

JANUARY 2020

# The Community Breeze

Serving the North Lake Communities of Christmas Valley, Fort Rock, Silver Lake, Summer Lake & Paisley & Southern Deschutes County

Published by Precision Mail Services

Visit us on-line [thecommunitybreeze.com](http://thecommunitybreeze.com)

[terryonitsway@aol.com](mailto:terryonitsway@aol.com)

## A view of Table Rock



Photo by Jeff Brustatori

## The R.E. Flowerree Memorial Park's Center tree taken out by wind

Only a few days after being lit up for Christmas, the lovely tree at the center of the 'Flowerree Park' succumb to the high winds of a recent storm. This is the second large tree to be planted in the space and the second to be lost.

Here in the desert all our trees are special, but this one was maybe a bit more so than most. So sad to lose it.



Photo by Gari Merrifield

## Light Parade lights up highway!





## A Tidbit about our Townsite Roads

As published in a recent *Lake County Examiner*: 40 Years Ago December 27, 1979

Lake County has agreed to maintain 37 miles of road within the Christmas Valley Townsite under a apparently forgotten agreement made years ago with the land developer. Lake County agreed to take over the roads after a previous Board approved the request when the subdivision was originally built. Archives were found about the agreement.





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POET  
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# Comings and Goings

By Terry Crawford

Well as always December has been a whirlwind of activity. Families visit, grand children wind up as if they were spinning tops. Too much food, especially when just barely recovering from all the wonderful meals and leftovers from Thanksgiving. I know I packed on a few pounds and with all the Christmas goodies I'm sure there will be a few more. I guess January will be the month of self discipline when it comes to eating.

The Christmas Valley/North Lake Chamber held its annual meeting on December 17th. The financial report was approved and some new business was taken care of. It was decided that the Tourist information building needs more adequate lighting, and since it has no power we will be researching solar options. The goal is to have back-lighting inside to highlight the window displays and Christmas lights on the outside with secondary, motion sensor lights over the pamphlet boxes for folks arriving at night.

It was also decided that the theme for the 2019/20 Awards banquet will be A Visit to the French Countryside with a menu to complement the theme. If the offerings are anything like last year's then all who attend are in for a culinary treat!

The Chamber is pleased to announce that Carol Hamil was nominated to and elected for an open Board position. Carol is a retired RN who moved to the area to be closer to family. She is a welcome addition to our community and to the Chamber.

After the Chamber meeting the Chamber hosted State Representative Vicki Breese-Iverson at the North Lake Health District's conference room for a meet, greet and question and answer gathering. In addition to Iverson, State Senator Dennis Linthicum was at the gathering. Together they presented a good deal of information about upcoming legislation. The meeting was well attended.

The Annual Light Parade was the biggest in years. So many lights and so much fun. After the parade the Community Hall filled with parade goers to see who won and to enjoy hot beverages and goodies. Thanks Boosters for all the cookies, fruit and nuts.

The parade winners were: Commercial - Point S Tire with their glowing giant tire snowman; Individual the Workentine Family. The farm division was won by Robbins Equipment. New Life Fellowship had a float featuring angles, and a host of riders and even some animals - they won for Non-profit. Our own NLRFD took home the prize for volunteer origination. I wish the Breeze had room for all the pictures we have from the event, but alas this year that is not the case. We don't even have room for all the Business and Home lighting contest photos. The winners were: Commercial, The Lodge at Summer Lake - always worth a drive by to enjoy the display; and Brimstone Coffee Company. They are planning on keeping Brimstone lit up year around. Makes sense in a town named Christmas Valley. *See Comings & Goings page 10*



North Lake School District No. 14

57566 Fort Rock Road, Silver Lake, OR 97638 • 541-576-2121 • FAX: 541-576-2705

December 16, 2019

**At the November 12, 2019 School Board Meeting I notified the Board of my decision to retire effective June 30, 2020. After 43 years as a licensed teacher and administrator, it just feels like time.**

**It has been a pleasure to serve this District for the last seven plus years. I am proud of what we have accomplished together during this time. I am proud of our Staff who does so much for a deserving student body.**

**This is a different district than the one I encountered in April, 2013. Among our many accomplishments have been:**

- **Immediately addressing declining financial status**
- **Certified staff evaluations procedures and handbook**
- **School safety and security measures**
- **P-3 Grand and the establishment of our Pre-School**
- **Professional Learning Communities and Teams (PLC's and PLT's) Restructuring the school calendar to allow for these (late start Mondays)**
- **Restructuring our Deputy Clerk and Business Management position by contracting with the Lake County ESD (typical for small districts statewide)**
- **Replacement of gym benches**
- **Restructuring First Student contracts and insurance clarification**
- **Bus replacement cycle**
- **Continued CTE emphasis**
- **Track installation and football facility renovation**
- **Creating an Alternative Education program**
- **May 2019 Bond election and pending construction**

**It has been my honor to serve and to be part of the North Lake School District. I feel truly blessed to have been a part of the North Lake family.**

Respectfully,

David Kerr, Superintendent  
North Lake School District

## The Community Breeze

Is published monthly and mailed to all deliverable addresses in Oregon's northern Lake County's communities. The Publisher is Precision Mail Services. Our mailing address is 85450 Christmas Valley Hwy., Silver Lake, Oregon 97638. Readers may also read the *Breeze* on line by going to [thecommunitybreeze.com](http://thecommunitybreeze.com)

Editor: Terry Crawford 541-480-0753 - [terryonitsway@aol.com](mailto:terryonitsway@aol.com)

Deadline: The 20th the month

### Letters to the Editor and Editorial Policy

Editorial commentary is welcome and all letters to the editor that are clearly signed with the writer's full legal signature and also include the writer's phone number will be considered for publication.

The following criteria will be applied equally to all submissions in determining a letter's appropriateness for publication: Letters may not include personal attacks, inappropriate language, libelous content, negativity which serves no other purpose than to harm or unverifiable facts. Letters are limited to 300-600 words. Letters may not promote businesses - to do so is considered advertising.

