dunes.

All the libraries in Lake County are closed but they have a great web site that offers alternatives to accessing hard copies.

The Soup Kitchen will continue to operate with the meals being prepared for take out.

Both Narcotics Anonymous and Celebrate Recovery will be on hold for face to face meetings but facilitators from both organizations will be available. Their information can be found on page eight.

We hope you find this information helpful during these difficult times. We know there is much more information to be gathered and shared but this is a start.

The Community Breeze

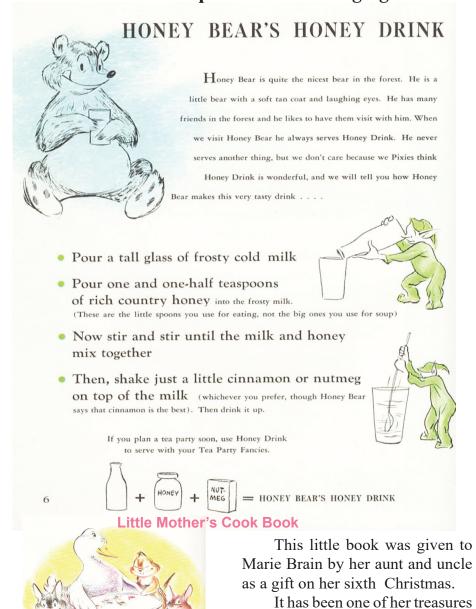
Positive Words

HVPZVLVOCX

WORD LIST

	E N N I O D A I D W	WORD LIST
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RRHG QSY P	A A P Q P O G A O H Z L S Q I D I E O P I C T A R J R J S H E F N B O R N O K A O J R I G V S D A E E R E G A E U M U E P	INCREDIBLE VISION This puzzle is rated as difficult - see what you can do.
mywordsearch.com	HVDZVIVOOV	

There are a lot of little pre-schoolers hanging out with family and these fun, friendly recipes are just for them!



ever since. Perhaps it is partially

responsible for her love of cooking

citizens will have a Honey Bear

Drink and Quacky Duck Tea Party

We hope some of our little

and all things food.

with Fancies.

Every single day we sit in front of Quacky Duck's house and eat her tea party fancy. To make this fancy you will need:

Bread Peanut Butter

Jam or Jelly (or both if you like)

Take a slice of bread Peel off the crust (Quacky eats the crust while she makes her fancy.)

Take a table knife

Cut the bread into diamonds like this

...hearts like this

...stars like this

Don't make them too big ... just a little bigger than bite-size.

Then, spread the peanut butter over the top of each diamond, heart and star

Now, put on a little bit of jam or jelly

Place them on a plate and serve

Each time you eat a Fancy, you must laugh out loud. When your guests eat Quacky Duck's Fancy, they must laugh out loud. That is what we do, and before you know it you will all be having the best of times!

OUACKY DUCK'S TEA PARTY FANCY

Just as you do, we Pixie's love tea parties. Of all our friends in the

afternoon at 3:15 o'clock, Quacky Duck invites us to her tea party.

forest Quacky Duck has the most tea parties. Why every

Stained Glass Windows using Old Tissue Paper & Mode Podge

Mode Podge is a water based glue that is easily removed my simply applying water with a wet rag or towel.

Just cut up some of that old tissue paper you have been saving from past gift events then draw a design - or go abstract. Wet a piece of the tissue with the glue then place it on the window you are decorating. When finished let dry then you can use a black marker to outline the edges of the paper creating the stained glass look.

You can also decorate old jars using this technique. They are fun to have around for putting little special goodies in and they also make a good substitute for gift wrapping. Just add a bow to the lid.

Lake County Public Transportation

Operated by Lake Co. Senior Citizens Assoc.

NOTE: Please call 541-947-4966 ext. 106 For current information regarding available transportation and required qualifications. There will be no Senior Lunches until Shelter in Place is lifted

You can also Call Debbie @ 541-480-3600 for more information

BUDGET COMMITTEE MEMBERS NEEDED:

Most local governments in Oregon, from the smallest Cemetery district to the largest city, must prepare and adopt an annual budget.

Schools, counties, cities, rural fire protection districts, and most special districts are all subject to the same budget provisions. Each district forms a Budget Committee made of the Districts board members and an equal number of Appointed electors. The appointed electors must meet the

- Electors are registered voters in the district
- Cannot be officers, agents or employees.

following guidelines:

- All members have the same authority
- Appointed for staggered 3-year terms
- If the district can't fill all appointed members, the Committee can

be fewer.

Budget Committee Members are needed for the following Districts:

- Christmas Valley Park & Recreation District – First meeting is April 14, 9:00am at the District Office
- Christmas Valley Rural Fire Protection District – First Meeting is April 20, 7:00pm. at the Fire Hall
- North Lake Health District First meeting is April 6, 5:00pm At the District Office.

If you are interested in serving on any of the above budget committees, please contact Patty Effingham at 541-576-2640.

• Christmas Valley Domestic Water Supply District – First meeting TBA. If you are interested in serving on this budget committees, please contact Erica Anderson at 541-576-2090.

PLEASE GET INVOLVED IN YOUR COMMUNITY

A little About Special Transportation

Who can use the service, who can not. Well the simple answer is, Any one can use the services of the Special Transportation Program.

All you need to do is call **541-480-3221 Three days** in advance, further out is better but not required. And be sure to leave a clear message so we can call you back. The coordinator will do her best to get you scheduled, but remember it will still depend on available space and driver availability.

Drivers for the Special Transportation program are volunteers. They not only use their vehicle, they also are donating a good deal of their time.

Transportation scheduling can be confusing

Special Transportation is not the same program and Lake County Public Transit.