The Community Breeze neither supports or condemns any ideas, creeds, religions, customs, attitudes or beliefs and letters to the editor do not necessarily reflect the beliefs of its editor or its advertisers.

Please mail Letters to the Editor to *The Community Breeze* ATTN: Terry Crawford, 85450 Christmas Valley Highway, Silver Lake, OR 97638.

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Ralph Waldo Emerson

I hope all of my readers will have a happy new year. I hope your dreams will be fulfilled, your attitude in life will reflect a compassion for others, respect the individual differences of those you love, and those you have around you that may need you.

All special occasions and holidays are usually met with happiness if our faith and love is based on God and our savior. He is there to guide us in all we do.

We want the future to be positive for everyone and in all new endeavors, may they be met with inspiration and success.

As the year ended I prayed that the negativity we have around us dissipates with each new day of the New Year 2020.

May all of my readers find new peace, new happiness and keep having dreams for the future. I’m personally wishing each and every one of you a healthy, happy and satisfying life.



*Gloria*

Gloria Heglar

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**Dec. 20, 1948 ~ Dec. 22, 2019**

Timothy “Tim” Lee Warkentin

of Christmas Valley, Oregon passed away Dec. 22, 2019.

He was born Dec. 20, 1948.

A Memorial Service will be held

January 3, 2020 at 1:00 p.m.

at the Christmas Valley Community Church.  
Autumn Funerals Bend handled the arrangements.

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**The picture doesn't do  
the display justice.**

Photo by Carol Hamil

# From This Angle: *PAY IT FORWARD*

By Toni Bailie



Toni Bailie

Giving and receiving the generous gifts of time and energy, this is part of paying it forward. When I was growing up, my father, Wayne Negus, inspired me with his generous heart.

The summer I turned 14, I worked with my dad in a restaurant in the old Crescent Hotel. Dad served up the meals in the kitchen, and I learned to be a waitress. One day an old battered station wagon pulled into the parking lot. The car was packed with kids wearing scruffy clothes. Their father and mother were migrant workers, hoping for work in Willamette Valley orchards. When my dad saw their plight, he prepared sandwiches and jugs of homemade soup for them to take on their journey. "I can't stand to see little kids going hungry," my dad said.

When you pay it forward with a generous heart, blessings are multiplied back to you. During my father's last weeks of life, we traveled to Bend for his radiation treatment. At La Pine, we stopped at the blue pine showroom where

dad had placed some of his books on consignment. The owner greeted him warmly and told him, "Wayne, I am not taking any commission on your books. I will never forget back

threatens someone's home.

Members of our Paisley City Council and Paisley School Board donate hours of their time at monthly meetings to discuss and take ac-



when I was working at the Gilchrist mill, you let me run up a tab in your restaurant when money was tight."

I am blessed to live in a community where volunteers keep us functioning. In our disaster car, EMTs transport sick or injured people for medical care. Once a month, the Paisley volunteer fire department spend the afternoon training so they can respond if fire

tion on issues important to all of us. At the school cafeteria, volunteers serve food and wash dishes and other volunteers turn out to help with the grade school art classes.

Jan Murphy and her helpers fill and distribute boxes every month for Food Share. Inner Court Family Center director Cheryl Kemry Owens is coming up with great ideas to make the center even

more helpful to us in Paisley.

When winter dumped several inches of snow, she was over at the center clearing the entrance.

The Paisley Mosquito Festival Committee has been hosting events that enrich our community -- a haunted house at the Halloween Party, the community pre-Thanksgiving dinner and the Winter Festival with a lighted parade and a visit from Santa. To pull off successful events like these, volunteers spend long hours planning and doing the work.

Just think what a difference it would make, if everyone's New Year's resolution was to pay it forward, in big and little ways.

Here are some ideas: pick up litter you find as you walk along; cheerfully yield the right of way to a pedestrian; let someone go ahead of you in line at the store if you have a full cart and they only have a few items; give someone a warm smile, a hug and a word of affirmation.

The ripple effect of paying it forward could make 2020 a year of connection, instead of animosity, a year of collaboration instead of polarity. "Give and it shall be given to you...for with the measure you use, it will be measured to you.

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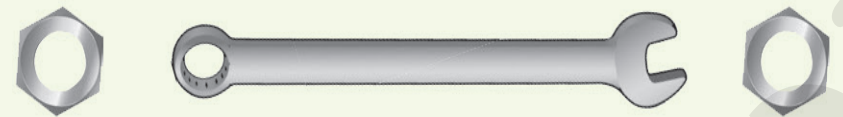
### *Meteor Showers, 2019 - 2020*

*Peak viewing dates*

**Quadrantids:** Peak Jan 3 & 4 2020: Full Period of activity: December 27th, 2019 to January 10th, 2020.

The Quadrantids have the potential to be the strongest shower of the year but usually fall short due to the short length of maximum activity (6 hours) and the poor weather experienced during early January. The average hourly rates one can expect under dark skies is 25.

These meteors usually lack persistent trains but often produce bright fireballs. Due to the high northerly declination (celestial latitude) these meteors are not well seen from the southern hemisphere.



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Hey Folks,  
It's that time of year. It's dark earlier and School is in session. Please slow down and give our children the safe space needed as they get on and off their school buses.



Winter is just weeks away. Things are brown, cold and breezy. Aren't you glad you are not a bee! I wonder how they feel flying out and not seeing any flowers left.

Well, this is the time they have been preparing for, and why you have been helping them with all that sugar water you gave them! If you are not sure now what to do over the next four cold months perhaps a few pointers will help. Here are some of my thoughts about December and Bee-yond. If you have done most everything right up until now, these three key points will help the girls and Queen Mother survive through the winter: Moisture control and ventilation, winter inspections, and feeding during the winter.

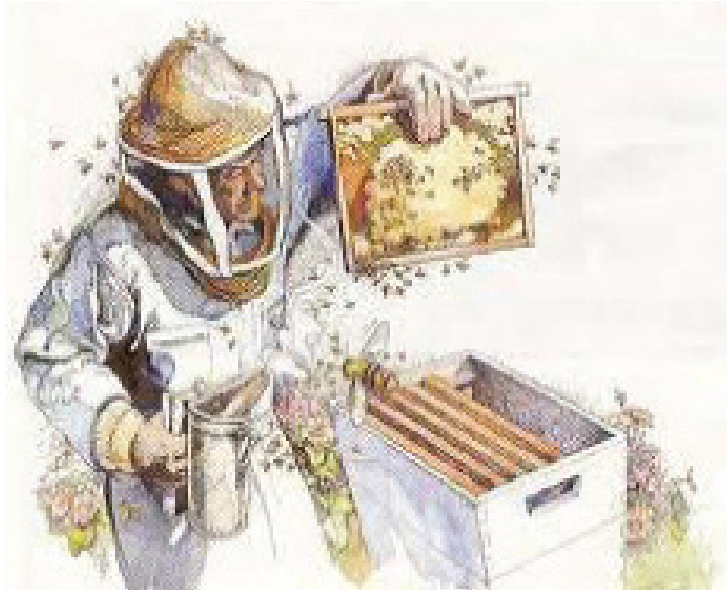
**Inadequate ventilation** can cause moisture to condense and freeze on the inner cover and drip down when it thaws. This water can be near 32 degrees and can chill and kill bees if it drips on them. The bees cannot move out of the way if they are stuck in their cluster. This moisture is partly the product of the bees' bodily activity just as you breathe out frost in cold air. The easiest way to tell if ventilation is adequate is to look at the underside of the top cover. Dry wood, probably ok/might be too much; damp wood, may need more ventilation, water condensation on wood, Houston we have a problem!

As you can see it is somewhat of a balancing act. I have learned through the years that a moisture box is about the best all-around tool to help control moisture in the colony. Simply, it is a box with the



# BEE-Cuzz You Asked December and the Bees

By Gary A. Brain Summer Lake Apiaries



same dimensions as a super only it is just four to five inches deep with a screened bottom using 8 mesh screen stapled to the bottom. I put burlap on the inside on top of the screen and then put two to three inches of wood shavings on top of the burlap. This box can go directly on the top of the inner cover or if you are feeding fondant or grease patties, you can leave off the inner cover and put the moisture box right on the top of the hive box. Just make sure you have top ventilation/ upper escape holes on your top hive box. Your mouse guards and entrance reducers should be in place. Don't worry too much about snow. If you pick up a big handful you can breathe through it (I had to try this before I stopped worrying). That said it is easy enough to clear off snow when you have hives at home if it is safe to walk to

them. But Winter yards are usually unsafe to get to in such conditions so it is best to just not worry about clearing off the snow during normal snowfalls. Heavy ice might need to be removed if it were to seal the entrance-just depends. Don't go out and take a fall and injure yourself for this. So basically-safety first on snow and ice. And besides, the upper ventilation/escape holes should be adequate for ventilation of the hive

**Winter inspections:** You can inspect a hive in winter if you do it under the right conditions and for the right reasons. In fact you *need* to inspect your hives. I am not talking about pulling everything apart. Nor am I talking about thinking you have to go in there every week. When you do inspect be sure to be *very very gentle*

and do not slam the lids or pop off the inner cover with a fast motion. This would upset the bees and they might be inclined to investigate. Plus, if it is cold they are mostly idle and should stay so. I almost *never* remove boxes even when weather is warm as the propolis seal is broken and drafty air could then come in. I also normally don't pull frames. Do NOT spend much time with the hive open. One or two minutes is plenty to see what you need to see unless you are doing a post mortem. You will want to take the opportunity *when it is presented* to check for several things over the winter: •Are they alive?• Where is and how big is the cluster? •Do they need food? •Are their numbers dwindling?

**On to Feeding:** Your feeders should be off now. In other words all you have up top there is the inner cover, moisture box and top telescoping-cover. By the way, do not underestimate the strength of winds in winter. I have had wind over 90mph at my house and numerous instances of wind in the 60s. I have cargo straps that go completely around my hives and stands and I secure the stand legs to t posts driven into the ground.

If you do have to feed at some point in the winter, determined by winter inspections, you must *not* use bucket or jar feeders now that there are cold nights. Those feeders can draw air in when it gets cold then pump deadly cold syrup onto the bees when air in them expands.

**See Bee-Cuzz, page 7.**

NAPA Crew

Happy New Year from the

We would like to congratulate Austin Terrell, He is the lucky winner of our Christmas raffle supporting the La Pine Christmas Basket Association.

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## Lake County Sheriff's Office K-9 Spyke Michael Taylor, Lake County Sheriff

In the latter part of November, the Lake County Sheriff's Office purchased a K-9 to assist in the apprehension of suspects involved in felony and various misdemeanor crimes. Spyke is a four (4) year old German Shepperd who will be in training with his handler, Deputy Rachel Bonine, for the next six (6) weeks.

Deputy Bonine and Spyke will be involved in an aggressive training regiment specifically detailed to tracking suspects who flee crime scenes and apprehending those who are resistive and violent. The duo will also be applied in various schools to ensure drugs are not present in the facilities where our children are being educated, ensuring a safe and drug free environment. At the conclusion of the training Deputy Bonine and Spyke will be hitting the streets on February 20, 2020.

Deputy Bonine and Spyke will be assigned to North Lake County, however, will also be utilized as needed throughout Lake County.

Please feel free to come meet Deputy Bonine and Spyke by making an appointment with Deputy Bonine.



### Sheriff's Report: Submitted by Sheriff Michael Taylor

**November 14,** Deputies responded to the 200 block of North P Street regarding a physical domestic incident where the female had been assaulted by her husband. The investigation revealed that the male half had assaulted his wife after he came home from drinking and possibly using drugs. The assault was witnessed

by several children in the residence. The male was arrested for Assault IV Degree, transported to the Lake County Correction's Facility and booked.