It is important to understand that Special Transportation drivers do not work for a wage. They are paid a stipend for their mileage and the cost of maintaining their vehicles. Frequently vehicles have more than one passenger and more than one appointment time to meet. At times this may make for a long day, especially if one appointment is at say 10am and someone else's is at 2pm.

So if you are confused about which service to use, check with the schedulers of both programs to see which services you qualify for. The real goal here is to get folks to medical care and also to get them to major shopping facilities.

Drivers may also have to take care of some of their own business, or shopping while a rider is at an appointment, or shopping somewhere else. Be patient, remember it is just as long a day for the driver as it is for you. If you know it will be an especially long day and you don't have funds to eat then please bring something to eat that will not make a mess in the car or stain upholstery.

We all love living out in the high desert and we all know that at times we will have to travel 60 to 100 miles to take care of health issues and major shopping. We encourage you to use the services and at the same time appreciate those that are making your rides and trips possible.

CHRISTMAS VALLEY RURAL FIRE PROTECTION DISTRICT

A public meeting of the Budget Committee of the Christmas Valley Rural Fire Protection District, Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 20120 to June 30, 2021 will be held at the Fire Hall.

The budget committee meeting will take place on April 20, 2020 at 7:00 PM. The purpose of the meeting is to receive the budget message and to receive comment from the public on the budget. A copy of the budget document may be inspected or obtained on or after April 20 at the office of Patty Effingham LTC EA.

NORTH LAKE HEALTH DISTRICT

A public meeting of the Budget Committee of the North Lake Health District, Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 2020 to June 30, 2021 will be held at the District Office.

The budget committee meeting will take place on April 6, 2021 at 5:00 PM. The purpose of the meeting is to receive the budget message and to receive comment from the public on the budget. A copy of the budget document may be inspected or obtained on or after April 7 at the office of Patty Effingham LTC EA.

CHRISTMAS VALLEY PARK AND RECREATION DISTRICT

A public meeting of the Budget Committee of the Christmas Valley Park & Recreation District, Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 2020 to June 30, 2021will be held at the District Office.

The budget committee meeting will take place on April 14, 2020 9:00 AM. The purpose of the meeting is to receive the budget message and to receive comment from the public on the budget. A copy of the budget document may be inspected or obtained on or after April 15 at the district office.

SOLUTION TO MARCH CRYPTOGRAM
WHO WELL LIVES: FOR THIS AGE OF OURS SHOULD

NOT BE NUMBERED BY YEARS, DAYS, AND HOURS

Salluste Du Bartas

HANDDE PUMP & ELECTRIC, INC.

Zimmatic Pivot Systems

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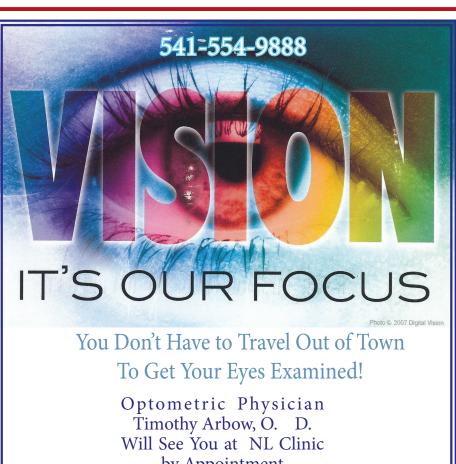
Duane Hand

PO Box 707

86908 Christmas Valley Highway
Christmas Valley, OR 97641

Fax (541) 576-2206

Fax (541) 576-2702







Public Meetings

CV Boosters - 2nd Mon at 6pm at Booster Building
CV/NL Chamber of Commerce - quarterly (watch for posters)
CV Fire Board - 3rd Mon at 7pm at The Christmas Valley Fire Hall
NL Park & Rec - 2nd Tues at 9am at Park and Rec office
CV Water Board - 2nd Wed at 1pm at CV Community Hall
EMS - 2nd Wed at 7pm at EMS Building
FT Rock Grange - 2nd Wed at 6:30pm at Grange
Ft Rock Historical Society - 2nd Tues-10am at the Museum









Dale Shumway

(541) 576-2218 (541) 420-2917

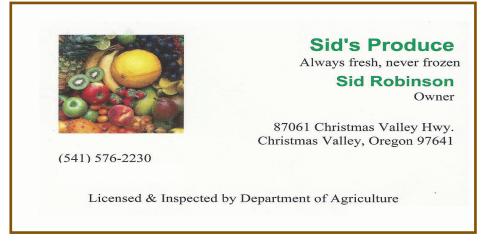
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\$75 Hourly Rate*

Septics starting at \$3,800

*2 hr minimum Licensed/Bonded/Insured CCB #99796 DEQ #38347



FR/SL SWCD - 2nd Thurs at noon at Silver Lake Fire Hall
Lake Co. Hay & Forage - 1st Thurs at 6pm at Lodge at Summer Lake
Lions Club - 2nd Mon at 6:30 am at Silver Lake Fire Hall

NA Wednesdays at CV Community Hall at 7pm
NL Health District - 1st Mon at 5pm at North Lake Clinic
NL School Board - 2nd Mon at 5:30pm at the NL School library.
SL Lioness - 2nd Wed at 10am at Silver Lake Fire Hall
SL Rural Fire Dist - 2nd Mon at 7pm at Silver Lake Fire Hall



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- Huge selection of Plumbing & **Electrical Supplies**
- Sinks, faucets, water heaters, pressure tanks
- Galvanized, ABS, CPVC

fittings and tools

• Lumber including plywood

Monday-Friday 8 am - 5 pm Phone: 541-576-2206 Fax: 541-576-2702 CCB #45220

- Fencing Supplies
- Landscaping pavers, & more

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Pacific Crest FEDERAL CREDIT UNION

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