**November 29,** Deputies executed a search warrant in the 88000 block of Fairview Lane regarding a rash of burglaries North Lake

*See Sheriff's Report page 12.*

### BEE-Cuzz From page six

Bees cannot survive if their body temperature gets below about 46 degrees Fahrenheit.

How much food do the girls need to survive the winter? I weigh my hives after I have pulled off the honey supers. The hives should weigh **at least 70 to 90 pounds!** *If any do not, mark light ones in your journal as light hives and keep an eye on them throughout the fall. Remember the mantra for fall: Feed Feed Feed!*

If you do need to feed in December or in January you should make grease patties and/or fondant cakes. Grease patties or a cake of fondant candy is placed on the top

bars (of top box) with a shim as cake may be 1-2" thick or so. Since the bees are probably near the top they can get to this readily even if it's somewhat cool as their heat rises up to the candy.

So much information to share, so little space in which to share it! As always, use the Internet as a resource for questions and information. Bee thinking about what you need to do for Spring and, if you are thinking of ordering packages, nucs, or queens, do this in early January.

**Have a Very Merry  
Christmas and Happy New Year!**

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**Oregon's Poet Laureate to present at PLAYA**

Kim Stafford is the founding director of the Northwest Writing Institute at Lewis & Clark College, where he has taught writing since 1979. He is the author of a dozen books of poetry and prose, including *The Muses Among Us: Eloquent Listening and Other Pleasures of the Writer's Craft* and *A Thousand Friends of Rain: New & Selected Poems*.

His most recent books are *100 Tricks Every Boy Can Do: How My Brother Disappeared*, *Wind on the Waves: Stories from the Oregon Coast*, and *Wild Honey, Tough Salt*.

In 2016 the 30th anniversary edition of his collections of essays, *Having Everything Right*, came out from Pharos Editions. He has taught writing in dozens of schools and community centers, and in Scotland, Italy, and Bhutan. In 2018, Gov. Kate Brown named him Poet Laureate of Oregon for a two-year term.

**PLAYA Awarded More than \$120,000 in Grants**

PLAYA, an artists' and scientists' residency program, has received more than \$120,000 in grant awards in 2019 to support its mission, programs and projects. Grants were received from the Ford Family Foundation, Kinsman Foundation, James F. and Marion L. Miller Foundation, National Endowment for the Arts, Oregon Arts Commission, Oregon Community Foundation, Oregon Cultural Trust, Oregon Humanities, Reser Family Foundation, Ronald W. Naito MD Foundation and Travel Southern Oregon. **The Oregon Community Foundation, Oregon Arts Commission, Oregon Cultural Trust and Ronald W. Naito MD Foundation Award Operating and Organizational Support** PLAYA was pleased to receive three grant awards for general operating support and three for organizational advancement. The Winter Rim Fund of the Oregon Community Foundation awarded \$30,000, the Oregon Arts Commission granted \$6,499 and the Ronald W. Naito MD Foundation awarded \$10,000. These grants support the daily operation of the PLAYA artists' and scientists' residency program. In addition, the Oregon Community Foundation awarded a \$5,000 technical assistance grant for financial analysis. The Oregon Cultural Trust granted \$750 for staff training and \$2,000 for organizational development. **The Ford Family Foundation and Kinsman Foundation Support Partnership and Exhibits with High Desert Museum** Two grants—from the Ford Family Foundation in the amount of \$15,000 and the Betty Kinsman Fund of the Kinsman Foundation for \$5,000—support PLAYA's growing partnership with the High Desert Museum in Bend, Oregon. The Ford Family award was directed to visual arts exhibition and documentation of PLAYA residents' work at the Museum. The Kinsman Foundation supported a photo exhibit, also by PLAYA residents, at the Museum. These awards provide increased exposure for the work created at PLAYA during residencies and contribute to the diversity of the Museum's exhibits.

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Wishing all a happy and prosperous new year!

# The Flyway Restaurant

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Our Chefs present:  
Interesting  
and Delicious  
Dishes

Great Deli-style  
Sandwiches

Hand-pressed  
Gourmet Burgers

HOURS

Mon - Thurs

4pm - 7pm

Friday & Saturday

8am - 2pm & 5pm - 8pm

Sunday: 8am-close

## Gluten Free 'Fallen' Chocolate Cake

We made this dessert for our Valentine's Weekend Special at the Flyway restaurant on the advice of our Chef Jason, who said it was the most fabulous chocolate cake he had ever tasted! We agree with him

According to the internet blog.redvelvetnyc.com, this cake was created by an accident in someone's kitchen--(there are several stories) so it's often called "uno dei pasticci più fortunati della storia" or one of history's most fortunate mistakes.

For those of you on a gluten free diet, if you love chocolate, you will know rapture. You can substitute semi sweet for the bittersweet chocolate if necessary but it will not be as bold a flavor. Some renditions add some vanilla and/ or espresso powder. We chose to keep it purely, intensely chocolate.

### Incredibly Simple Ingredients

- 1lb of bittersweet chocolate
- ¾ cup sugar
- 6 large eggs
- ½ cup real butter (1 cube)



- Set oven for 325° F
- Cut a circle of parchment or wax paper to fit in the bottom of an 8 or 9 inch cake pan. ( Just trace around bottom of pan for pattern.) Use a spring form pan if you have one but it's not necessary. Grease your pan and place parchment in bottom; then grease it too.
- Put about 1/2 inch of water in bottom of another oven-proof pan (such as a roasting pan) that is larger than cake pan for a water bath. This will prevent the top of your cake from splitting. Put it in oven to preheat.
- Mix eggs and sugar in a stand mixer until foamy. Just turn on and let mix on med or high for about 10 minutes.
- Melt chocolate and butter in double boiler (or microwave) stirring as it melts.
- Wisk Chocolate mixture into the egg mixture till thoroughly combined and pour all into the parchment lined cake pan.
- Place pan in water bath making sure water is only about ½ way up side of cake pan.

Bake for 30 – 40 minutes or until cake is firm but still jiggles a bit. Or when table knife inserted in center comes out clean.

That's the basic cake. For an over the top version, make a *ganache* of 1 cup semi or bittersweet chocolate chips and ½ cup cream melted and whisked together. Pour this over cooled, unmolded cake drizzling down sides. Add raspberries or raspberry sauce to the plate for garnish if desired. Gotta go now. I need some chocolate!

## CHEESY BREAD PUDDING WITH MUSHROOMS AND LEEKS or MUSHROOM LEEK STRATA

This dish is incredible comfort food for these cold snowy days! Double the recipe and freeze half for later if you like. This serves 10 or 12 as a side dish but we use it as a main dish serving 5 or 6 by adding a cup or two of left over chicken or ham to the mix.



- 2 1/2 Tbsp Butter
- 1/2 a 1 lb. loaf of Sourdough Bread, cubed
- 2 leeks, halved, cleaned and sliced thinly  
(we have used 1 lg yellow onion when leeks unavailable)
- 3 cloves Garlic, smashed & minced
- 6 oz or so wild or other fresh mushrooms, sliced ( we use dried wild porcini and meadow mushrooms from our lawn)
- 1/8 tsp sea salt
- 1/8 tsp fresh ground pepper
- A Slosh of (2 Tbsp) dry white wine( I had dry vermouth)
- 1 1/2 C heavy cream
- 4 or 5 Jumbo eggs
- 1/2 C grated Parmesan Cheese
- 1/2 C shredded Gruyere Cheese ( Swiss works well too)
- 1 1/2 tsp snipped fresh thyme
- 1 1/2 tsp snipped fresh parsley
- Optional: 2 cups leftover shredded chicken or cubed ham

Butter a 2 quart baking dish with 1/2 Tbsp butter  
If using dried mushrooms, reconstitute in cup or so of boiling water in microwave for 30 seconds.

Melt 2 Tbsp butter in large skillet over medium heat. Add leeks and garlic and cook stirring, until leeks begin to soften, about 10 min. Add Mushrooms and Salt and Pepper and cook stirring until mushrooms soften, another 10 minutes. Mix in the slosh of wine and cook 1 min more.

Add bread cubes to skillet and toss with mushroom mixture, then put into buttered baking dish. Add meat if desired.

Whisk together Cream, Eggs, 1/3 cup of each cheese and the herbs in a bowl. Pour over bread mixture. Chill, covered overnight.

Uncover pudding and sprinkle remaining cheeses over top. Bake in a 375° oven until table knife comes out clean from middle of pudding and top starts to brown, about 40 minutes. Let rest 10 minutes before serving with a crisp green salad. Salute'

*Marie Brain*

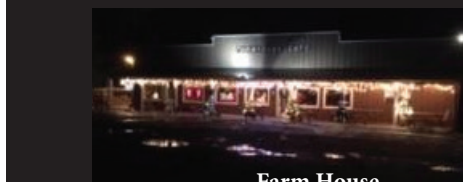
### Comings and Goings From Page two.

At right are a few more photos that Carol Hamil and I took. It really proved difficult to get any that would print as the wind was blowing which means the lights were too. We don't know who the house off Millican belongs to but it and the Gassman home with the great lit tree and white surround lit fence tied for home lighting. And the cute place on the highway just west of town won the vignette award. Sorry the photos of them are not featured.

The Breeze wants to once again thank all the writers who regularly contribute articles for publication. Toni Bailie, Gloria Hagler, Gary Brain, Marie Brain, and the Prospector. To all of you who write articles when you have time, your efforts are much appreciated too. These writers have helped make *The Community Breeze* a fun read for community members.

Thanks too, to all the businesses who advertise in the Breeze. This little paper is advertiser supported. We hope that readers will, whenever possible, support our local businesses, just as they support our community.

It hardly seems possible that it is 2020. Time surely does slip by. I'm beginning to realize however that rather than time passing us by



perhaps we simply mark time by significant experiences and leave the day-to-day events in some seldom opened memory file. Just a thought.

I hope that each and every one of you has a healthy, happy and memorable 2020.



### SEASON'S GREETINGS

*The North Lake Health District would like to wish all of you the best in the New Year. Blessing to you and your family and may the year 2020 bring you joy, prosperity, good food, good friends, quality time with family and the best of health.*

*Season's greetings and Happy New Year*

# ENERGY DRINK STOCK UP!!!

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6550 Hwy 31 - 541-576-2401



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*Dr. Rudd is currently accepting new patients and referrals for patients seeking natural therapies for any type of health condition.*

To schedule an appointment to be seen by Dr. Rudd at the North Lake Health District's Medical Complex please call 541-385-6249.

## NORTH LAKE HEALTH DISTRICT

Serving North Lake County Communities for Nineteen Years



87520 Bay Street Christmas Valley, OR 97641

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- Sandie Maerz, Sec./Treas.
- Earl Diment, Board Member
- Kathy Thompson, Board Member

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541-536-3435

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Denise Griffiths, FNP  
Megan Lewis, FNP  
Clinic Hours:  
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Closed daily 11:45-12:45

**Massage Therapy**  
541-576-2110 or 576-2043 (Home)  
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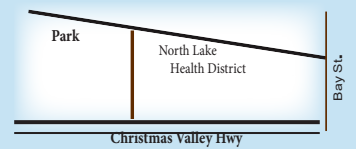
**Lake District Wellness Center**  
Behavioral Health Services  
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Helmut Eichner DC  
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Timothy Arbow, O.D.  
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[www.lapinehealth.org](http://www.lapinehealth.org)





*The Prospector and his writing travel a path that has many curves and bends along the way, but in the end an interesting destination is reached. So spend a little time mulling over the journey and if you are curious like me, you may find yourself getting ready to do a little exploring.*

When the Pilgrims were landing on Plymouth Rock the Shoshoni Warriors of the Ochocos were laying siege to the town of Santa Fe to free their Brothers the Hopi, Zuni, and Pueblo Indians who were enslaved by the Spaniards. Riding six abreast the warriors could fire arrows faster than a single shot gun all while the horses were walking on their hind legs into the enemy. The horse's front legs were outfitted with obsidian knives along with obsidian dentures. A horn resembling a unicorn was strap to their head. If the Spaniards could make it thru the slashing hoofs and snapping teeth then they got the 'horn'. Within a days' time the estimated population of nearly 8000 Spanish was reduced to less than 2500 -- the number that made it safety in El Paso. The displaced governor of the first settlement in the New World by the Spanish, Don Juan de Onate, made it to El Paso "only by the grace of God and a damn fast horse"- as it was reported to Mexico City . . . "The Indians attacked with shamelessness and daring." He did not exaggerate, and the Spanish government believed him. Spain's sweep through South America could be likened to a stroll through the streets of Madrid on a Sunday afternoon... challenging but pleasant and rewarding. Their conquest of western North America could be compared to a dash through a briar patch in the nude.... Not only was it embarrassing, but it also drew blood, specifically, Castilian blood.

When the Spanish took possession of Santa Fe; the Hopi moved all their worldly belongings

to the inaccessible mesas of northern Arizona. Many of the fleeing Indians reached Eastern Oregon and established a home in the oldest

# 1690

*By the Prospector*



mountains just south of Steens Mountain and gave the mountain range its name, Pueblos.

The Shoshoni - their appetite now whetted for blood - rode east to join forces with the Kansas horse rustlers (Comanche) and drove past El Paso to Monterrey Mexico where they found what turned out the greatest cultural game changer in North America's history, thousands of horses.

From the camps along the Red and Canadian Rivers the Shoshoni raided Spanish settlements for whatever they had to offer. War parties sometimes thrust hundreds of miles into Mexico and returned with as many as 1000 horses. The Spanish and Mexicans were regarded as feeble enemies. Most of the contraband was funneled back into the Shoshoni tribe called the Yuhtas, who the Spanish called the Utes. The Utes were the merchants of the Shoshoni Nation which sent the horses to their Brothers the Paiute, Zuni, Hopi,

Pit River, Bannock, Modoc etc. etc. The culls were sold to their enemies for a great profit... Nez Perce, Arapahoe, Cherokee, Cheyenne, Blackfeet, Chinook,

Flathead, and even their arch-enemy the Sioux Indians.

Some of these cull horses were bred to become the most sought out by the 1800's. Named for the Nation that raised them, the Cayuse Horse out shined the Shoshoni horses. The very best horses, of course, went to the Ochocos. They found horse so plentiful in Mexico that the Comanche took up permanent residence to serve as a supply depot for the northern campaign. The Comanche were short legged, ungraceful people when on the ground but when mounted, were some of the showiest horsemen the world has ever known. Phineas Taylor Barnum called

them "greatest horsemen in the World". That was not a showmen boost. The Comanche's were also the world's greatest horse thieves.

Mystically certain of their superiority in the way of born riders, they regarded other people, white or red, as inferior beings. Prior to this raid into Mexico the only horses to be found in North America were under the Saydocarah Warriors who had been raiding the Spanish for over a hundred years. These warriors could ride from the Pacific Ocean to the Mississippi River and be worshipped as a God on these animals.

The Comanche's were now controlling from the Savanna River to western Texas and hooking down thru Mexico -- constantly changing their campsites. The Conquistadors called them the Ghost People.

Feeling confident their Brother the Comanche had the situation handled the Saydocarah, the Conquerors, rode home to the Ochocos, to their beloved land they called Oyer'ungun.

It is reasonable to believe that the name "Oregon" is derived from this Shoshoni word, for its similarity to Oyer'ungun cannot be denied. Then add the fact that both words, Oregon and Oyer'ungun translation are identical....

## Land of Peace and Plenty!

## Sheriff's Report from page six

County has been experiencing. The search warrant let to the arrests of four suspects and the recovery of copious amounts of stolen property. The investigation has cleared at least three burglaries and quite possibly will clear more that are under investigation. The investigation has been forwarded to the District Attorney to consider charging all four suspects with four counts of Burglary in the first degree, three counts of Burglary in the second degree, three counts of Theft in the first degree, Criminal Mischief in the first degree, two counts of Criminal Mischief in the second degree and six counts of felon in possession of a firearm. The suspects were transported to the Lake County Correction's Facility and booked.

**December 16,** Deputies responded to the 800 block of North 4<sup>th</sup> regarding a welfare check on a suicidal subject. The subject was contacted and informed the Deputies she was not suicidal but was hearing voices. A routine warrant check was conducted which confirmed an outstanding felony warrant for her arrest out of Klamath County for failure to appear. Due to medical complications the subject was cited and released with a court date to appear in Klamath County Circuit Court.

**December 18,** Deputies responded to the 90800 block of Hwy 140 regarding a domestic dispute. The investigation revealed that a verbal confrontation turned physical when the female half attempted to telephone 911 for police assistance. The male half of the argument held the females head down and forcibly removed a cell phone from her hand preventing her from making the 911 call. The male half was taken into custody for Interfering with making a report and harassment. He was transported to the Lake County Correction's Facility where he was booked.

**December 20,** Deputies executed a traffic stop for a vehicle violation and contacted the driver. A routine warrant check was conduct on the passenger which confirmed three outstanding warrants for his arrest. The male was taken into custody for the outstanding warrants, transported to the Lake County Correction's Facility where he was booked.

<p><b>Narcotics Anonymous</b> Wednesdays at 7 pm Christmas Valley Community Hall</p>	<p><i>Speakers Meeting the Last Wednesday of the Month</i></p>
--	--

<p><b>Celebrate Recovery</b> Mondays at 6:30 pm Christmas Valley Community Church</p>	<p>Sherry 541-5576-4509 Tim 541-977-4944</p>
---	--

<p><i>Your North Lake Health District welcomes public attendance to monthly board meetings. Meetings are generally @ 5 pm the 1st Monday of each month but may deviate as needed. Notices are hung on the Post Office bulletin board 4 to 7 days before meetings.</i></p>
---

# WINTER SPORTS SCHEDULE



North Lake School 57566 Fort Rock Road Silver Lake, OR 97638 541-576-2121

## 2019-2020 High School Basketball Schedule

DAY	DATE	OPPONENT	LOCATION	LEVEL	GAME TIME	DISMISS
		<b>BOYS</b>	<b>GIRLS</b>			
Thur	Dec 5	W Powder Valley	L North Lake	VG/VB	6:00/7:30 PM	
Fri	Dec 6	W Jordan Valley	L North Lake	VG/VB	2:00/3:30 PM	
Fri	Dec 13	W Mitchell/Spray	W North Lake	VG/VB	5:00/6:30 PM	
Sat	Dec 14	W NL Tourney	W North Lake	VG/VB	TBD	
Tue	Dec 17	L Triad	L Triad	VG/VB	4:00/5:30 PM	12:30/12:45PM
Fri	Dec 20	L Gilchrist	W North Lake	VG/VB	5:30/7:00 PM	
Sat	Dec 21	Hosanna	Hosanna	JVB/VG/VB	1:00/2:30/4:00 PM	9:30 AM
Fri	Jan 3	Central Christian	North Lake	VG/VB	5:30/7:00 PM	
Sat	Jan 4	Prospect	Prospect	VG/VB	2:00/3:30 PM	10:00 AM
Tue	Jan 7	Paisley	Paisley	VG/VB	5:00/6:30 PM	2:45/3:00 PM
Fri	Jan 10	RVAA	North Lake	VG/VB	2:00/3:30 PM	
Sat	Jan 11	Trinity	Trinity	VG/VB	2:00/3:30 PM	11:30 AM
Tue	Jan 14	Prospect	North Lake	VG/VB	5:00/6:30 PM	
Fri	Jan 17	Triad	North Lake	JVB/VG/VB	3:00/5:30/7:00 PM	
Sat	Jan 18	Chiloquin	Chiloquin	JVB/VG/VB	2:00/3:30/5:00 PM	11:00 AM
Fri	Jan 24	Gilchrist	Gilchrist	VG/VB	5:30/7:00 PM	3:00 PM
Sat	Jan 25	Hosanna	North Lake	JVB/VG/VB	2:00/3:30/5:00 PM	
Tue	Jan 28	Paisley	North Lake	VG/VB	5:00/6:30 PM	
Fri	Feb 7	RVAA	RVAA	VG/VB	2:00/3:30 PM	9:00 AM
Sat	Feb 8	Chiloquin	North Lake	JVB/VG/VB	2:00/3:30/5:00 PM	
Tue	Feb 11	Trinity	North Lake	VG/VB	5:30/7:00 PM	
Fri	Feb 14	Central Christian	Redmond	VG/VB	5:00/6:30 PM	1:15 PM
Sat	Feb 15	OPEN DATE	(NOT FOR NL)			
Tue	Feb 18	Tie Breaker Date for Boys				
Wed	Feb 19	Tie Breaker Date for Girls				
Fri	Feb 21	Mountain Valley League District Tournament Bend, OR				
Sat	Feb 22	Mountain Valley League District Tournament Bend, OR				

11-4-19  
Schedules are always subject to change

## 2019-2020 High School Wrestling

Day	Date	Opponent	Location	Time	Weigh-in Time	Release /Leave
Sat	Dec 7	Officials Tourney	Bend HS	8-9 AM	6 AM	
Wed	Dec 11	La Pine Nov	La Pine	3-4 PM	1:30-1:45 PM	
Fri	Dec 13	Culver Tourney	Culver	12-2 PM	8:30 AM	
Sat	Dec 14	Culver Tourney	Culver	8-10 AM		
Sat	Dec 21	Oakridge T	Oakridge		TBA	
Sat	Jan 4	Bend Invite	Bend HS	8-10 AM	6 AM	
Sat	Jan 11	Echo Invite	Echo HS		TBA	
Wed	Jan 15	NL Novice	NL	3-4 PM		
Fri	Jan 17	The Classic	Redmond Fairgrounds		TBA	
Sat	Jan 18	The Classic	Redmond Fairgrounds		TBA	
Sat	Jan 25	Pine Eagle	Halfway Or		TBA	
			1A State			
Wed	Feb 1	Beach Bash	Gold Beach	1-10 Am		Leave Friday
Sat	Feb 15	District Tourney	North Lake		TBA	

Schedule is subject to change  
Contact Dan Ward for information

## Middle School Boys Basketball 2019

DAY	DATE	OPPONENT	LOCATION	TIME	RELEASE/LEAVE
Fri	November 15	Hines	Hines	4:00 PM	12:30/12:45
Wed	November 20	Culver	Culver	3:30 PM	11:45/Noon
Fri	November 22	Crane	North Lake	Noon	
Tue	November 26	Central Christian	North Lake	4:00 PM	3:15 PM
Tue	December 3	Westside	North Lake	3:00 PM	2:30 PM
Sat	December 7	Crane	Crane	Noon	8:30 AM
Wed	December 11	Culver	North Lake	3:00 PM	2:30 PM
Thur	December 12	Westside Village	Bend	3:30 PM	12:30/12:45 PM
Tue	December 17	Hines	North Lake	3:00 PM	2:30 PM
Fri	December 20	Gilchrist	North Lake	3:00 PM	2:30 PM

Schedule subject to change

**Hours**  
M-F  
7am to 4pm

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Strawberry  
Banana  
Pineapple

**Soft Serve**  
**Cones**

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**SENIOR CENTER NOW OFFERING:**

- Weekly trips from Lakeview to Alturas
- Free monthly shopping trips from Christmas Valley to La Pine the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month
- Free day of local transportation in Lakeview scheduled in the 1<sup>st</sup> Thursday of the Month

CALL (541) 947-4966

... Transit is available for everyone in Lake County. Check out the provider in your area to see what services are available

A little About Special Transportation

Who can use the service, who can not. Well the simple answer is, Any one can use the services of the Special Transportation Program.

All you need to do is call **541-480-3221 Three days** in advance, further out is better but not required.

And be sure to leave a clear message so we can call you back. The coordinator will do her best to get you scheduled, but remember it will still depend on available space and driver availability.



Drivers for the Special Transportation program are volunteers. They not only use their vehicle, they also are donating a good deal of their time.

**Transportation scheduling can be confusing**

Special Transportation is not the same program and Lake County Public Transit.

It is important to understand that Special Transportation drivers do not work for a wage. They are paid a stipend for their mileage and the cost of maintaining their vehicles. Frequently vehicles have more than one passenger and more than one appointment time to meet. At times this may make for a long day, especially if one appointment is at say 10am and someone else's is at 2pm.

So if you are confused about which service to use, check with the schedulers of both programs to see which services you qualify for. The real goal here is to get folks to medical care and also to get them to major shopping facilities.

Drivers may also have to take care of some of their own business, or shopping while a rider is at an appointment, or shopping somewhere else. Be patient, remember it is just as long a day for the driver as it is for you. If you know it will be an especially long day and you don't have funds to eat then please bring something to eat that will not make a mess in the car or stain upholstery.

We all love living out in the high desert and we all know that at times we will have to travel 60 to 100 miles to take care of health issues and major shopping. We encourage you to use the services and at the same time appreciate those that are making your rides and trips possible.

Lake County Public Transportation

Lunch and Bus Schedule

Operated by Lake Co. Senior Citizens Assoc.

**LUNCHES**

Lunch at Summer Lake

14th Tuesday  
28th Tuesday

Lunch in Christmas Valley

16th Thursday (Check on this as the Terrace has new owners.)

Bus will run for each Lunch location if enough riders sign up

**TRIPS**

La Pine Shopping Shuttle

The La Pine Shuttle is free to all riders - donations accepted

Wed 8th & Wed 22nd

Medical Appointments to Bend

Friday 3rd, Thurs 9th, Thurs 16th, Tues 21st, Thurs 30th

Medical Appointments Lakeview

Thurs 2nd, Thurs 16th and Wed 29th

**NOTE:** Please call 541-4947-4966 ext. 106 for reservations at least three working days in advance and to check for other dates that may come available.

You can also Call Debbie @ 541-480-3600 for more information or for a reservation on the bus.

**2020 is the Year of the Metal Rat in Chinese Astrology**

Chinese Astrology is unique among the world's zodiac calendars in that it follows a cycle of twelve years. Each year is associated with a different animal. This is the calendar followed throughout the Orient, from China to Japan, Vietnam, Cambodia, Sri Lanka, Korea, etc. and is probably familiar to a larger segment of the Earth's population than any other timetable. It began almost 5000 years ago with Buddha's legendary birthday party. All the animals were invited. The twelve who came were each gifted with a year along with the promise that they would be the animals to hide in the hearts of those born that year. Five elements (fire, water, metal, earth and wood) distinguish the years. Every sixty years the cyclical pattern of element-animal pairs repeats.

The Rat is revered throughout the Orient for his craftiness and charm. Buddha gifted the Rat with the first sign in this, the world's oldest zodiac, which follows a twelve-year cycle where each year is named for one of the twelve animals at Buddha's gathering. It also incorporates five elements: fire, water, wood, metal and earth. Each sixty years the element-animal pairs repeat. Chinese New Year begins in late January to mid-February, at the time of the New Moon in Aquarius.

January 2020 Cryptogram

LWPTR FRIHSJDSV IZOU WDAR PUO HJXDMPCDUPHMO DMF

SHMUJHTO, PUO APUDT GJRDUW PO PMFPAPFZDT TPGRJUV.

Charles Evans Hughes

Answer to December 2019 Cryptogram

What you know today can affect what you do tomorrow. But what you know today cannot affect what you did yesterday.

Condoleezza Rice

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**Got a Horse?**

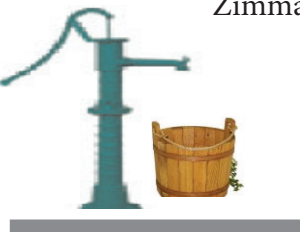
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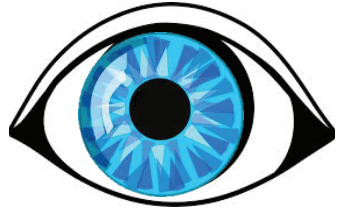
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 Principal Real Estate Broker



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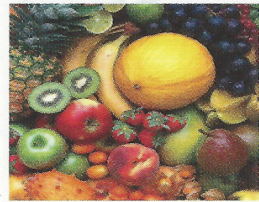
Preschool children and their families welcome

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**Come join us at the Christmas Valley Library on the 2nd and 4th Tuesday of every month from 10am-11am**

excluding holidays

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**Public Meetings**

- CV Boosters - 2nd Mon at 6pm at Booster Building
- CV/NL Chamber of Commerce - quarterly (watch for posters)
- CV Fire Board - 3rd Mon at 7pm at The Christmas Valley Fire Hall
- NL Park & Rec - 2nd Tues at 9am at Park and Rec office
- CV Water Board - 2nd Wed at 1pm at CV Community Hall
- EMS - 2nd Thurs at 7pm at EMS Building
- FT Rock Grange - 2nd Wed at 6:30pm at Grange
- Ft Rock Historical Society - 2nd Tues-10am at the Museum

- FR/SL SWCD - 2nd Thurs at noon at Silver Lake Fire Hall
- Lake Co. Hay & Forage - 1st Thurs at 6pm at Lodge at Summer Lake
- Lions Club - 2nd Mon at 6:30 am at Silver Lake Fire Hall
- NA Wednesdays** at CV Community Hall at 7pm
- NL Health District - 1st Mon at 5pm at North Lake Clinic
- NL School Board - 2nd Mon at 5:30pm at the NL School library.
- SL Lioness - 2nd Wed at 10am at Silver Lake Fire Hall
- SL Rural Fire Dist - 2nd Mon at 7pm at Silver Lake Fire Hall

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